

MSJ

2012 WOMEN'S LACROSSE GUIDE



COLLEGE OF MOUNT ST. JOSEPH



UNDERGRADUATE MAJORS

Accounting
Art
Art – Fine Arts
Art – Graphic Design
Art Education
Art History
Athletic Training
Biochemistry
Biology
Business Administration
Business Administration/
Mathematics
Chemistry
Chemistry/Mathematics
Communication Studies
Computer Information Systems
Criminology/Sociology
Education – Inclusive Early
Childhood
Education – Middle Childhood
Education – Special (5-21)
English
General Studies
History
Interactive Media Design &
Computing
Interior Architecture & Design
Mathematics
Mathematics/Business
Administration
Mathematics/Chemistry
Music
Natural Science
Nursing
Paralegal Studies
Psychology
Religious Education
Religious Pastoral Ministry
Religious Studies
Social Work
Sociology
Sport Management

College Profile

What is the College of Mount St. Joseph educational experience? It's learning through action – serving others, graduate-level research, paid co-op positions, and leadership development. It's a Catholic liberal arts education that helps you develop the knowledge to make a difference and the integrity to lead others.

The foundation of a Mount education comes from career-minded academic programs combined with dedicated support service and a 12:1 student-to-faculty ratio. New on campus this year is a minor in Sustainability, Nursing Learning Labs and Biochemistry Lab.

At the Mount, you're encouraged to take your lessons outside of the classroom, into the community. Through the Service Learning program, students earn academic credit while volunteering to feed the hungry, building homes for Habitat for Humanity, or comforting the elderly. The Cultural Immersion program offers the chance to live, learn and work amidst other cultures. The Cooperative Education program, available for all majors, is a way for students to gain valuable, paid career experience while validating their choice of a major.

Student-athletes are among the Mount's most active leaders on campus. Competing in the Heartland Collegiate Athletic conference, the Mount fields more than 20 NCAA Division III sports teams. Students also participate in 40 student-run clubs and organizations including Student Government Association and Black Student Union.

The Mount is committed to working with students to explore all financial aid options, especially eligibility for financial assistance including scholarships. In 2010-2011, 96% of full-time freshmen received some sort of gift aid; more than 18 million dollars in grants and scholarships were received by Mount students.



COLLEGE INFORMATION

Location: Cincinnati, Ohio

Enrollment: 2,400

Founded: 1920

President: Tony Aretz, Ph.D.

Nickname: Lions

Colors: Blue and Gold

Affiliations: NCAA III

Conference: HCAC – Heartland Collegiate
Athletic Conference

Main Phone: (800) 654-9314 / (513) 244-4200

Web Site: www.msj.edu

Mailing Address: College of Mount St. Joseph
5701 Delhi Road
Cincinnati, OH 45233-1670

Fast Facts

- Top Five Majors: undeclared, pre-nursing, athletic training, sport management, business administration
- The Academic Advising Resource Center provides effective, ongoing academic advising with a focus to intervene early and continuously so that students have the greatest chance of success.
- Students can complete courses of study that achieve requirements for pre-health professions, pre-medicine, pre-art therapy, and pre-law.
- Project EXCEL is a comprehensive, fee-based academic support program for students with learning disabilities who are enrolled at the Mount.
- The Mount was named a member of the 2010 President's Higher Education Community Service Honor for its commitment to volunteering, service learning and civic engagement.

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About This Guide

The College of Mount St. Joseph's 2012 Women's Lacrosse Guide has been produced by the Sports Information Office and the Design Office. All photos are courtesy of Don Denney Photography. The guide was published in February 2012 with all of the information available at that time. For updated information on Mount athletics, visit www.msj.edu/athletics.

Media Information

Interview Policy

Please contact the Sports Information Office, (513) 244-4927, for all interview requests. Prior notice is requested so that proper arrangements may be made with players and coaches. Coaches can be contacted weekday afternoons, Noon-3 p.m. Athletes are available at various times of the day according to their academic schedules.

All post-game interviews will be conducted at the game site. Coaches and players will be available approximately 10 minutes after games. Players may be called at the request of the media, after contacting the Sports Information Office.

Press Credentials

All practices are open to accredited news sources who request prior admittance from the Mount's Sports Information Office. Pressbox, court and field passes should be requested from the Sports Information Office before game day.

Additional Information

Accredited news sources should visit www.msj.edu/media for additional information, statistics and photos as well as more on the media policy.

The College of Mount St. Joseph ("the College") is committed to providing an educational and employment environment free from discrimination or harassment on the basis of race, color, national origin, religion, sex, age, disability, or other minority or protected status. This commitment extends to the College's administration of its admission, financial aid, employment, and academic policies, as well as the College's athletic programs and other college-administered programs, services, and activities.

The College has designated the chief compliance and risk officer, (513) 244-4393, Office of the President, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Title IX of the Education Amendments of 1972 and other applicable federal and state civil rights laws. The College has designated the director of academic support, (513) 244-4524, the Learning Center, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Section 504 of the Rehabilitation Act of 1973.

A Message from the President



Dr. Tony Aretz

Welcome to the College of Mount St. Joseph and Lions country. You are invited to enjoy exciting NCAA Division III and Heartland Conference competition among teams from the Midwest.

Our student-athletes are grateful for your support as they compete in sports as part of their college experience. On the field and in the classroom, Mount students are preparing for the future. This fall, we begin our ethical leadership initiative in the curriculum and co-curriculum, recognizing that our students have the potential to develop as ethical leaders in all aspects of their personal and professional lives.

Thank you for supporting the Mount Lions. Please visit us at www.msj.edu to stay current with the Lions and the progress on campus.

