

MSJ

2012 TRACK & FIELD GUIDE



COLLEGE OF MOUNT ST. JOSEPH



UNDERGRADUATE MAJORS

Accounting
Art
Art – Fine Arts
Art – Graphic Design
Art Education
Art History
Athletic Training
Biochemistry
Biology
Business Administration
Business Administration/
Mathematics
Chemistry
Chemistry/Mathematics
Communication Studies
Computer Information Systems
Criminology/Sociology
Education – Inclusive Early
Childhood
Education – Middle Childhood
Education – Special (5-21)
English
General Studies
History
Interactive Media Design &
Computing
Interior Architecture & Design
Mathematics
Mathematics/Business
Administration
Mathematics/Chemistry
Music
Natural Science
Nursing
Paralegal Studies
Psychology
Religious Education
Religious Pastoral Ministry
Religious Studies
Social Work
Sociology
Sport Management

College Profile

What is the College of Mount St. Joseph educational experience? It's learning through action – serving others, graduate-level research, paid co-op positions, and leadership development. It's a Catholic liberal arts education that helps you develop the knowledge to make a difference and the integrity to lead others.

The foundation of a Mount education comes from career-minded academic programs combined with dedicated support service and a 12:1 student-to-faculty ratio. New on campus this year is a minor in Sustainability, Nursing Learning Labs and Biochemistry Lab.

At the Mount, you're encouraged to take your lessons outside of the classroom, into the community. Through the Service Learning program, students earn academic credit while volunteering to feed the hungry, building homes for Habitat for Humanity, or comforting the elderly. The Cultural Immersion program offers the chance to live, learn and work amidst other cultures. The Cooperative Education program, available for all majors, is a way for students to gain valuable, paid career experience while validating their choice of a major.

Student-athletes are among the Mount's most active leaders on campus. Competing in the Heartland Collegiate Athletic conference, the Mount fields more than 20 NCAA Division III sports teams. Students also participate in 40 student-run clubs and organizations including Student Government Association and Black Student Union.

The Mount is committed to working with students to explore all financial aid options, especially eligibility for financial assistance including scholarships. In 2010-2011, 96% of full-time freshmen received some sort of gift aid; more than 18 million dollars in grants and scholarships were received by Mount students.



COLLEGE INFORMATION

Location: Cincinnati, Ohio

Enrollment: 2,400

Founded: 1920

President: Tony Aretz, Ph.D.

Nickname: Lions

Colors: Blue and Gold

Affiliations: NCAA III

Conference: HCAC – Heartland Collegiate
Athletic Conference

Main Phone: (800) 654-9314 / (513) 244-4200

Web Site: www.msj.edu

Mailing Address: College of Mount St. Joseph
5701 Delhi Road
Cincinnati, OH 45233-1670

Fast Facts

- Top Five Majors: undeclared, pre-nursing, athletic training, sport management, business administration
- The Academic Advising Resource Center provides effective, ongoing academic advising with a focus to intervene early and continuously so that students have the greatest chance of success.
- Students can complete courses of study that achieve requirements for pre-health professions, pre-medicine, pre-art therapy, and pre-law.
- Project EXCEL is a comprehensive, fee-based academic support program for students with learning disabilities who are enrolled at the Mount.
- The Mount was named a member of the 2010 President's Higher Education Community Service Honor for its commitment to volunteering, service learning and civic engagement.

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About This Guide

The College of Mount St. Joseph's 2012 Track and Field Guide has been produced by the Sports Information Office and the Design Office. All photos are courtesy of Don Denney Photography. The guide was published in January 2012 with all of the information available at that time. For updated information on Mount athletics, visit www.msj.edu/athletics.

Media Information

Interview Policy

Please contact the Sports Information Office, (513) 244-4927, for all interview requests. Prior notice is requested so that proper arrangements may be made with players and coaches. Coaches can be contacted weekday afternoons, Noon-3 p.m. Athletes are available at various times of the day according to their academic schedules.

All post-game interviews will be conducted at the game site. Coaches and players will be available approximately 10 minutes after games. Players may be called at the request of the media, after contacting the Sports Information Office.

Press Credentials

All practices are open to accredited news sources who request prior admittance from the Mount's Sports Information Office. Pressbox, court and field passes should be requested from the Sports Information Office before game day.

Additional Information

Accredited news sources should visit www.msj.edu/media for additional information, statistics and photos as well as more on the media policy.

The College of Mount St. Joseph ("the College") is committed to providing an educational and employment environment free from discrimination or harassment on the basis of race, color, national origin, religion, sex, age, disability, or other minority or protected status. This commitment extends to the College's administration of its admission, financial aid, employment, and academic policies, as well as the College's athletic programs and other college-administered programs, services, and activities.

The College has designated the chief compliance and risk officer, (513) 244-4393, Office of the President, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Title IX of the Education Amendments of 1972 and other applicable federal and state civil rights laws. The College has designated the director of academic support, (513) 244-4524, the Learning Center, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Section 504 of the Rehabilitation Act of 1973.

A Message from the President



Dr. Tony Aretz

Welcome to the College of Mount St. Joseph and Lions country. You are invited to enjoy exciting NCAA Division III and Heartland Conference competition among teams from the Midwest.

Our student-athletes are grateful for your support as they compete in sports as part of their college experience. On the field and in the classroom, Mount students are preparing for the future. This fall, we begin our ethical leadership initiative in the curriculum and co-curriculum, recognizing that our students have the potential to develop as ethical leaders in all aspects of their personal and professional lives.

Thank you for supporting the Mount Lions. Please visit us at www.msjs.edu to stay current with the Lions and the progress on campus.

God bless,

Tony Aretz, Ph.D.
President

Meet the Director of Athletics



Steve Radcliffe

Steve Radcliffe enters his 17th year as the Lions' athletics director for the 2011-2012 school year, and he looks forward to another outstanding season of athletics at the Mount.

Radcliffe, who oversees 22 athletic programs at the Mount, has long been a part of the sports programs at the College. Radcliffe began his career at the Mount in 1986 as an athletic trainer and was hired to implement the Mount's first academic program for athletic training in 1989. In addition to teaching athletic training, he was the Lions' head athletic trainer for all the intercollegiate sports at the College.

Radcliffe became the Mount's athletic director in 1995. Upon entering the position, he stressed the importance of upholding the College's stellar reputation of academics and athletics as a positive influence in student life and development at the Mount. Radcliffe received his bachelor's degree in 1978 from the University of Montana and his master's degree in physical education in 1981 from Miami University (Ohio).

Steve and his wife, Darlene, have two children, Victoria and Michael. The Radcliffes live in Delhi.

Heartland Collegiate Athletic Conference

The Mount is a member of the Heartland Collegiate Athletic Conference (HCAC) and is also a member of the National Collegiate Athletic Association (NCAA) Division III. The Mount has been a member of the HCAC since the 1998-1999 school year. All Mount athletic teams, with the exception of lacrosse, compete in the HCAC.

2011-2012 HCAC SCHOOL DIRECTORY

School

Anderson University
Bluffton University
Defiance College
Earlham College
Franklin College
Hanover College
Manchester College
College of Mount St. Joseph
Rose-Hulman Institute of Technology
Transylvania University

Location

Anderson, IN
Bluffton, OH
Defiance, OH
Richmond, IN
Franklin, IN
Hanover, IN
North Manchester, IN
Cincinnati, OH
Terre Haute, IN
Lexington, KY

HCAC QUICK FACTS

Commissioner: Christopher Ragsdale

Sports Information Director: Ryan Davis

Phone: (317) 882-8090

Fax: (317) 882-8086

Mailing Address: P. O. Box 425
205 S. Madison Ave.
Greenwood, IN 46142





Facilities

Sports Complex and Schueler Field

The Sports Complex provides a state-of-the-art space for student-athletes and the fans who support them. It houses concessions, locker rooms, showers, equipment storage, and athletic training facilities and can seat sell-out crowds of 2,400. Sporting a synthetic, all-weather playing surface and track, the Mount's Schueler Field plays host to the football, soccer and lacrosse teams, in addition to home track meets.

Harrington Center

Featuring a 2,000-seat gymnasium, the Jean Patrice Harrington, SC, Student Center is home to the Lions basketball and volleyball teams, and plays host to the wrestling team's home matches. In addition, the facility includes a running track, racquetball courts, a fitness center, and an athletic training center, providing service to student-athletes and the greater Mount community.

Kinder Morgan Softball Complex

The Kinder Morgan Softball Complex has played host to the Mount's softball team since 2007. In addition, the College has developed property on River Road into practice fields for soccer and baseball. The facilities feature parking, restrooms and a service building for equipment storage.

Marge Schott Stadium

The Lions' baseball team plays home games at the University of Cincinnati's Marge Schott Stadium. Marge Schott Stadium, has a seating capacity of 3,085, a field turf playing surface and a fully-lit playing field. In addition, the complex houses indoor batting cages and pitcher's mound, a fully equipped press box with private viewing areas, a players' clubhouse and lounge, dressing rooms for coaches, full laundry and equipment facilities, and a state-of-the-art training room.

Aston Oaks Golf Course

Aston Oaks Golf Course, located 15 minutes from campus, is the Mount's home golf course for the men's and women's golf teams. Constructed by the Jack Nicklaus Design Group, Aston Oaks is a par-72 course. The men's team faces 6,908 yards with a 73.6 rating and 140 slope. The women's team faces 5,758 yards with a 73.2 rating and a 130 slope.