God bless,

Tony Aretz, Ph.D.
President

Meet the Director of Athletics



Steve Radcliffe

Steve Radcliffe enters his 17th year as the Lions' athletics director for the 2011-2012 school year, and he looks forward to another outstanding season of athletics at the Mount.

Radcliffe, who oversees 22 athletic programs at the Mount, has long been a part of the sports programs at the College. Radcliffe began his career at the Mount in 1986 as an athletic trainer and was hired to implement the Mount's first academic program for athletic training in 1989. In addition to teaching athletic training, he was the Lions' head athletic trainer for all the intercollegiate sports at the College.

Radcliffe became the Mount's athletic director in 1995. Upon entering the position, he stressed the importance of upholding the College's stellar reputation of academics and athletics as a positive influence in student life and development at the Mount. Radcliffe received his bachelor's degree in 1978 from the University of Montana and his master's degree in physical education in 1981 from Miami University (Ohio).

Steve and his wife, Darlene, have two children, Victoria and Michael. The Radcliffes live in Delhi.

Heartland Collegiate Athletic Conference

The Mount is a member of the Heartland Collegiate Athletic Conference (HCAC) and is also a member of the National Collegiate Athletic Association (NCAA) Division III. The Mount has been a member of the HCAC since the 1998-1999 school year. All Mount athletic teams, with the exception of lacrosse and men's volleyball, compete in the HCAC.

2011-2012 HCAC SCHOOL DIRECTORY

School

Anderson University
Bluffton University
Defiance College
Earlham College
Franklin College
Hanover College
Manchester College
College of Mount St. Joseph
Rose-Hulman Institute of Technology
Transylvania University

Location

Anderson, IN
Bluffton, OH
Defiance, OH
Richmond, IN
Franklin, IN
Hanover, IN
North Manchester, IN
Cincinnati, OH
Terre Haute, IN
Lexington, KY

HCAC QUICK FACTS

Commissioner: Christopher Ragsdale

Sports Information Director: Ryan Davis

Phone: (317) 882-8090

Fax: (317) 882-8086

Mailing Address: P. O. Box 425

205 S. Madison Ave.

Greenwood, IN 46142





Facilities

Sports Complex and Schueler Field

The Sports Complex provides a state-of-the-art space for student-athletes and the fans who support them. It houses concessions, locker rooms, showers, equipment storage, and athletic training facilities and can seat sell-out crowds of 2,400. Sporting a synthetic, all-weather playing surface and track, the Mount's Schueler Field plays host to the football, soccer and lacrosse teams, in addition to home track meets.

Harrington Center

Featuring a 2,000-seat gymnasium, the Jean Patrice Harrington, SC, Student Center is home to the Lions basketball and volleyball teams, and plays host to the wrestling team's home matches. In addition, the facility includes a running track, racquetball courts, a fitness center, and an athletic training center, providing service to student-athletes and the greater Mount community.

Kinder Morgan Softball Complex

The Kinder Morgan Softball Complex has played host to the Mount's softball team since 2007. In addition, the College has developed property on River Road into practice fields for soccer and baseball. The facilities feature parking, restrooms and a service building for equipment storage.

Marge Schott Stadium

The Lions' baseball team plays home games at the University of Cincinnati's Marge Schott Stadium. Marge Schott Stadium, has a seating capacity of 3,085, a field turf playing surface and a fully-lit playing field. In addition, the complex houses indoor batting cages and pitcher's mound, a fully equipped press box with private viewing areas, a players' clubhouse and lounge, dressing rooms for coaches, full laundry and equipment facilities, and a state-of-the-art training room.

Aston Oaks Golf Course

Aston Oaks Golf Course, located 15 minutes from campus, is the Mount's home golf course for the men's and women's golf teams. Constructed by the Jack Nicklaus Design Group, Aston Oaks is a par-72 course. The men's team faces 6,908 yards with a 73.6 rating and 140 slope. The women's team faces 5,758 yards with a 73.2 rating and a 130 slope.

Mount Tennis Courts

The Lions' men's and women's tennis teams play all home matches on the six, fully-lit asphalt courts located behind the Harrington Center.

Hayden Field

Located on the west side of campus, next to the tennis courts, Hayden Field is a multi-purpose site that includes a practice field for softball and track & field athletes.

Jean Dowell Building

This facility was at one time home to the Lions' women's volleyball and basketball programs. Today the gym in the building is used for the College's intramural programs, as well as being utilized as an extra practice court for both the men's and women's basketball and volleyball teams. A new court was installed during the summer of 2011. In addition, the gym has baseball/softball batting cages used by the Lions' teams.

Support Staff



Dane Neumeister
Director of Sports Information



Melanee Atkinson
Associate Athletic Director



Charlie Wrublewski
Facilities Management Set-Up



Stacie Carney
Administrative Assistant



Bob Mullen
Sports Information Co-op



Casey Stouffer
Assistant Athletic Director



Georgana Taggart
Faculty Athletic Representative



Peggy Gruen
Administrative Assistant



Brent Rogers
Director of Strength and Conditioning



Dr. Howard Schertzing
Team Physician



Dr. Robert Burger
Team Orthopedic Director

Cheerleaders



*Front (left to right): Melissa Nie, Melissa Baugh, Julia Seger, Michelle Trenkamp.
Middle (left to right): Abby Renick, Brittney Bowman, Jenna Shull, Shelby Schaeper, Connie Serger, Larissa Hall.
Back (left to right): Hailey Gadd, Ashley Palmer, Hayley Rideout, Bre Hale, Alex Logan.*

Dance Team



*Bottom row (l-r): Brittany Ranz, Student Coach Kelsey Keyes, Lauren Cocola.
Top row (l-r): Coach Nikki Buller, Ashley Torbeck, Stephanie Plageman, Hannah Rhode, Madeline Conroy, Coach Katie Stahlheber.
Not pictured: Kelly Collins, Becky Kiefer, Celia Michel, Heather Moeller, Randallynn Smith.*

Athletic Trainers



Lisa Osterbrock
Head Athletic Trainer



Susan Blackson
Associate Athletic Trainer



Erin Beckwith
Assistant Athletic Trainer



Tim Mauntel
Assistant Athletic Trainer

Staff Directory

Athletic Department Staff

Steve Radcliffe, Athletic Director	244-4381
Melanee Atkinson, Associate Athletic Director	244-8585
Stacie Carney, Administrative Assistant (Dowell Building).....	244-4311
Peggy Gruen, Administrative Assistant (Sports Complex)	244-8580
Georgana Taggart, Faculty Athletic Representative	244-4952
Fax Number (Dowell Building).....	244-4928
Fax Number (Sports Complex)	244-8581

Sports Information

Dane Neumeister, Director	244-4927
Bob Mullen, Student Co-op	244-4927

Coaching Staff

Chuck Murray, Baseball Coach, Recreation Co-coordinator	244-4402
Toby Carrigan, Men's Basketball Coach	244-4929
Ashley Bland, Women's Basketball Coach.....	244-4590
Nancy Forsythe, Cheerleading Coach.....	244-4311
Tina Blakley, Men's/Women's Cross Country Coach, Men's/Women's Track & Field Coach	244-8597
Jamie Eastham, Assistant Men's/Women's Cross Country Coach, Assistant Men's/Women's Track & Field Coach	244-3295
Nikki Buller/Katie Skeeters Stahlheber, Dance Coaches	244-4311
Rod Huber, Football Coach.....	244-4896
Greg Huster, Assistant Football Coach.....	244-4422
Steve Barrows, Assistant Football Coach	244-8584
Joe Sparhawk, Men's Golf Coach, Recreation Co-coordinator.....	244-4876
Jeff Newman, Women's Golf Coach, Assistant Baseball Coach	244-8583

Jeff Bumiller, Men's Lacrosse Coach	244-4427
Mike O'Hara, Women's Lacrosse Coach.....	244-8582
Rudy Argueta, Men's Soccer Coach	244-8586
Leah Todd, Women's Soccer Coach	244-8587
Beth Goderwis, Softball Coach.....	244-4853
Justin Ray, Men's Tennis Coach, Assistant Men's Basketball Coach	244-8596
Summer Quesenberry, Women's Tennis Coach, Assistant Women's Basketball Coach	244-8599
Jon Bennett, Men's/Women's Volleyball Coach	244-4316
Cristina Webb, Assistant Women's Volleyball Coach, Assistant Strength and Conditioning.....	244-3276
Art Faura, Assistant Men's Volleyball Coach	244-1630
Brent Rogers, Director Strength and Conditioning	244-4971
Casey Stouffer, Wrestling Coach, Assistant Athletic Director, Coordinator of Athletic Facilities	244-4474
Casey Brewster, Assistant Wrestling Coach.....	244-4311

Sports Medicine

Lisa Osterbrock, A.T.C., Head Athletic Trainer	244-8588
Susan Blackson, A.T.C., Assistant Athletic Trainer.....	244-4599
Erin Beckwith, A.T.C., Assistant Athletic Trainer.....	244-4512
Tim Mauntel, A.T.C., Assistant Athletic Trainer.....	244-8595
Amber McKee, A.T.C., Assistant Athletic Trainer.....	244-4875
Lisa Koenig, A.T.C., Assistant Athletic Trainer	244-4875
Howard Schertzinger Jr., M.D., Team Medical Director	244-4875
Robert Burger, M.D., Team Orthopedic Director	481-5050



Amber McKee
Assistant Athletic Trainer



Lisa Koenig
Assistant Athletic Trainer



Cincinnati Spotlights

Students of the College of Mount St. Joseph greatly benefit from the rich heritage and traditions of Cincinnati. While the College is situated 15 minutes west of downtown, employment, arts and entertainment are never too far away.

Numerous Fortune 500 and Fortune 1000 companies are headquartered in Cincinnati. Procter & Gamble, The Kroger Company, and Fifth Third Bank, among others, contribute to Cincinnati's foundation while Cincinnati Children's Hospital Medical Center is among the nations' top children's hospitals. Mount Cooperative Education students are hired by more than 100 hospitals, businesses and nonprofit organizations of Greater Cincinnati.

Boasting a vibrant commitment to the arts, Cincinnatians enjoy the Contemporary Arts Center, Cincinnati Art Museum, Aronoff Center, Cincinnati Playhouse in the Park, Music Hall, and a varied supply of art galleries. Mount students often incorporate Cincinnati's art exhibits and performances into their studies.

Cincinnati knows sports. The Cincinnati Reds, the Major League Baseball team, and the Cincinnati Bengals, of the National Football League, provide competition, entertainment and emotion for the city's sports fans. Co-op and volunteer opportunities with these organizations are often available to Mount students. Cincinnati is also home to the Flying Pig Marathon every May and the Master's and Women's Open tennis tournament every August.

Historical neighborhoods such as Mount Adams, Clifton and Over-the-Rhine make good architectural and cultural adventures, while additional entertainment options are just across the Ohio River in Newport, Covington and Mainstrasse of Northern Kentucky.



Mission in Action

The College of Mount St. Joseph is a Catholic academic community grounded in the spiritual values and vision of its founders, the Sisters of Charity. At the heart of the Mount's mission and heritage is an emphasis on ethical leadership through service. Ethical leadership celebrates the return of virtue, character and personal honor to their rightful place as the foundation of education. This commitment inspires the College's interdisciplinary liberal arts and professional curricula, which equips students to live with integrity, to promote justice, and to seek the truth in their professions and communities.