Mount Tennis Courts

The Lions' men's and women's tennis teams play all home matches on the six, fully-lit asphalt courts located behind the Harrington Center.

Hayden Field

Located on the west side of campus, next to the tennis courts, Hayden Field is a multi-purpose site that includes a practice field for softball and track & field athletes.

Jean Dowell Building

This facility was at one time home to the Lions' women's volleyball and basketball programs. Today the gym in the building is used for the College's intramural programs, as well as being utilized as an extra practice court for both the men's and women's basketball and volleyball teams. A new court was installed during the summer of 2011. In addition, the gym has baseball/softball batting cages used by the Lions' teams.

Support Staff



Dane Neumeister
Director of Sports Information



Melanee Atkinson
Associate Athletic Director



Charlie Wrublewski
Facilities Management Set-Up



Stacie Carney
Administrative Assistant



Bob Mullen
Sports Information Co-op



Casey Stouffer
Assistant Athletic Director



Georgana Taggart
Faculty Athletic Representative



Peggy Gruen
Administrative Assistant



Brent Rogers
Director of Strength and Conditioning



Dr. Howard Schertzinger
Team Physician



Dr. Robert Burger
Team Orthopedic Director

Cheerleaders



Front (left to right): Melissa Nie, Melissa Baugh, Julia Seger, Michelle Trenkamp.
Middle (left to right): Abby Renick, Brittney Bowman, Jenna Shull, Shelby Schaeper, Connie Serger, Larissa Hall.
Back (left to right): Hailey Gadd, Ashley Palmer, Hayley Rideout, Bre Hale, Alex Logan.

Dance Team



Bottom row (l-r): Brittany Ranz, Student Coach Kelsey Keyes, Lauren Cocola.
Top row (l-r): Coach Nikki Buller, Ashley Torbeck, Stephanie Plageman, Hannah Rhode, Madeline Conroy, Coach Katie Stahlheber.
Not pictured: Kelly Collins, Becky Kiefer, Celia Michel, Heather Moeller, Randallynn Smith.

Athletic Trainers



Lisa Osterbrock
Head Athletic Trainer



Susan Blackson
Associate Athletic Trainer



Erin Beckwith
Assistant Athletic Trainer



Tim Mauntel
Assistant Athletic Trainer

Staff Directory

Athletic Department Staff

Steve Radcliffe, Athletic Director	244-4381
Melanee Atkinson, Associate Athletic Director	244-8585
Stacie Carney, Administrative Assistant (Dowell Building).....	244-4311
Peggy Gruen, Administrative Assistant (Sports Complex)	244-8580
Georgana Taggart, Faculty Athletic Representative	244-4952
Fax Number (Dowell Building).....	244-4928
Fax Number (Sports Complex)	244-8581

Sports Information

Dane Neumeister, Director	244-4927
Bob Mullen, Student Co-op	244-4927

Coaching Staff

Chuck Murray, Baseball Coach, Recreation Co-coordinator	244-4402
Toby Carrigan, Men's Basketball Coach	244-4929
Ashley Bland, Women's Basketball Coach.....	244-4590
Nancy Forsythe, Cheerleading Coach.....	244-4311
Tina Blakley, Men's/Women's Cross Country Coach, Men's/Women's Track & Field Coach	244-8597
Jamie Eastham, Assistant Men's/Women's Cross Country Coach, Assistant Men's/Women's Track & Field Coach	244-3295
Nikki Buller/Katie Skeeters Stahlheber, Dance Coaches.....	244-4311
Rod Huber, Football Coach.....	244-4896
Joe Sparhawk, Men's Golf Coach, Recreation Co-coordinator.....	244-4876
Jeff Newman, Women's Golf Coach, Assistant Baseball Coach	244-8583

Jeff Bumiller, Men's Lacrosse Coach	244-4427
Mike O'Hara, Women's Lacrosse Coach.....	244-8582
Rudy Argueta, Men's Soccer Coach	244-8586
Leah Todd, Women's Soccer Coach	244-8587
Beth Goderwis, Softball Coach.....	244-4853
Justin Ray, Men's Tennis Coach, Assistant Men's Basketball Coach	244-8596
Summer Quesenberry, Women's Tennis Coach, Assistant Women's Basketball Coach	244-8599
Jon Bennett, Men's/Women's Volleyball Coach	244-4316
Cristina Webb, Assistant Women's Volleyball Coach, Assistant Strength and Conditioning.....	244-3276
Art Faura, Assistant Men's Volleyball Coach	244-1630
Brent Rogers, Director Strength and Conditioning	244-4971
Casey Stouffer, Wrestling Coach, Assistant Athletic Director, Coordinator of Athletic Facilities	244-4474
Casey Brewster, Assistant Wrestling Coach.....	244-4311

Sports Medicine

Lisa Osterbrock, A.T.C., Head Athletic Trainer	244-8588
Susan Blackson, A.T.C., Assistant Athletic Trainer.....	244-4599
Erin Beckwith, A.T.C., Assistant Athletic Trainer.....	244-4512
Tim Mauntel, A.T.C., Assistant Athletic Trainer.....	244-8595
Amber McKee, A.T.C., Assistant Athletic Trainer.....	244-4875
Lisa Koenig, A.T.C., Assistant Athletic Trainer	244-4875
Howard Schertzinger Jr., M.D., Team Medical Director	244-4875
Robert Burger, M.D., Team Orthopedic Director	481-5050



**Amber
McKee**
Assistant
Athletic Trainer



Cincinnati Spotlights

Students of the College of Mount St. Joseph greatly benefit from the rich heritage and traditions of Cincinnati. While the College is situated 15 minutes west of downtown, employment, arts and entertainment are never too far away.

Numerous Fortune 500 and Fortune 1000 companies are headquartered in Cincinnati. Procter & Gamble, The Kroger Company, and Fifth Third Bank, among others, contribute to Cincinnati's foundation while Cincinnati Children's Hospital Medical Center is among the nations' top children's hospitals. Mount Cooperative Education students are hired by more than 100 hospitals, businesses and nonprofit organizations of Greater Cincinnati.

Boasting a vibrant commitment to the arts, Cincinnatians enjoy the Contemporary Arts Center, Cincinnati Art Museum, Aronoff Center, Cincinnati Playhouse in the Park, Music Hall, and a varied supply of art galleries. Mount students often incorporate Cincinnati's art exhibits and performances into their studies.

Cincinnati knows sports. The Cincinnati Reds, the Major League Baseball team, and the Cincinnati Bengals, of the National Football League, provide competition, entertainment and emotion for the city's sports fans. Co-op and volunteer opportunities with these organizations are often available to Mount students. Cincinnati is also home to the Flying Pig Marathon every May and the Master's and Women's Open tennis tournament every August.

Historical neighborhoods such as Mount Adams, Clifton and Over-the-Rhine make good architectural and cultural adventures, while additional entertainment options are just across the Ohio River in Newport, Covington and Mainstrasse of Northern Kentucky.



Mission in Action

The College of Mount St. Joseph is a Catholic academic community grounded in the spiritual values and vision of its founders, the Sisters of Charity. At the heart of the Mount's mission and heritage is an emphasis on ethical leadership through service. Ethical leadership celebrates the return of virtue, character and personal honor to their rightful place as the foundation of education. This commitment inspires the College's interdisciplinary liberal arts and professional curricula, which equips students to live with integrity, to promote justice, and to seek the truth in their professions and communities.

Service opportunities complement academics and student life while fostering a culture of learning informed by charity. In the Service Learning Program, students apply classroom knowledge while volunteering in social and environmental settings to feed the hungry, build homes for Habitat for Humanity and comfort the elderly. The Cultural Immersion program offers the chance to live, learn and work amidst other cultures. In serving others, students cultivate a greater understanding of social problems, an appreciation for the cultural diversity of other people, as well as a commitment to volunteerism and an understanding of its connection to citizenship.

Campus Ministry infuses all aspects of faith into the Mount's culture and celebrates spiritual exploration. Faith sharing programs, Mass, retreats, and other planned events help awaken and deepen an awareness of God's love and presence within the campus community. Inspired by Catholic social teaching, Campus Ministry encourages students to identify their gifts and to use them for the common good through activities such as Pizza and Ponder, Homelessness Awareness Week, and 30-Hour Famine.



MEN'S TRACK & FIELD / 2012

2012 Schedule

INDOOR

Date	Opponent	Location	Time
12/10	Capital University Invitational	Columbus, OH	11:00AM
1/28	Rose-Hulman Institute of Technology Invitational	Terre Haute, IN	6:00PM
2/3	Marietta College Invitational	Marietta, OH	4:30PM
2/10	Baldwin-Wallace College Invitational (Non, All-Ohio Qualifiers)	Berea, OH	5:00PM
2/11	All-Ohio Championships (Otterbein University)	Westerville, OH	12:00PM
2/18	HCAC Championship (at Rose-Hulman)	Terre Haute, IN	1:00PM
2/25	Anderson University Invitational	Anderson, IN	3:00PM
3/3	University of Mount Union Last Chance Meet	Alliance, OH	TBA
3/9-3/10	NCAA Division III National	Grinnell, IA	12:30PM

OUTDOOR

Date	Opponent	Location	Time
3/17	University of Cincinnati Early Bird Relays	Cincinnati, OH	TBA
3/23	College of Mount St. Joseph Invitational	Cincinnati, OH	12:00PM
3/31	Hanover College Invitational	Hanover, IN	12:00PM
4/5	Anderson University Invitational	Anderson, IN	4:00PM
4/14	All-Ohio Championships (Ohio Wesleyan University)	Delaware, OH	TBA
4/21	Wilmington College Invitational	Wilmington, OH	12:00PM
4/27-4/28	HCAC Championship (at Franklin)	Franklin, IN	3:30PM/10:00AM
5/4	Ohio University Open	Athens, OH	2:00PM
5/11	University of Louisville Cardinal Classic	Louisville, KY	TBA
5/17-5/18	North Central College Last Chance Meet	Naperville, IL	TBA
5/25-5/26	NCAA Division III National	Claremont, CA	TBA

2012 Roster

Name	Events	Class	Hometown (High School)	Name	Events	Class	Hometown (High School)
Casey Bell	Throws	So.	Odon, IN (North Daviess Jr-Sr)	Matt Hans	Throws	So.	Louisville, KY (Holy Cross)
Collin Brown	Sprints/Jumps	Jr.	Malvern, OH (Malvern)	Michael Kidder	Throws	Jr.	Kings Mills, OH (Kings)
Micquelle Burton	Mid-Distance	So.	Cincinnati, OH (Deer Park)	Anthony Knox	Mid-Distance	Fr.	Millersport, OH (Fisher Catholic)
Michael Carter	Sprints	Sr.	Cincinnati, OH (Walnut Hills)	Christian Lament	Sprints	So.	Lakeview, OH (Waynesfield Goshen)
Colton Chicketti	Mid-Distance	Jr.	Centerville, OH (Alter)	Bryan McKiddy	Throws	So.	Cincinnati, OH (Elder)
Ray Claytor	Jumps	So.	Cincinnati, OH (LaSalle)	Ben Mocahbee	Throws	Jr.	Cincinnati, OH (McNicholas)
David Clark	Mid-Distance	So.	Franklin, IN (Franklin Community)	Brandon Modafari	Throws	Sr	Cincinnati, OH (Elder)
Brendan Dean	Mid-Distance	So.	Cincinnati, OH (Roger Bacon)	Bryan Paugh	Throws	Sr.	Milford, OH (Milford)
Matt Evans	Throws	So.	Milford, OH (Milford)	Zach Sievert	Throws	Sr.	St. Charles, MO (St. Charles)
Samuel Fowler	Sprints	So.	Cincinnati, OH (Northwest)	Colin Smart	Sprints	Jr.	Indianapolis, IN (Seccina Memorial)
Cody Gerdeman	Sprints/Jumps	Fr.	Ottawa, OH (Ottawa)	Joey Veneziano	Sprints	So.	Cincinnati, OH (Loveland)
Casey Gilmour	Hurdles	Jr.	Dillsboro, IN (South Dearborn)	Sean Wiwi	Distance	So.	West Harrison, IN (Franklin County)
Robert Grogan	Throws	Fr.	Cincinnati, OH (Elder)				

2012 Season Outlook

The Mount's men's track & field program enters its ninth year of competition in 2012, and their first under first-year Head Coach Tina Blakley. The Lions jumped up a spot from last season's HCAC Championship meet, finishing in seventh place in 2011, and Blakley, who was an assistant coach for the Lions the previous three years, looks to continue that improvement. She will be assisted by returning assistant Jamie Eastham, who works with the team's throwers and jumpers.

Blakley and Eastham look to keep the Lions moving forward and maintain focus on the season ahead of them. There are three areas of concern that Blakley mentioned the team needs to focus on this season in order to be successful: overcome obstacles, work together, and maintain team cohesion. Blakley and Eastham want to make sure that the student-athletes understand how important their presence is on the team and that they are the ones that make the team.

"Success means commitment and dedication to building the program," says Blakley.

The men's track & field team welcomes more new faces than old this season, so Coach Blakley would like to see the returners step up and be positive role models for the incoming student-athletes. With so many newcomers joining the squad Coach Blakley would like to see the team as a whole finish in the top five of the conference and see a few athletes qualify for nationals. On an individual basis, Blakley wants everyone to achieve their personal-best results in their respective events.

Coach Blakley sees much potential in many of the squad's student-athletes. Blakley mentioned that junior Michael Kidder (thrower) is primed for a breakout season.

"He got a taste of what he is capable of," Blakley adds. "He ignited with fire and finished last season with determination."

Blakley also has high expectations for two incoming athletes to the team: Brendan Dean and Bryan McKiddy. Blakley sees speed in Dean that has yet to be released. Blakley thinks he will be a dynamic contributor to the team. McKiddy is a non-traditional student with a military background. Blakley thinks he'll bring a great deal of energy to the team and will force other athletes on the team to step up due to his strong work ethic.

Important meets for the Lions this winter and spring include the All-Ohio meets, HCAC Championships, MSJ Invitational, Wilmington College Invitational, and the Ohio University and University of Louisville meets. The All-Ohio meets, held at Otterbein University for indoor and Ohio Wesleyan University for outdoor are valuable learning experience meets for the Lions as they receive the opportunity to compete against other Div III schools outside of our conference.

Blakley is also excited for the MSJ Invitational because it gives the program an opportunity to showcase its athletes on their home turf. "It's a great opportunity for us to show teams what we're made of -from a competitive level and as hosts," added Blakley.

Additionally, Blakley had this to say in preparation for the season.

"Right now we need to focus on what we do have; cohesion and morale, not on what we do not have. Those two things will create a stronger team from a mental and physical perspective. This team can get through any obstacle if it works together."



Senior sprinter Michael Carter in 2011 action for the Lions.

2012 Coaching Staff



HEAD COACH TINA BLAKLEY

Tina Blakley returns in 2011-2012 for her fourth season at the Mount, and her first season as the College's head track & field coach, after spending the past three seasons as an assistant coach. Blakley also has been the Lions' men's and women's cross country team assistant coach for the past four years, and will take over the head coaching duties with that sport next fall. She is an AFAA certified personal trainer and has helped direct many individual athletes and teams improve their performance through strength training programs. In addition, she has worked in the fitness industry for over a dozen years and has a versatile training background.

Coach Blakley's personal interests involve training and competing in multi-discipline endurance races, such as 12+ hour adventure races, long distance running, cycling relay races, and half marathons. She is passionate about helping athletes achieve their personal goals and advance in their particular sport by increasing their awareness through cross training and strength training as well as injury prevention.

Blakley, a graduate of Purcell Marian High School, has also completed college courses at the Mount. She resides in Bright, Ind., with her family.



ASSISTANT COACH JAMIE EASTHAM

Jamie Eastham returns for her fourth season in 2011-2012 as the Throws Coach for the College of Mount St. Joseph Men's and Women's Track & Field teams. During her coaching tenure, Eastham has coached national qualifiers in the indoor shot put and weight throw, outdoor shot put, discus, and hammer throw. Also, her throwers have broken 11 school records.

The Princeton High School graduate (2000) received her Bachelor of Liberal Arts in Physical and Health Education degree from Muskingum College (2005), where she was a four-year member of the school's track & field team. While at Muskingum, Eastham shattered Muskingum's shot put record, was a seven-time national qualifier in the shot put and was a two-time All American in that event. She was the first female indoor All-American in the school's history. In addition, after nearly a decade she still holds the Princeton High School record in the discus throw.

While at Princeton, she was also a member of the school's wrestling team and Brotherhood of Pride women's club wrestling team. She is a former high school girls' wrestling All-American and women's state champion in that sport. Eastham was inducted into the girls' Wrestling Hall of Fame shortly after graduating high school.

Eastham, who is CPR and first aid certified, is currently employed at Bethesda North Hospital as a Level Three Registrar. She currently resides in Middletown, Ohio.



Mount junior hurdler Casey Gilmour returns in 2012 for his third season with the Lions.

2012 Returning Athletes' Profiles



MICQUELLE BURTON

Mid-Distance

Sophomore

Major: Mathematics

Hometown (High School): Cincinnati, OH (Deer Park)

Burton returns for his second season with the Mount.

He raced in both the indoor and outdoor campaigns

last season for the Lions, competing in six indoor events and six outdoor events. Burton turned in the team's best time last season in the indoor 200m dash, 400m dash and 500m run; and the outdoor 200m dash, 400m dash, 800m run, and high jump, as well as being on the Mount's 4x100, 4x200 and 4x400 meter relay teams. Despite a chronic back injury, Burton continues to strive towards earning a spot at the NCAA Indoor and Outdoor Nationals, says Head Coach Tina Blakley. Blakley adds that Burton's goal this season is to keep himself from further injury, continue with rehabilitation and improve his strength, speed and agility. He is also a member of the Lions' cross country team. Micquelle is the son of Carolyn Green and Michael Burton.



MICHAEL CARTER

Sprints

Senior

Major: Sociology/Criminology

Hometown (High School): Cincinnati, OH (Walnut Hills)

Carter returns for his third season with the Mount. He competed in both the indoor and outdoor campaigns

last season for the Lions, competing in the indoor 100m dash and 200m dash; and the outdoor 55m dash and 200m dash, as well as being on the Mount's 4x100, 4x200 and 4x400 meter relay teams. He turned in the team's second-fastest time in all four of his individual events last season. A team captain the past two seasons, Head Coach Tina Blakley says that Carter brings leadership and determination and that his contributions to the team are a tremendous plus. Michael is the son of Lisa and Phillip Randle.