Service opportunities complement academics and student life while fostering a culture of learning informed by charity. In the Service Learning Program, students apply classroom knowledge while volunteering in social and environmental settings to feed the hungry, build homes for Habitat for Humanity and comfort the elderly. The Cultural Immersion program offers the chance to live, learn and work amidst other cultures. In serving others, students cultivate a greater understanding of social problems, an appreciation for the cultural diversity of other people, as well as a commitment to volunteerism and an understanding of its connection to citizenship.

Campus Ministry infuses all aspects of faith into the Mount's culture and celebrates spiritual exploration. Faith sharing programs, Mass, retreats, and other planned events help awaken and deepen an awareness of God's love and presence within the campus community. Inspired by Catholic social teaching, Campus Ministry encourages students to identify their gifts and to use them for the common good through activities such as Pizza and Ponder, Homelessness Awareness Week, and 30-Hour Famine.



WOMEN'S LACROSSE / 2012

2012 Schedule

Date	Opponent	Location	Time
3/11	Wittenberg University	Schueler Field	7:00PM
3/17	University of Dallas	Schueler Field	11:00AM
3/20	Centre College	Danville, KY	5:00PM
3/30	Adrian College *	Schueler Field	7:00PM
3/31	Albion College *	Schueler Field	3:00PM
4/1	Fontbonne University *	Schueler Field	11:00AM
4/12	Oberlin College	Oberlin, OH	5:00PM
4/14	Olivet College	Olivet, MI	3:00PM
4/15	North Central College *	Naperville, IL	1:00PM
4/21	Trine University *	Schueler Field	3:00PM
4/22	Colorado College	Schueler Field	11:00AM
4/25	Otterbein University	Schueler Field	6:00PM
4/28	Concordia (WI) University *	Mequon, WI	3:00PM
4/29	Carthage College *	Kenosha, WI	1:00PM

*Midwest Women's Lacrosse Conference game.

Home games in bold.

2012 Roster

No.	Name	Position	Class	Hometown (High School)
0	Paige Apel	Goalie	Junior	Cincinnati, OH (Seton)
2	Elyse Minges	Defense	Senior	Cincinnati, OH (Mercy)
3	Amanda Holmes	Midfield	Senior	Cincinnati, OH (Oak Hills)
4	Amanda Varnam	Attack	Senior	Akron, OH (Stow Munroe Falls)
5	Heather Scholle	Midfield/Attack	Senior	Cincinnati, OH (Lakota West)
6	Kirstie Gallimore	Defense/Midfield	Sophomore	Fairhaven, OH (Eaton)
7	Jessica Hrabosky	Midfield/Defense	Junior	Frederick, MD (Urbana)
8	Erin Hoskins	Defense/Midfield	Freshman	Cincinnati, OH (McAuley)
9	Holly Hubble	Midfield/Defense	Sophomore	Cincinnati, OH (Loveland)
12	Chrissy O'Hara	Attack	Sophomore	Cincinnati, OH (Mercy)
14	Sarah Moderbacher	Midfield/Attack	Sophomore	Ross, OH (Ross)
16	Erica Lee	Defense	Junior	Cincinnati, OH (Mercy)
17	Faith Koehne	Attack	Freshman	Cincinnati, OH (Sycamore)
18	Hope Wurzelbacher	Defense/Midfield	Freshman	Ross, OH (Ross)
19	Kaitlin Brannon	Defense	Sophomore	Cincinnati, OH (Seton)
21	Kaitlyn Maus	Defense	Sophomore	Hamilton, OH (Hamilton Badin)
23	Jennifer Fawns	Defense/Midfield	Senior	Hamilton, OH (Hamilton Badin)
28	Nicole Sifri	Midfield/Attack	Freshman	Cincinnati, OH (McAuley)
30	Chelsey Siefke	Attack	Senior	West Harrison, IN (East Central)

2012 Season Outlook

First-year Head Coach Mike O'Hara will be at the helm for the Lions this spring coming to the Mount following a three-year span (2008-2010) as head coach of the lacrosse program at Mother of Mercy High School in Cincinnati, Ohio.

As the Lions enter their fourth year of competition, Coach O'Hara wants to emphasize the importance of teamwork as a fundamental focus for success this spring.

"Teamwork – learning to play as a team and trusting one another as a team will be the key to success," adds O'Hara. With teamwork being the primary focus this season O'Hara has referenced a motto for the team from famous poet William Blake: "No bird soars too high if he soars with his own wings"; expressing O'Hara's belief that more can be achieved with the strength of many over the strength of one.

Competing at a high level against each opponent is one of Coach O'Hara's primary goals this season. O'Hara wants the team to play at a level that allows them to have the opportunity to win each game.

"This team will be prepared for every game this season," O'Hara states. "If we lose a game because we were unprepared it will be my fault."

O'Hara has created a strong team mentality since his hiring in the fall and his inspiration tactics have created a new atmosphere in the locker room. O'Hara's ultimate goal - to win the Midwest Women's Lacrosse Conference championship - reflects the new atmosphere he has created.

"We have the tools capable of achieving a conference championship," O'Hara says. "This team has come a long way since its inception."

The tools that Coach O'Hara speaks of include the four Mount student-athletes that were selected to Midwest Women's Lacrosse Conference All-Conference teams in 2011; Amanda Holmes (First Team), Paige Apel

(Second Team), Chrissy O'Hara (Second Team), and Holly Hubble (Second Team). Holmes led the Mount last season in scoring with 43 goals in 78 shots (.551%). Apel finished second in conference play with 11 saves per game in 2011. O'Hara finished the 2011 season with the second-most goals on the team with 28 and the most assists with eight as a freshman. Hubble started all 16 games for the Mount last season and scored 10 goals. Holmes and Apel along with senior Elyse Minges will be captains for the Lions this spring.

The Lions also return Amanda Varnam who started all 16 games last season and finished fifth in scoring with eight goals. Rejoining the Lions this spring will be Heather Scholle who did not play last season. O'Hara is excited to have Scholle on the team and believes she will be a valuable asset this season. Scholle scored 13 goals in 40 shots in 10 games in her most recent season of play (2010). O'Hara expects first-year players Sarah Moderbacher, Nicole Sifri, and Faith Koehne to play a key role in the 2012 game plan, too. The Lions enter the 2012 season with their largest roster ever, 19 players. There is depth at many different spot for the team this spring.

Big games this coming campaign for the Mount will be the conference games, according to the Lions' first-year coach. Coach O'Hara is emphasizing the importance of winning against conference opponents that finished in the middle of the standings last season, such as Fontbonne University, Albion College, and North Central College. O'Hara added that the conference games against the top of the conference teams, Trine University, Adrian College, and Carthage College will be tough matchups, but defeating them would be great victories in helping the Lions to achieve their goals.

2012 Coaching Staff



HEAD COACH MIKE O'HARA

Mike O'Hara begins his first season as head coach for the Mount's women's lacrosse team during the 2011-2012 school year. O'Hara was most recently at Mother of Mercy High School in Cincinnati, Ohio as the team's varsity lacrosse head coach (2008-2010). While at Mercy, O'Hara was in charge of developing a long-term

goal for the lacrosse program, assisted in the college recruiting process for players, and prepared and executed a yearly budget for his sport, among other duties.

O'Hara is employed by RPC Mechanical/Thomas J. Dyer Co. in Cincinnati as a Project Manager/Account's Manager. Coach O'Hara attended Eastern Kentucky University.

Coach O'Hara and his family reside in Cincinnati. His daughter Chrissy, a sophomore, is a member of the Lions' lacrosse team.

MOUNT HEAD WOMEN'S LACROSSE COACHES' RECORDS

Coach	Years	Seasons	G	W	L	T	W. Pct.
Kristin Engel	2010-2011	2	28	3	25	0	.107
Mike O'Hara	2012						
Totals	2010-	2	28	3	25	0	.107

The Mount joined the Midwest Women's Lacrosse Conference in 2011.

2012 Returning Players' Profiles



0 PAIGE APEL

Goalie • Junior

Major: Sport Management

Hometown (High School): Cincinnati, OH (Seton)

Apel returns for her third season with the Mount. She played in and started 14 games in goal for the Lions last season, her first season in goal. Apel had 146

saves and recorded wins against Randolph (VA) College and Concordia (WI) University. She was named Second Team All-MWLC in 2011. Head Coach Mike O'Hara says that Apel has continued to improve in goal and will be a strong team leader this coming season. Paige is the daughter of Teresa and Rob Apel.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2010	12	0	0	0	0

Year	Games	GA	GAA	Saves	Wins
2011	14	256	18.26	146	2



3 AMANDA HOLMES

Midfield • Senior

Major: Business Administration

Hometown (High School): Cincinnati, OH (Oak Hills)

Holmes returns for her third season with the Mount. She led the team in goals and points last spring, and was named First Team All-MWLC. Holmes is an

aggressive, team player, says Head Coach Mike O'Hara, and is hard to defend in the open field. Amanda is the daughter of Vicki and Mark Holmes.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2010	12	7	0	32	7
2011	16	43	0	78	43
Totals	28	50	0	110	50



9 HOLLY HUBBLE

Midfield/Defense • Sophomore

Major: Biology

Hometown (High School): Cincinnati, OH (Loveland)

Hubble returns for her second season with the Mount. She was third on the team last season in goals scored and second in ground balls. Hubble was named Second

Team All-MWLC following the 2011 season. Head Coach Mike O'Hara calls Hubble his team's most versatile player. She is expected to start the season at midfield but might also see time on defense and at the attack positions. Holly is the daughter of Julie and Dave Hubble.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2011	16	10	0	33	10



16 ERICA LEE

Defense • Junior

Major: Psychology

Hometown (High School): Cincinnati, OH (Mercy)

Lee returns for her third season with the Mount. She saw action in a career-high 16 games last spring for the Lions. Lee is an experienced defender that has excellent

stick skills who can also help at midfield for the team, according to Head Coach Mike O'Hara. Erica is the daughter of Karen and Jimmy Lee.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2010	12	1	0	3	1
2011	16	1	0	5	1
Totals	28	2	0	8	2

2012 Returning Players' Profiles



21 KATIE MAUS
Defense • Sophomore
Major: Middle Childhood Education
Hometown (High School): Hamilton, OH (Hamilton Badin)

Maus returns for her second season with the Mount. She played in 11 games last season for the Lions, starting nine times. Head Coach Mike O'Hara says that Maus is a strong, aggressive defender that doesn't back down, is difficult to score on and who wants to defend against the opponent's top players. Katie is the daughter of Lisa and Chuck Maus.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2011	11	0	0	0	0



2 ELYSE MINGES
Defense • Senior
Major: Inclusive Early Childhood Education
Hometown (High School): Cincinnati, OH (Mercy)

Minges returns for her fourth season with the Mount. She played in and started all 16 of the team's games last season, scoring her first career goal against Concordia (WI) University in a 17-10 win. Minges, a senior, is the team's most experienced defensive player, and is expected to help teach the team's underclassmen, says Head Coach Mike O'Hara. Elyse is the daughter of Debbie and Pete Minges.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2009	No statistics kept				
2010	12	0	0	2	0
2011	16	1	0	1	1
Totals	28	1	0	3	1