COLTON CHICKETTI

Mid-Distance

Junior

Major: Business Administration

Hometown (High School): Centerville, OH (Alter)

Chicketti returns for his third season with the Mount.

He competed in both the indoor and outdoor portions

of last season's track & field campaign for the Lions, seeing action in the indoor 200m dash and 400m dash; and the outdoor 400m dash and 400m dash, as well as being on the 4x400 meter relay team. Chicketti turned in the Mount's second-fastest time last season in the outdoor 400m dash. He is expected to race in the 400m, 500m and 800m events this coming season for the Lions. Chicketti is also a member of the Mount's cross country team. Colton is the son of Karen and Edward Chicketti.



RAY CLAYTOR

Jumps

Sophomore

Major: Athletic Training

Hometown (High School): Cincinnati, OH (LaSalle)

Claytor returns for his second season with the

Mount. He competed last season in the indoor high

jump, where he turned in a Mount program-best jump of 6-foot-4 at the Anderson University Invitational; and in the outdoor high jump, where he turned a jump of 6-foot. Head Coach Tina Blakley says that Claytor is focused this season and has the ability to jump even higher in 2012. Claytor is also a member of the Mount's basketball team. Ray is the son of Pamela and Raymond Claytor.



MATT EVANS

Throws

Sophomore

Major: Sociology/Criminology

Hometown (High School): Milford, OH (Milford)

Evans returns for his second season with the Mount.

He competed last season in the indoor shot put and

weight throw; and in the outdoor hammer throw, shot put, discus throw, and javelin throw. Evans turned in the team's best mark last season in the discus throw. He is expected to concentrate on the javelin and discus throws for the 2012 season. Assistant Coach Jamie Eastham adds that Evans, who is very detail oriented and has been studying the art of throwing all off season, is a great teammate and leader on the team. Eastham adds that Evans has the skills to contend for a scoring position in the conference meet in both of his events. Matt is the son of Terri and Mark Evans.



CASEY GILMOUR

Hurdles

Junior

Major: Inclusive Early Childhood Education

Hometown (High School): Dillsboro, IN (South Dearborn)

Gilmour returns for his third season with the Mount. He

competed in five indoor events last season for the Lions – the 200m dash, 400m dash, 55m hurdles, 60m hurdles and the pentathlon; and was in four outdoor events – the long jump, the 100m hurdles, 110m hurdles and the 400m hurdles, turning in the team's best mark in six of those events. Gilmour will be a captain on the team this season, and he brings good leadership and experience to the squad. Casey is the son of Chris Gilmour.

PHOTO
NOT
AVAILABLE

MATT HANS

Throws

Sophomore

Major: Biology

Hometown (High School): Louisville, KY (Holy Cross)

Hans returns for his second season with the Mount. He

competed in the outdoor shot put and outdoor discus throw for the Lions in 2011, and is expected to see action in both of those events this coming season. Assistant Coach Jamie Eastham states that Hans is a hard worker and as he continues to learn the throws will be a strong competitor in those events. Matt is a member of the Lions' football team. He is the son of Melissa and James Hans.

2012 Returning Athletes' Profiles (CONTINUED)



MICHAEL KIDDER

Throws

Junior

Major: Sociology/Criminology

Hometown (High School): Kings Mills, OH (Kings)

Kidder returns for his third season with the Mount. He saw action in three outdoor events last season – the

hammer throw, the shot put and the discus throw. Kidder had the team's best mark last season in the hammer throw, and the second-best distance in the shot put. After taking the indoor season off last season, Kidder is expected to return for the indoor shot and weight and outdoor shot, disc and hammer. He placed second in the conference last year in the hammer. Assistant Coach Jamie Eastham says that Kidder's outstanding hammer technique is continually improving and she expects the Lions' junior to be at the top of the conference again this year along with scoring in the indoor weight and shot; and outdoor shot and discus. Michael is the son of Ann and Jeff Kidder.



BRANDON MODAFARI

Throws

Senior

Major: Athletic Training

Hometown (High School): Cincinnati, OH (Elder)

Modafari returns for his third season with the Mount. He competed in the outdoor season for the Lions in

2011, seeing action in the hammer throw and shot put events. Assistant Coach Jamie Eastham says that Modafari will most likely compete in those two events again this season. She adds that Modafari, who is a pleasure to work with and comes to practice every day with a positive attitude, has continued to learn the throws, and with his experience in each, could be a contender for a conference meet spot this coming season. Brandon is the son of Tina and Joseph Modafari.



BRYAN PAUGH

Throws

Senior

Major: Accounting

Hometown (High School): Milford, OH (Milford)

Paugh returns for his fourth season with the Mount. He competed in both the indoor and outdoor portions

of last season's track & field season, seeing action in the indoor shot put and indoor weight throw, as well as the outdoor hammer throw, shot put, discus throw and javelin throw events. Paugh had the Mount's second-best mark last season in the indoor weight throw, outdoor hammer throw, and outdoor javelin throw. He is expected to see action in all four events again this season, and the Lions' team captain has the potential to be a scoring threat in all the throws in the conference. Assistant Coach Jamie Eastham says that Paugh is a great team leader who uses his skill to help others. She adds that Paugh understands each throw and continues to improve his marks each year. Bryan is the son of Margaret and Mark Paugh.



ZACH SIEVERT

Throws

Senior

Major: General Studies

Hometown (High School): St. Charles, MO (St. Charles)

Sievert returns for his second season with the Mount. In

2011, Sievert competed in the outdoor shot put and outdoor discus throw events and is expected to compete in those two events again this coming season. Assistant Coach Jamie Eastham states that Sievert, who has a great personality, is expected to improve on his marks from last year and be one of the top shot putters for the College and score in the conference meet. Zach is the son of Verna and Jerry Sievert.



SEAN WIWI

Distance

Sophomore

Major: Accounting

Hometown (High School): West Harrison, IN (Franklin County)

Wiwi returns for his second season with the Mount. He

raced in the indoor 200m dash and 400m dash events last season, as well as competing in the outdoor long jump, 400m dash, and the 800m run. Head Coach Tina Blakley says that Wiwi is a motivation to his teammates. He is also a member of the Lions' cross country team. Sean is the son of Robin and Larry Wiwi.

2011 Results

INDOOR

Date	Opponent	Location	Result
1/15	Rev. Mike Hout Invitational (Capital University)	Columbus, OH	Fourth place
1/22	Otterbein College Invitational	Westerville, OH	Fourth place
1/29	Rose-Hulman Institute of Technology Invitational	Terre Haute, IN	Tenth place
2/11	Capital University Invitational	Columbus, OH	Sixth place
2/12	All-Ohio Championships (Kenyon College)	Gambier, OH	15th place
2/19	HCAC Indoor Championship (Anderson University)	Anderson, IN	Fifth place
2/26	Anderson University Invitational	Anderson, IN	Seventh place
3/5	University of Mount Union Last Chance Meet	Alliance, OH	No team scores

OUTDOOR

Date	Opponent	Location	Result
3/19	Early Bird Relays (University of Cincinnati)	Cincinnati, OH	Seventh place
3/25	College of Mount St. Joseph Invitational	Cincinnati, OH	First place
4/2	DePauw University Invitational	Greencastle, IN	11th place
4/8-4/9	Miami University Invitational	Oxford, OH	16th place
4/16	All-Ohio Championship (Ohio Wesleyan University)	Delaware, OH	14th place
4/22	Wilmington College Invitational	Wilmington, OH	Sixth place
4/29-4/30	HCAC Championship (Hanover College)	Hanover, IN	Seventh place
5/6	Billy Hayes Invitational (Indiana University)	Bloomington, IN	No team scores
5/19-5/20	North Central College Last Chance Meet	Naperville, IL	No team scores

Home meets in bold.

The Mount in the HCAC

The Lions enter their ninth season of action in the Heartland Collegiate Athletic Conference.

The men's team tied for sixth place at the 2004 meet. Among those who ran well for the Lions were Kurtis Smith and Don Haggard. Smith took second place and recorded his best time in the 800-meter run (1:58.05). Haggard ran in the 200 dash preliminaries and qualified for the final round with a time of 23.94, also his best recorded time of the season. Haggard also performed well in field events along with teammate John Theibert, who participated in the long jump and high jump. Haggard recorded his best jump, 5 foot, 6 inches, in the high jump event while Theibert recorded his best throw in the javelin event, 143 foot, 9 inches, which garnered him seventh place.

In 2005, the Lions finished sixth in the HCAC Championship. Rashon Lewis took home both the 100 and 200 dashes and was named all-HCAC. The Mount also won the 4x100 relay.

In 2006, the Mount finished fifth in the HCAC Championship. Eric Long took home two events, the high jump (6-04.00) and the triple jump (43-03.75), while Lewis defended his title in the 100 meter dash, recording a time of 10.78.

The Mount was eighth in the 2007 HCAC Championship meet. Randall Mitchell was named All-Conference due to winning the shot put competition, garnering 10 of the Mount's 19 total points in the meet. Jeff Schroer turned in a fifth place finish in the 10,000-meter run.

The Lions improved to sixth in the 2008 HCAC Championship; falling just two points shy of a fifth place finish. Randall Mitchell and Rayshawn Eastman led the way, as Mitchell gained All-HCAC accolades due to this first place throw in the shot put. Mitchell was third in the discus throw. Eastman, who also achieved all-conference honors, was first in the 400-meter hurdles and second in the triple jump. Ben Weidner placed third in the 800-meter run.

The 2009 HCAC Championship saw the Lions come in seventh place in the team standings. Randall Mitchell helped led the way individually, finishing

first in the shot put and discus throw, and second in the hammer throw. Mitchell, who was named All-HCAC, was selected as the HCAC Outstanding Field Athlete. Teammate Scotty Mayes, who was also named All-Conference, was first in the long jump and third in the 100-meter dash.

The Lions produced an eighth place finish at the 2010 HCAC Championship, slipping a spot in the team standings for the second straight season. Randall Mitchell was named Honorable Mention All-Conference, due to recording more than 16 points in the HCAC Championship meet. Mitchell was second in the hammer throw and discus throw; and third in the shot put. Michael Kidder was third in the hammer throw. Sprinter Michael Carter turned in season-best times in the 100m and 200m events at the HCAC Championship.

The Lions moved up a spot from last season's finish at the HCAC Championship by making their way into seventh place in 2011. The Lions recorded 53 points, edging Hanover College by one point. The Lions recorded 24 points from running events, 14 points from jumping events, and 15 points from throwing events. Micquelle Burton led the Lions with 16 points, scoring in the 200-meter dash, 400-meter dash, and high jump events. Burton finished in third place in both the high jump and 400-meter dash, and took fifth in the 200-meter dash. Burton was the only HCAC athlete selected for Honorable Mention and he won the Most Outstanding Freshman Male Athlete award for his achievements at the conference meet. Michael Kidder and Ray Claytor both generated eight points for the Lions by taking second place in their events. Kidder took second in the hammer throw and Claytor in the high jump. The Lions achieved nine points each from the 100-meter dash, the 200-meter dash, and the hammer throw. Akiel Belfon placed fourth in the 100-meter dash with teammate Michael Carter finished next in fifth. Carter also raced in the 200-meter dash and took fourth with Burton finishing fifth. Bryan Paugh got the final point for the Lions in the hammer throw by taking eighth place. The remainder of the points came from Joe Noble's third place finish in the shot put.

2011 HCAC Championship

(OUTDOOR SEASON)

Team Standings	Points
1) Rose-Hulman	226.50
2) Franklin	123
3) Manchester	88.50
4) Defiance	80
5) Anderson	74
6) Earlham	59
7) Mount	53
8) Hanover	52
9) Bluffton	13
10) Transylvania	11

2011 HCAC Championship Mount Point Scorers

100-meter dash: Akiel Belfon, 11.22, 4th place, 5 points;
Michael Carter, 11.38, 5th place, 4 points.

200-meter dash: Michael Carter, 22.78, 4th place, 5 points;
Micquelle Burton, 22.91, 5th place, 4 points.

400-meter dash: Micquelle Burton, 49.17, 3rd place, 6 points.

High jump: Ray Claytor, 6-02.00, 2nd place, 8 points;
Micquelle Burton, 6-00.00, 3rd place, 6 points.

Shot put: Joe Noble, 44-06.75 3rd place, 6 points.

Hammer throw: Michael Kidder, 162-09, 2nd place, 8 points;
Bryan Paugh, 127-04, 8th place, 1 point.

2011 HCAC Athletes of the Week

TRACK

Week 1	Tony Johnson, Anderson University
Week 2	4 X 400-Meter Relay Team, Rose-Hulman Institute of Technology
Week 3	No Award Given
Week 4	Micquelle Burton, Mount
Week 5	Jeremiah Edwards, Rose-Hulman Institute of Technology
Week 6	No Award Given
Week 7	Paul Bouagnon, Rose-Hulman Institute of Technology
Week 8	Sutton Coleman, Rose-Hulman Institute of Technology
Week 9	Tony Johnson, Anderson University
Week 10	Sutton Coleman, Rose-Hulman Institute of Technology
Week 11	4 X 400-Meter Relay Team, Rose-Hulman Institute of Technology
Week 12	Sutton Coleman, Rose-Hulman Institute of Technology

2011 All-Conference

(Event Winners)

Tony Johnson, Fr., Anderson
Kirk Saunders, So., Anderson
Leonard Wells, Jr., Anderson
Austin Trivett, Sr., Defiance
Chad Wertman, Sr., Earlham
Georard Mitchell, So., Franklin
Scott DeMoss, Sr., Hanover
Zeth Baker, So., Manchester
Eric Moreland, Jr., Manchester
Paul Bouagnon, Sr., Rose-Hulman
Derek Bischak, Sr., Rose-Hulman
Sutton Coleman, Jr., Rose-Hulman
Micah Aldrich, Jr., Rose-Hulman
Greg Larmore, So., Rose-Hulman
Jeremiah Edwards, Jr., Rose-Hulman
Michael Johnson, So., Rose-Hulman
Calvin Bueltel, Sr., Rose-Hulman
Tyler Hannan, So., Rose-Hulman
Brent Austgen, So., Rose-Hulman

Honorable Mention

(Athlete must accumulate 16 points at HCAC Championships)
Micquelle Burton, Fr., Mount

Most Outstanding Male Track Athlete: Paul Bouagnon, Rose-Hulman Institute of Technology

Most Outstanding Male Field Athlete: Georard Mitchell, Franklin College

Most Outstanding Freshman Male Athlete: Micquelle Burton, Mount

Coach of the Year: Larry Cole, Rose-Hulman Institute of Technology

FIELD

Week 1	Chad Wertman, Earlham College
Week 2	Chad Wertman, Earlham College
Week 3	No Award Given
Week 4	Tyler Anderson, Defiance College
Week 5	No Nominations
Week 6	No Award Given
Week 7	Austin Trivett, Defiance College
Week 8	Chad Wertman, Earlham College
Week 9	Georard Mitchell, Franklin College
Week 10	Greg Larmore, Rose-Hulman Institute of Technology
Week 11	Georard Mitchell, Franklin College
Week 12	Leonard Wells, Anderson University

HCAC Championship Mount Point Scorers

2010

100-meter dash: Michael Carter, 11.42, 8th place, 1 point.
4x100-meter relay: Ryan Downing, Michael Carter, Steve Gantzer, Derick Tabar, 46.39, 8th place, 1 point.
Shot put: Randall Mitchell, 49-05.50, 3rd place, 6 points.
Discus throw: Randall Mitchell, 155-05, 2nd place, 8 points.
Hammer Throw: Randall Mitchell, 165-07, 2nd place, 8 points; Michael Kidder, 149-06, 3rd place, 6 points

2009

100-meter dash: Scotty Mayes, 11.17, 3rd place, 6 points.
4x100-meter relay: Scotty Mayes, Derick Tabar, David Davis, Cory Hardin, 44.46, 6th place, 3 points.
4x400-meter relay: Seth Gilley, Ben Weidner, Zach Shaw, Jim Tritt, 3:41.13, 8th place, 1 point.
Pole Vault: Doug Meyer, 4.08m, 5th place, 4 points.
Triple Jump: Xavier Brison, 40-07.50, 6th place, 3 points.
Hammer Throw: Randall Mitchell, 171-05, 2nd place, 8 points.
Shot put: *Randall Mitchell, 48-05.25, 1st place, 10 points, Travis Blank, 44-02.75, 8th place, 1 point.
Javelin Throw: Ryan Averbeck, 162-11, 4th place, 5 points.
Discus throw: *Randall Mitchell, 161-11, 1st place, 10 points.
Long Jump: *Scotty Mayes, 22-06.50, 1st place, 10 points.

2008

100-meter dash: David Davis, 11.67, 8th place, 1 point
800-meter run: Ben Weidner, 1:59.34, 3rd place, 6 points
10,000-meter run: Jeff Schroer, 35:09.59, 8th place, 1 point
110-meter hurdles: Rayshawn Eastman, 16.37, 6th place, 3 points
400-meter hurdles: *Rayshawn Eastman, 54.33, 1st place, 10 points; James Pursley, 1:01.18, 8th place, 1 point
4x100-meter relay: Tyrone Jones, Tyler Lane, David Davis, Rayshawn Eastman, 44:71, 4th place, 5 points
4x400-meter relay: Ben Weidner, Rayshawn Eastman, James Pursley, Zach Shaw, 3:33.21, 6th place, 3 points
Long Jump: Tyrone Jones, 20-00.50, 4th place, 5 points
Triple Jump: Rayshawn Eastman, 43-05.25, 2nd place, 8 points
Shot put: *Randall Mitchell, 47-09.75, 1st place, 10 points; Ben Eisenmenger, 43-09.75, 7th place, 2 points
Discus throw: Randall Mitchell, 141-11, 3rd place, 6 points

2007

10,000-meter run: Jeffrey Schroer, 34:05.80, 5th place, 4 points
400-meter hurdles: James Pursley, 1:00.93, 8th place, 1 point
4x100-meter relay: John Barbour, Raheem Johnson, Josh Huffman, Bryan Sander, 46.29, 7th place, 2 points
4x400-meter relay: Raheem Johnson, Josh Huffman, James Pursley, Nick Runyan, 3:39.48, 7th place, 2 points
Shot put: *Randall Mitchell, 47-11.25, 1st place, 10 points