12 CHRISSY O'HARA
Attack • Sophomore
Major: Business Administration
Hometown (High School): Cincinnati, OH (Mercy)

O'Hara returns for her second season with the Mount. She had a solid all-around freshman campaign in 2011, finishing second on the team in goals, first in assists and second in points. O'Hara capped the season by being named Second Team All-MWLC. Head Coach Mike O'Hara says his sophomore attacker is expected to start at attack, and that she is difficult for opponents to defend around the goal. Chrissy is the daughter of Janet and Mike O'Hara.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2011	16	28	8	58	36



5 HEATHER SCHOLLE
Midfield/Attack • Senior
Major: Athletic Training
Hometown (High School): Cincinnati, OH (Lakota West)

Scholle returns for her third season with the Mount, after sitting out last season. She was the team's second leading scoring in 2010 with 13 goals, and gives the Lions good experience and talent at the attack spot this spring. Heather is the daughter of Kim and Kevin Scholle.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2009	Statistics not kept				
2010	10	13	0	40	13
Totals	10	13	0	40	13



30 CHELSEY SIEFKE
Attack • Senior
Major: Nursing
Hometown (High School): West Harrison, IN (East Central)

Siefke returns for her fourth season with the Mount. She played in and started all 16 of the team's games last spring, totaling three points. Head Coach Mike O'Hara says that his senior attacker is a quick and solid all-around player, who is expected to see time at both the attack and midfield spots this season, and has the ability to defend, too. Chelsea is the daughter of Angela and Mike Siefke.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2009	No statistics kept				
2010	11	1	0	3	1
2011	16	1	2	8	3
Totals	27	2	2	11	4



4 AMANDA VARNAM
Attack • Senior
Major: History
Hometown (High School): Akron, OH (Stow Munroe Falls)

Varnam returns for her fourth season with the Mount. She had a career-best 16 games played, eight goals and an assist last spring for the Lions, playing the midfield position. Head Coach Mike O'Hara says that Varnam will move to the attack spot in 2012 to give the team another scoring option. Amanda is the daughter of Janet Stuecher and Douglas Varnam.

CAREER STATISTICS

Year	Games	Goals	Assists	Shots	Points
2009	No statistics kept				
2010	12	5	0	16	5
2011	16	8	1	23	9
Totals	28	13	1	39	14

2012 First-Year Players' Profiles



19 KAITLYN BRANNON

Defense • Sophomore

Major: Business Administration

Hometown (High School): Cincinnati, OH (Seton)

Brannon joins the Lions for her first season. She played three years of high school lacrosse on defense, and was a senior captain. In addition she was the president of the Saints for Life club in high school, and was voted the Most Spirited her freshman and senior years. Brannon's high school coach was Drew Burchett. Kaitlyn is the daughter of Karen and John Brannon.



23 JENNIFER FAWNS

Defense/Midfield • Senior

Major: Special Education

Hometown (High School): Hamilton, OH (Hamilton Badin)

Fawns joins the Lions for her first season. She will be playing her first year ever of lacrosse. Fawns played three years of volleyball for the Mount. She is in the Mount Education Association and Kappa Delta Pi, and on the Dean's List. Jennifer is the daughter of Patty and Mike Fawns.



6 KIRSTIE GALLIMORE

Defense/Midfield • Sophomore

Major: Art – Graphic Design

Hometown (High School): Fairhaven, OH (Eaton)

Gallimore joins the Lions for her first season. She will be playing her first year ever of lacrosse. Gallimore was a member of the Mount's track & field team last season. Kirstie is the daughter of Todd Gallimore.



8 ERIN HOSKINS

Defense/Midfield • Freshman

Major: Chemistry

Hometown (High School): Cincinnati, OH (McAuley)

Hoskins joins the Lions for her first season. She will be playing her first year ever of lacrosse. Hoskins is also the secretary for the Pre-Health club at the Mount. Erin is the daughter of Jeannette Hoskins.



7 JESSICA HRABOSKY

Midfield/Defense • Junior

Major: Art – Fine Arts

Hometown (High School): Frederick, MD (Urbana)

Hrabosky joins the Lions for her first season. She has experience playing recreation league lacrosse during her high school career. Hrabosky also played field hockey and softball in high school, was on the Honor Roll, graduated with Advanced Placement Honors, in the Fellow Christian Athletes club and was involved with other high school extra curricular activities. Jessica is the daughter of Michele Mathewson and Edward Hrabosky.



17 FAITH KOEHNE

Attack • Freshman

Major: Pre-Middle Childhood Education

Hometown (High School): Cincinnati, OH (Sycamore)

Koehne joins the Lions for her first season. She played low defense while in high school. In addition, Koehne was a member of the National Honor Society, a Summa Cum Laude graduate and in Young Life. Her high school lacrosse coach was Edward Clark. Faith is the daughter of Julie and Steve Koehne.



14 SARAH MODERBACHER

Midfield/Attack • Sophomore

Major: Art – Interior Design

Hometown (High School): Ross, OH (Ross)

Moderbacher joins the Lions for her first season. She will be playing her first year ever of lacrosse. Moderbacher, who has been on the Dean's List, has also been a member of the Mount's track & field program. Sarah is the daughter of Shirley and Marc Moderbacher.