2006

4x100-meter relay: Jonathan Burrell, Alan McCoy, Jeff Williams, Rashon Lewis, 43.02, 2nd place, 8 points
100-meter dash: *Rashon Lewis, 10.78, 1st place, 10 points; Jeff Williams, 11.48, 6th place, 1 point
400-meter hurdles: Paul Brousseau, 1:00.60, 5th place, 2 points
High Jump: *Eric Long, 6-04.00, 1st place, 10 points; Andrew Ackerman 5-10.00, 5th place, 2 points
Pole Vault: Paul Brousseau, 12-00.00, 6th place, 1 point
Long Jump: Eric Long, 21-00.00, 2nd place, 8 points; Alan McCoy, 19-0.25, 4th place, 4 points; Andrew Ackerman, 18-08.00, 6th place, 1 point
Triple Jump: *Eric Long, 43-03.75, 1st place, 10 points
Shot put: Ross Parthemore, 40-08.25, 5th place, 2 points

2005

100-meter dash: *Rashon Lewis, 1.76, 1st place, 10 points
200-meter dash: *Rashon Lewis, 22.43, 1st place, 10 points
110-meter hurdles: Paul Brousseau, 16.5, 4th place, 4 points
4x100-meter relay: *Jeff Williams, Jonathan Burrell, Paul Brousseau, Rashon Lewis, 43.28, 1st place, 10 points
Pole Vault: Paul Brousseau, 12-05.50, 5th place, 2 points
Long Jump: Alan McCoy, 19-25.25, 6th place, 1 point
High Jump: Andrew Ackerman, 5-10, t-6th place, .5 points
Javelin Throw: Ian Klein, 166-07, 2nd place, 8 points
Shot put: Ian Klein, 41-02.25, 6th place, 1 point

2004

200-meter dash: Don Haggard, 24.18, 6th place, 1 point
800-meter run: Kurtis Smith, 1:58.05, 2nd place, 8 points
High Jump: Don Haggard, 5-06.00, 4th place, 4 points
**Participant/s named All-Conference by virtue of placing first.*

Mount Past HCAC Championship Results

Season	School Champion	Mount Finish
2004	Anderson	Tied, Sixth place
2005	Anderson	Sixth place
2006	Anderson	Fifth place
2007	Rose-Hulman	Sixth place
2008	Rose-Hulman	Sixth place
2009	Rose-Hulman	Seventh place
2010	Rose-Hulman	Eighth place

Mount Individual Records

INDOOR

55-meter Dash

Akiel Belfon, 6.51, 2011

60-meter Dash

Dan Dripps, 7.15, 2010

200-meter Dash

Micquelle Burton, 23.27, 2011

300-meter Dash

Don Haggard, 39.76, 2004

400-meter Dash

Micquelle Burton, 49.84, 2011

500-meter Run

Micquelle Burton, 1:08.67, 2011

800-meter Run

Ben Weidner, 1:59.82, 2008

1000-meter Run

Jeff Schroer, 2:51.28, 2008

1500-meter Run

Kurtis Smith, 4:13.89, 2004

1600-meter Run

Jeffrey Schroer, 4:49.98, 2007

3000-meter Run

Jeffrey Schroer, 9:32.93, 2007

5000-meter Run

Jeff Schroer, 16:33.50, 2009

1 mile Run

Ben Weidner, 4:37.34, 2008

55-meter Hurdles

Rayshawn Eastman, 8:13, 2007

60-meter Hurdles

Casey Gilmour, 9.58, 2010

High Jump

Ray Claytor, 6-04.00, 2011

Long Jump

Kameron Knight, 21-11.0, 2011

Triple Jump

Eric Long, 42-11.50, 2006

Shot Put

Randall Mitchell, 52-02.00, 2009

Pole Vault

Paul Brousseau, 12-00.00, 2005

Weight Throw

Randall Mitchell, 60-11.25, 2011

4x200-meter Relay

Akiel Belfon, Micquelle Burton, Kameron Knight, Michael Carter, 1:32.08, 2011

4x400-meter Relay

Kameron Knight, Michael Carter, Micquelle Burton, Colton Chicketti, 3:39.14, 2011

4000-meter Medley

Ben Weidner, Zach Shaw, Alex Shields, Jeff Schroer, 11:25.78*, 2008

Pentathlon

Casey Gilmour, 2.265 points, 2011

OUTDOOR

100-meter Dash

Rashon Lewis, 10.60, 2006

200-meter Dash

Rashon Lewis, 22.43, 2005

400-meter Dash

Micquelle Burton, 48.89, 2011

800-meter Run

Kurtis Smith, 1:58.05, 2004

1500-meter Run

Kurtis Smith, 4:08.04, 2004

5000-meter Run

Jeff Schroer, 16:15.87, 2008

10000-meter Run

Jeff Schroer, 34:05.80, 2007

High Jump

Eric Long, 6-04.00, 2006

Long Jump

Scotty Mayes, 22-06.50, 2009

Triple Jump

Rayshawn Eastman, 43-05.25, 2008

Pole Vault

Doug Meyer, 13-04.50, 2009

Shot Put

Randall Mitchell, 50-08.25, 2009

Discus Throw

Randall Mitchell, 161-11.00, 2009

Hammer Throw

Randall Mitchell, 171-05.00, 2009

Javelin Throw

Ryan Averbeck, 174-08.00, 2009

100-meter Hurdles

Casey Gilmour, 17.25, 2011

110-meter Hurdles

Rayshawn Eastman, 16.02, 2008

400-meter Hurdles

Rayshawn Eastman, 54.10, 2008

3000-meter Steeplechase

Ben Weidner, 10:45.63, 2008

4x100-meter Relay

Akiel Belfon, David Jagel, Michael Carter, Micquelle Burton, 42.31, 2011

4x200-meter Relay

Alan McCoy, Jason Drenghler, Joe Campolongo, Paul Brousseau, 1:40.59, 2005

4x400-meter Relay

Ben Weidner, Rayshawn Eastman, James Pursley, Zach Shaw, 3:33.11, 2008

1600 sprint Medley

Don Haggard, Paul Brousseau, Jason Drenghler, Joe Grace, 3:51.68, 2005

Distance Medley

Dan Hammergren, Alan McCoy, Joe Campolongo, Bob Hammergren, 13:09.38, 2005



Mount sophomore Ray Claytor is back in 2012 after setting the College's indoor high jump mark in 2011.



WOMEN'S TRACK & FIELD / 2012

2012 Schedule

Date	Opponent	Location	Time
12/10	Capital University Invitational	Columbus, OH	11:00AM
1/28	Rose-Hulman Institute of Technology Invitational	Terre Haute, IN	6:00PM
2/3	Marietta College Invitational	Marietta, OH	4:30PM
2/10	Baldwin-Wallace College Invitational (Non, All-Ohio Qualifiers)	Berea, OH	5:00PM
2/11	All-Ohio Championships (Otterbein University)	Westerville, OH	12:00PM
2/18	HCAC Championship (at Rose-Hulman)	Terre Haute, IN	1:00PM
2/25	Anderson University Invitational	Anderson, IN	3:00PM
3/3	University of Mount Union Last Chance Meet	Alliance, OH	TBA
3/9-3/10	NCAA Division III National	Grinnell, IA	12:30PM

OUTDOOR

Date	Opponent	Location	Time
3/17	University of Cincinnati Early Bird Relays	Cincinnati, OH	TBA
3/23	College of Mount St. Joseph Invitational	Cincinnati, OH	12:00PM
3/31	Hanover College Invitational	Hanover, IN	12:00PM
4/5	Anderson University Invitational	Anderson, IN	4:00PM
4/14	All-Ohio Championships (Ohio Wesleyan University)	Delaware, OH	TBA
4/21	Wilmington College Invitational	Wilmington, OH	12:00PM
4/27-4/28	HCAC Championship (at Franklin)	Franklin, IN	3:30PM/10:00AM
5/4	Ohio University Open	Athens, OH	2:00PM
5/11	University of Louisville Cardinal Classic	Louisville, KY	TBA
5/17-5/18	North Central College Last Chance Meet	Naperville, IL	TBA
5/25-5/26	NCAA Division III National	Claremont, CA	TBA

2012 Roster

Name	Event	Class	Hometown (High School)
Catie Adams	Throws	So.	Cincinnati, OH (Seton)
Melissa Baugh	Throws	Sr.	Bright, IN (East Central)
Lesley Bishop	Throws	So.	Covington, KY (Holmes)
Brittany Bowman	Throws	Jr.	Hamilton, OH (Ross)
Samantha Buschle	Sprints/Jumps	So.	Cincinnati, OH (Mercy)
Jasmine Cain	Sprints	Fr.	Florence, KY (Boone County)
Gina Carmosino	Sprints	So.	Cincinnati, OH (Mercy)
Brandy Deaton	Jumps	Fr.	Burlington, KY (Cooper)
Samantha Greco	Sprints	So.	Cincinnati, OH (Colerain)
Katie Jauch	Sprints	So.	Cincinnati, OH (Mercy)
Sarah Kennedy	Distance	Fr.	Harrison, OH (Harrison)
Ayesha Kimbrough	Sprints	Jr.	Middletown, OH (Middletown)
Angela Memory	Distance	So.	Cincinnati, OH (Oak Hills)
Leslie Newman	Sprints	Fr.	Springfield, OH (Northeastern)
Kate Odenbeck	Distance/Javelin	Jr.	Cincinnati, OH (Mercy)
Cyreesa Raber	Distance	Jr.	West Chester, OH (Lakota East)
Dolores Santillan	Mid-Distance/Throws/Jumps	Fr.	Chicago, IL (Lane Tech College Prep)
Kelsey Schneider	Distance/Javelin	Sr.	Fairfield, OH (Fairfield)
Bailey Schnurr	Distance	So.	Sunbury, OH (Big Walnut)
Kelleen Scott	Distance	So.	Newark, OH (Newark Catholic)
Kristen Seminara	Sprints	Fr.	Cincinnati, OH (McAuley)
Jenna Shull	Distance	Jr.	Springfield, OH (Northeastern)
Margaret Whitmore	Distance	Fr.	Cleveland, OH (Beaumont)
Emily Wohlfrom	Mid-Distance	Fr.	Cincinnati, OH (Oak Hills)

2012 Season Outlook

The Lions' women's track & field team enters its ninth year of competition this coming season and will be under the direction of first-year Head Coach Tina Blakley. Blakley, a Mount assistant for the past three seasons, will be assisted on the coaching ranks by Jamie Eastham, a fourth year assistant who will direct the team's throwers and jumpers. The Lions will look to improve on last season's seventh place HCAC Championship finish.

Keeping the team focused and moving forward is one of Coach Blakley's many goals for this season. Keeping the team focused will help them to achieve their goals by working together as a team to overcome the hurdles in their path. Blakley wants to see the team be very committed.

"The girls have to be very committed to goals in order to achieve them," says Blakley.

To achieve Coach Blakley's goal of finishing in the top five of the HCAC and see everyone achieve personal best results in their respective events, the team will have to overcome weaknesses. Blakley mentioned that the team needs to remember that they are college athletes.

"When in competition with all divisions, college athletes have to have discipline in order to win their event," says Blakley.

Helping the team overcome its weakness by maintaining discipline and the appropriate mindset is the team's strength of high team morale. Blakley mentioned that the team is good about rallying around and encouraging one another.

"They spend lots of time together," Blakley adds. "Throwers are always cheering on the runners and the runners support the throwers. It shows good camaraderie."

Athletes to watch for the Lions this season include Angela Memory, Jasmine Cain, Kristen Seminara, and Emily Wohlfrom. Memory is expected to be the top distance runner for the Mount. Memory owns the Mount's women's cross country team record for best 6K regional time at 25:35, which she turned in this past fall. Cain, Seminara, and Wohlfrom are all freshman that are expected to be key contributors this season. Cain and Seminara will primarily be focusing on sprinting for the Lions while Wohlfrom will provide her talents in mid-distance races.

"They all bring passion to the track," says Blakley. "They have stepped up their game and are taking the track & field sprint program to the next level."

Important meets for the Lions this winter and spring include the All-Ohio meets, HCAC Championships, MSJ Invitational, Wilmington College Invitational, and the Ohio University and University of Louisville meets. Blakley is most excited for the MSJ Invitational because it gives the program an opportunity to showcase its athletes on their home turf.

"It's a great opportunity for us to show teams what we're made of – from a competitive level and as hosts," adds Blakley.

The Ohio University and University of Louisville meets are new meets for the Mount, so Blakley is excited for the program to have the opportunity to experience new meets with unfamiliar teams.

"We want to focus on being cohesive and on our team morale. Those two things will create a stronger team from a mental and physical perspective. This team can get through any obstacle if it works together."

2012 Coaching Staff



HEAD COACH TINA BLAKLEY

Tina Blakley returns in 2011-2012 for her fourth season at the Mount, and her first season as the College's head track & field coach, after spending the past three seasons as an assistant coach. Blakley also has been the Lions' men's and women's cross country team assistant coach for the past four years, and will take over the head coaching duties with that sport next fall. She is an AFAA certified personal trainer and has helped direct many individual athletes and teams improve their performance through strength training programs. In addition, she has worked in the fitness industry for over a dozen years and has a versatile training background.

Coach Blakley's personal interests involve training and competing in multi-discipline endurance races, such as 12+ hour adventure races, long distance running, cycling relay races, and half marathons. She is passionate about helping athletes achieve their personal goals and advance in their particular sport by increasing their awareness through cross training and strength training as well as injury prevention.

Blakley, a graduate of Purcell Marian High School, has also completed college courses at the Mount. She resides in Bright, Ind., with her family.



ASSISTANT COACH JAMIE EASTHAM

Jamie Eastham returns for her fourth season in 2011-2012 as the Throws Coach for the College of Mount St. Joseph Men's and Women's Track & Field teams. During her coaching tenure, Eastham has coached national qualifiers in the indoor shot put and weight throw, outdoor shot put, discus, and hammer throw. Also, her throwers have broken 11 school records.

The Princeton High School graduate (2000) received her Bachelor of Liberal Arts in Physical and Health Education degree from Muskingum College (2005), where she was a four-year member of the school's track & field team. While at Muskingum, Eastham shattered Muskingum's shot put record, was a seven-time national qualifier in the shot put and was a two-time All American in that event. She was the first female indoor All-American in the school's history. In addition, after nearly a decade she still holds the Princeton High School record in the discus throw.

While at Princeton, she was also a member of the school's wrestling team and Brotherhood of Pride women's club wrestling team. She is a former high school girls' wrestling All-American and women's state champion in that sport. Eastham was inducted into the girls' Wrestling Hall of Fame shortly after graduating high school.

Eastham, who is CPR and first aid certified, is currently employed at Bethesda North Hospital as a Level Three Registrar. She currently resides in Middletown, Ohio.

2012 Returning Athletes' Profiles



CATIE ADAMS

Throws

Sophomore

Major: Business Administration

Hometown (High School): Cincinnati, OH (Seton)

Adams returns for her second season with the Mount. She competed in the indoor shot put and the indoor

weight throw last season for the Lions, where she turned in the team's second-best mark in each event. In addition, Adams had the team's best mark in the outdoor hammer throw, and she competed in the following outdoor events: the shot put, the discus throw and the javelin throw, last season. For 2012, Adams is expected to concentrate on the indoor and outdoor shot put, indoor weight throw and hammer throw this year. Assistant Coach Jamie Eastham calls Adams a very hard worker, who will be chasing after the school record in those events. Eastham adds that if Adams stays healthy, she should score in the indoor and outdoor conference meet in each event she competes in. Catie is the daughter of Mary and Frank Adams.



MELISSA BAUGH

Throws

Senior

Major: Business Administration

Hometown (High School): Bright, IN (East Central)

Baugh returns for her third season with the Mount. She competed in the outdoor javelin throw last spring for the Lions, turning in the team's second-best distance

in that event, scoring points in the HCAC Championship meet. Assistant Coach Jamie Eastham calls Baugh a fierce competitor who always has a positive attitude. Baugh could challenge for a top-five score at the conference meet this season and make a run at the Mount record book in the javelin throw. Melissa, a Mount cheerleader, is the daughter of Terry and David Baugh.



BRITTANY BOWMAN

Throws

Junior

Major: Inclusive Early Childhood Education

Hometown (High School): Hamilton, OH (Ross)

Bowman returns for her third season with the Mount. She competed in the indoor shot put and also the

outdoor discus throw and javelin throw events. Bowman is expected to compete in both of those events again this year. Assistant Coach Jamie Eastham says that Bowman always has a positive attitude and, if she can participate in more meets, she will be a contender in the javelin title for outdoor conference meet. Bowman, is also a cheerleader and plays on the soccer team at the College, is the daughter of Misty and Kevin Johnson.



SAMANTHA BUSCHLE

Sprints/Jumps

Sophomore

Major: English

Hometown (High School): Cincinnati, OH (Mercy)

Buschle returns for her second season with the Mount. She was active in five indoor events last season: the

55m dash, 60m dash, 200m dash, the long jump and the 4x200 meter relay; and four events in the outdoor campaign, the 100m dash, 200m dash, long jump and the 4x100 meter relay. Head Coach Tina Blakley says that Buschle is a dedicated member of the team and that through hard work and commitment continues to show improvement in all of her events. Samantha is the daughter of Noel and Craig Buschle.



KATIE JAUCH

Sprints

Sophomore

Major: Inclusive Early Childhood Education

Hometown (High School): Cincinnati, OH (Mercy)

Jauch returns for her second season with the Mount.

She raced in the 60m and 200m meter dash events

for the Lions during last season's indoor portion of the schedule. Head Coach Tina Blakley says that Jauch exhibits a lot of determination and is constantly striving to get faster and stronger. She adds that the team expects Jauch to be a driving force for the team this season. Jauch is also a member of the Mount's soccer team. Katie is the daughter of Cindy and Ken Jauch.



AYESHA KIMBROUGH

Sprints

Junior

Major: Inclusive Early Childhood Education

Hometown (High School): Middletown, OH (Middletown)

Kimbrough returns for her third season with the

Mount. She raced in the 55m and 60m dash events during the indoor season last year for the Lions; and was on the team's 4x100 meter relay for the outdoor season, turning in a third place finish in that event in the conference meet. Kimbrough, who struggled with an injury last season, has been rehabilitating over the past few months and is prepared to have a strong outdoor season in 2012. Ayesha is the daughter of Heather and Jerome Kimbrough.