28 NICOLE SIFRI

Midfield/Attack • Freshman

Major: Pre-Athletic Training

Hometown (High School): Cincinnati, OH (McAuley)

Sifri joins the Lions for her first season. She was second on the GGCL in 2010 with 36 draw controls, and in 2009 was voted her team Most Improved Player. Sifri was also in the Key Club in high school. Her high school lacrosse coaches were Megan Miller and Dean Yates. Nicole is the daughter of Michelle Sifri.



18 HOPE WURZELBACHER

Defense/Midfield • Freshman

Major: Biochemistry

Hometown (High School): Ross, OH (Ross)

Wurzelbacher joins the Lions for her first season. She will be playing her first year ever of lacrosse. Wurzelbacher played in seven games last fall for the Mount's soccer team. Hope is the daughter of Tracey and Bill Wurzelbacher.

2011 Midwest Women's Lacrosse Conference Standings

Team	Overall	MWLC
Adrian	17-5	7-0
Carthage	9-9	6-1
Trine	7-6	5-2
North Central	7-7	4-3
Fontbonne	5-11	3-4
Albion	4-8	2-5
Mount	2-14	1-6
Concordia	0-12	0-7

2012 Opponents

WITTENBERG UNIVERSITY

Game Date: Sun., Mar. 11
Game Location: Cincinnati, OH
Game Time: 7:00 P.M.
Affiliation: NCAA Division III
Conference: North Coast Athletic Conference
Enrollment: 1,900
Nickname: Tigers
Head Coach: Beth Hemminger
2011 Record: 9-6/3-3
Website: <http://www4.wittenberg.edu/news/athletics/>

UNIVERSITY OF DALLAS

Game Date: Sat., Mar. 17
Game Location: Cincinnati, OH
Game Time: 11:00 A.M.
Affiliation: NCAA Division III
Conference: Southern Collegiate Athletic Conference
Enrollment: 1,843
Nickname: Crusaders
Head Coach: Will Oakley
2011 Record: 5-10
Website: <http://www.udallasathletics.com>

CENTRE COLLEGE

Game Date: Tues., Mar. 20
Game Location: Danville, KY
Game Time: 5:00 P.M.
Affiliation: NCAA Division III
Conference: Southern Collegiate Athletic Conference
Enrollment: 1,300
Nickname: Colonels
Head Coach: Julie Beer
2011 Record: 11-6/2-2
Website: <http://www.centre.edu/web/athletics>

ADRIAN COLLEGE

Game Date: Fri., Mar. 30
Game Location: Cincinnati, OH
Game Time: 7:00 P.M.
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 1,650
Nickname: Bulldogs
Head Coach: Rachel Cibulas
2011 Record: 16-5/6-0
Website: <http://www.adrianbulldogs.com>

ALBION COLLEGE

Game Date: Sat., Mar. 31
Game Location: Cincinnati, OH
Game Time: 3:00 P.M.
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 1,605
Nickname: Briton
Head Coach: Jaclyn Rutkowski
2011 Record: 4-7/2-5
Website: <http://www.albion.edu/sports>

FONTBONNE UNIVERSITY

Game Date: Sun., Apr. 1
Game Location: Cincinnati, OH
Game Time: TBA
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 2,601
Nickname: Griffins
Head Coach: Lea Lamatina
2011 Record: 5-11/3-4
Website: <http://www.griffinpride.com/athletics>

OBERLIN COLLEGE

Game Date: Thurs., Apr. 12
Game Location: Oberlin, OH
Game Time: 5:00 P.M.
Affiliation: NCAA Division III
Conference: North Coast Athletic Conference
Enrollment: 2,800
Nickname: Yeowomen
Head Coach: Jacqueline McDevitt
2011 Record: 4-9/0-6
Website: <http://www.goyeo.com/>

OLIVET COLLEGE

Game Date: Sat., Apr. 14
Game Location: Olivet, MI
Game Time: 3:00 P.M.
Affiliation: NCAA Division III
Conference: Michigan Intercollegiate Athletic Association
Enrollment: 1,136
Nickname: Comets
Head Coach: David Tanis
2011 Record: 2-8
Website: <http://www.olivetcomets.com/>

NORTH CENTRAL COLLEGE

Game Date: Sun., Apr. 15
Game Location: Naperville, IL
Game Time: 1:00 P.M.
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 2,960
Nickname: Cardinals
Head Coach: Jenni Kapanen
2011 Record: 7-7/4-3
Website: <http://northcentralcardinals.com/>

TRINE UNIVERSITY

Game Date: Sat., Apr. 21
Game Location: Cincinnati, OH
Game Time: 3:00 P.M.
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 1,400
Nickname: Thunder
Head Coach: Scott Morrison
2011 Record: 7-6/5-2
Website: <http://www.trine.edu/athletics>

COLORADO COLLEGE

Game Date: Sun., Apr. 22
Game Location: Cincinnati, OH
Game Time: 11:00 A.M.
Affiliation: NCAA Division III
Conference: Southern Collegiate Athletic Conference
Enrollment: 2,040
Nickname: Tigers
Head Coach: Susan Stuart
2011 Record: 13-3/3-1
Website: <http://cctigers.com/>

OTTERBEIN UNIVERSITY

Game Date: Wed., Apr. 25
Game Location: Cincinnati, OH
Game Time: 6:00 P.M.
Affiliation: NCAA Division III
Conference: Independent
Enrollment: 3,000
Nickname: Cardinals
Head Coach: Stephani Schmidt
2011 Record: First year of play (2012)
Website: <http://www.otterbeincardinals.com/>

CONCORDIA WISCONSIN UNIVERSITY

Game Date: Sat., Apr. 28
Game Location: Mequon, WI
Game Time: 3:00 P.M.
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 7,618
Nickname: Falcons
Head Coach: Emily Mason
2011 Record: 0-12/0-8
Website: <http://www.cuwfalcons.com>

CARTHAGE COLLEGE

Game Date: Sun., Apr. 29
Game Location: Kenosha, WI
Game Time: 1:00 P.M.
Affiliation: NCAA Division III
Conference: Midwest Women's Lacrosse Conference
Enrollment: 2,475
Nickname: Red Men
Head Coach: Lauren Hume
2011 Record: 9-9/6-2
Website: <http://athletics.carthage.edu>

Midwest Women's Lacrosse Conference



The Midwest Women's Lacrosse Conference (MWLC) was founded in 2010. The conference is composed of eight NCAA Division III colleges and universities

located throughout the Midwest. The MWLC claims representatives from the states of Michigan (Adrian and Albion Colleges), Wisconsin (Carthage College and Concordia University), Indiana (Trine University), Ohio (College of Mount St. Joseph), Missouri (Fontbonne University), and Illinois (North Central College). The MWLC will begin its inaugural season in the spring of 2011.

In 2011, the Lions finished their first season in the MWLC with a 2-14 overall record, 1-6 in the MWLC placing seventh in the standings. The Mount's lone conference victory was over Concordia University of Wisconsin, 17-10. Midfielder Amanda Holmes was named to the All-MWLC First Team while Paige Apel, Holly Hubble, and Chrissy O'Hara were selected to the All-MWLC Second Team. The 2011 MWLC regular season title was captured by Adrian College, which had a 7-0 mark in conference play. Adrian defeated Carthage College, 25-4 to claim the MWLC Tournament title.

2011 Season Results

Date	Opponent	Location	Result
3/8	Misericordia (PA) University	Hilton Head, SC	L 13-7
3/9	Randolph (VA) College	Hilton Head, SC	W 14-13 (OT)
3/16	Wittenberg University	Springfield, OH	L 21-0
3/19	Oberlin College	Schueler Field	L 19-10
3/22	Kenyon College	Gambier, OH	L 21-2
3/25	Fontbonne University *	St. Louis, MO	L 16-6
3/29	College of Wooster	Wooster, OH	L 20-1
4/2	Albion College *	Albion, MI	L 17-12
4/3	Adrian College *	Adrian, MI	L 23-1
4/7	Urbana University	Schueler Field	L 19-12
4/8	Trine University *	Angola, IN	L 24-5
4/10	North Central College (at Trine University) *	Angola, IN	L 18-7
4/13	Washington & Jefferson College	Schueler Field	L 19-5
4/16	Carthage College *	Schueler Field	L 19-5
4/17	Concordia (WI) University *	Schueler Field	W 17-10
4/21	Denison University	Schueler Field	L 24-3

*Midwest Women's Lacrosse Conference game.

Home games in bold.

2011 Mount Individual Statistics

##	Name	GP-GS	G	A	Pts	Sh	Shot%	SOG	SOG%	GW	UP	DN	GB	T/O	CT	Faceoff	Pct	Pen-Min
3	Amanda Holmes	16-16	43	0	43	78	.551	61	.782	0	4	1	48	15	6	13-30	.302	2- 6.0
12	Chrissy O'Hara	16-16	28	8	36	58	.483	44	.759	1	3	0	11	27	0	0-0	.000	1- 3.0
9	Holly Hubble	16-16	10	0	10	33	.303	25	.758	0	1	0	41	26	10	0-1	.000	2- 6.0
10	Sara Rutschilling	16-16	9	0	9	24	.375	14	.583	0	0	0	28	17	5	56-70	.444	0- 0.0
4	Amanda Varnam	16-16	8	1	9	23	.348	17	.739	1	0	0	19	6	5	0-0	.000	0- 0.0
19	Emily Cooper	14-11	5	1	6	6	.833	5	.833	0	0	0	6	6	0	0-0	.000	0- 0.0
30	Chelsey Siefke	16-16	1	2	3	8	.125	6	.750	0	0	0	9	13	1	0-0	.000	0- 0.0
6	Andrea Freel	14-13	1	1	2	5	.200	3	.600	0	0	0	2	8	0	0-0	.000	0- 0.0
16	Erica Lee	16-15	1	0	1	5	.200	3	.600	0	0	0	23	19	8	0-0	.000	2- 6.0
2	Elyse Minges	16-16	1	0	1	1	1.000	1	1.000	0	1	0	10	6	3	0-0	.000	0- 0.0
21	Kaitlynn Maus	11-9	0	0	0	0	.000	0	.000	0	0	0	5	3	1	0-0	.000	0- 0.0
18	Kelsey Boeckermann	14-12	0	0	0	0	.000	0	.000	0	0	0	4	8	3	0-0	.000	1- 0.5
17	LeeAnne Reinert	11-4	0	0	0	0	.000	0	.000	0	0	0	3	0	0	0-0	.000	0- 0.0
7	Rachel Steele	1-0	0	0	0	0	.000	0	.000	0	0	0	1	0	0	0-0	.000	0- 0.0
0	Paige Apel	14-14	0	0	0	0	.000	0	.000	0	0	0	10	14	2	0-0	.000	0- 0.0
	Total	16	107	13	120	241	.444	179	.743	2	9	1	226	215	101	70-102	.407	9-24.5
	Opponents	16	296	117	413	569	.520	430	.756	14	5	4	404	188	161	102-70	.593	13-36

##	Name	GP-GS	Mins.	GA	GAA	Svs.	Pct	W	L	T
0	Paige Apel	14-14	841:11	256	18.26	146	.363	2	12	0
16	Erica Lee	2-2	120:00	40	20.00	14	.259	0	2	0
	Total	16	961:11	296	18.48	160	.351	2	14	0
	Opponents	16	961:11	107	6.68	112	.511	14	2	0

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