KATE ODENBECK

Distance/Javelin

Junior

Major: Athletic Training

Hometown (High School): Cincinnati, OH (Mercy)

Odenbeck returns for her second season with the Mount.

She competed in the indoor 800m run and 1 mile run

events last season, in addition to the outdoor javelin throw, 800m run and 1500m run competition. Odenbeck had the Lions second-best time in the outdoor 800m run in 2011. She figures to add the discus throw and shot put to her events this year. Assistant Coach Jamie Eastham says that Odenbeck is easily coached and her positive attitude is contagious to those around her. Eastham adds the Odenbeck could be a surprise in the conference this season in the javelin and discus events, possibly scoring in each. Kate is the daughter of Lisa and Ronald Odenbeck.

**CYREESA RABER****Distance****Junior****Major: Nursing****Hometown (High School): West Chester, OH (Lakota East)**

Raber returns for her second season with the Mount. She competed in the 1000m run and the 1 mile run events during the 2010-11 indoor season for the Lions. Head Coach Tina Blakley says that Raber continues to thrive academically, as well as athletically, and that her teammates respect her for her ability to motivate the team. Cyreesa, a member of the Mount's cross country team, is the daughter of Tracey and Jeff Raber.

**KELSEY SCHNEIDER****Distance/Javelin****Senior****Major: Athletic Training****Hometown (High School): Fairfield, OH (Fairfield)**

Schneider returns for her second season with the Mount. She raced in the 800m run, 1000m run, the 1 mile run, and the distance medley, during the outdoor season last winter; and then saw action in three outdoor events, the javelin throw, the 800m run and the 1500m run, where she placed second on the team during the spring. Head Coach Tina Blakley says that Schneider, who is very driven and exhibits a strong work ethic, has been a pleasure to coach. Blakley adds that Schneider is committed to training and this season will give her the opportunity to continue to make improvements in her events. Kelsey runs for the Lions' cross country team. She is the daughter of the Tricia Branson and Joseph Schneider.

**BAILEY SCHNURR****Distance****Sophomore****Major: Nursing****Hometown (High School): Sunbury, OH (Big Walnut)**

Schnurr returns for her second season with the Mount. She competed in five indoor events last season (the 800m run, 1000m run, 1 mile run, 3000m run and the distance medley) and the two outdoor events in the spring (the 800m run and the 5000m run, turning in the team's second-best mark in the latter event. Head Coach Tina Blakley says that Schnurr is very competitive and exhibits strong leadership qualities. In addition, she also is a member of the Mount's cross country team. Bailey is the daughter of Jenny and Tom Schnurr.

**KELLEEN SCOTT****Distance****Sophomore****Major: Athletic Training****Hometown (High School): Newark, OH (Newark Catholic)**

Scott returns for her second season with the Mount. She raced in four events last season during the indoor portion of the year, turning in the team's top mark in the 1000m run and the 1 mile run, as well as being on the distance medley team and racing in the 800m run event. Scott competed in the 800m run and 5000m run competitions during the outdoor season in 2011. Head Coach Tina Blakley says that Scott really thrives in the 800m event and the team anticipates that the sophomore runner will not only run her fastest time in that event this season, but due to her competitive nature, she will perform well in all of her events. Scott, who also runs for the Lions' cross country team, is the daughter of Karen and David Scott.

**JENNA SHULL****Distance****Junior****Major: Inclusive Early Childhood Education****Hometown (High School) Springfield, OH (Northeastern)**

Shull returns for her third season with the Mount. She competed in two indoor events (the 1 mile run and the 5000m run) and two outdoor events (the 1500m run and the 5000m run) last year for the Lions. Head Coach Tina Blakley says that Shull gives a tremendous amount of effort towards her events and that the Mount coaching staff expects to see their junior athlete set a school record in the 1 mile run this year. Shull is also a Mount cheerleader and is on the College's soccer team. Jenna is the daughter of Mary and Jim Shull.

2011 Results

INDOOR

Date	Opponent	Location	Result
1/15	Rev. Mike Hout Invitational (Capital University)	Columbus, OH	Fifth place
1/22	Otterbein College Invitational	Westerville, OH	Eighth place
1/29	Rose-Hulman Institute of Technology Invitational	Terre Haute, IN	12th place
2/11	Capital University Invitational	Columbus, OH	11th place
2/19	HCAC Indoor Championship (Anderson University)	Anderson, IN	Seventh place
2/26	Anderson University Invitational	Anderson, IN	Eighth place
3/5	University of Mount Union Last Chance Meet	Alliance, OH	No team scores

OUTDOOR

Date	Opponent	Location	Result
3/19	Early Bird Relays (University of Cincinnati)	Cincinnati, OH	12th place
3/25	College of Mount St. Joseph Invitational	Cincinnati, OH	First place
4/2	DePauw University Invitational	Greencastle, IN	12th place
4/8-4/9	Miami University Invitational	Oxford, OH	No team score
4/16	All-Ohio Championships (Ohio Wesleyan University)	Delaware, OH	19th place
4/22	Wilmington College Invitational	Wilmington, OH	Seventh place
4/29-4/30	HCAC Outdoor Championships (Hanover College)	Hanover, IN	Seventh place
5/6	Billy Hayes Invitational (Indiana University)	Bloomington, IN	No team scores
5/19-5/20	North Central College Last Chance Meet	Naperville, IL	No team scores

Home meets in bold.

The Mount in the HCAC

The Lions enter their ninth season of action in the Heartland Collegiate Athletic Conference.

Katie Nickoli, Alison Reid and Christine Kirchner, who each ran for the Mount's cross country team in the fall of 2003, all ran well for the Lions in the 2004 HCAC meet. Nickoli took sixth place in the 1500-meter run while Reid recorded her best time in the 100 hurdles, 21.18, finishing seventh in the event. She also recorded a seventh place finish in the 3000 steeplechase. Kirchner also ran in the 3000 steeplechase, finishing second. All three runners, along with teammate Jill Kretchmer, helped the Mount record a seventh place finish in the 4x400 relay.

The 2004 team placed seventh in the team standings, as Jessica Biedenbender and Kirchner turned in solid efforts. Biedenbender claimed first place in the long jump and triple jump and was on the Mount's fifth place 4x400 relay team. Kirchner was second in the steeplechase.

In 2005, the Lions finished fifth in the HCAC Championship. Biedenbender was the Mount's only All-HCAC performer, winning both the long jump and the triple jump. Kirchner took a second place finish in the 3000 steeple chase, recording a time of 12:40.89.

In 2006, the Mount finished seventh in the HCAC Championship. Lauren Tauber was the only All-HCAC performer, logging a distance of 111 feet, 5 inches in the hammer throw. Kirchner took second place for the second year in a row in the 3000 steeplechase, recording a time of 12:30.86.

The Lions improved to sixth place in the 2007 HCAC Championship, as Emily Babel helped lead the way. Babel was first in the 400 dash, second in the 200 dash and on the Mount's 4x400-meter relay team that recorded a fourth place finish, enabling the Mount to garner 23 points in those three events. Babel was named All-Conference and Most Outstanding Freshman Athlete for her efforts. Gina Damman also had a solid HCAC Championship meet, placing fifth in the 800 run and running on the team's 4x400 relay. Nikki Blaize was fourth in the high jump.

The Mount had another sixth place finish at the 2008 HCAC Championship, with Chelsea Tebbe, 400-meter run; and Maria Ruebusch, triple jump, leading the way with second place finishes. Kassie Koch, 10,000-meter run, Ruebusch, long jump, Kristin George, javelin throw, and the Lions 4x400-meter relay team all placed third.

The 2009 HCAC Championship saw the Lions finish in sixth place again in the team standings, just nine points behind number five Rose-Hulman. The Mount's 4x100-meter relay team of Abby Modras, Kristin George, Emily Babel, and Lauren Hastings placed first and each runner was named All-Conference. Hastings was also first in the long jump while the Mount did well in the sprint events, too. Babel was second in the 200-meter dash and third in the 100-meter dash, while Modras was second in the 400-meter dash.

The Mount had a best-ever 2010 HCAC Championship finish, placing fourth in the team standings. They won five events, including four individual events. Lauren Hastings was first in the long jump and triple jump, was named All-HCAC, and the Most Outstanding Field Athlete. Katie Jerek captured first place in the 100 and 200 meter races, was named All-HCAC due to her first place efforts, and was named Co-Most Outstanding Freshman Athlete. The Lions 4x100m relay team placed first. That group included Jerek, Kristin George, Emily Babel, Maddie Hirsch, all named All-HCAC. Hirsch, Abbey Modras, Emily Babel, and Jerek were on the Mount's runner-up 4x400m relay team. Hirsch was also in the top five in two events (100m dash, 100m hurdles) while Modras was third in the 400m dash.

The Lions took seventh place in 2011 at the HCAC Championship. The Mount recorded 34 points; 21 points from running events, three points from jumping events and 10 points from throwing events. Katie Jerek led the way for the Lions generating 10 points from the 100-meter and 200-meter dashes. Jerek took third place in the 100-meter dash and fifth in the 200-meter dash. Teammate Maddie Hirsch finished fourth in the 100-meter dash, and the Mount's 4x100-meter relay team placed third. Sarah Moderbacher and

Samantha Buschle recorded points for the Lions in their jumping events. Moderbacher took eighth place in the high jump and Buschle took seventh in the long jump. The Mount's second-highest point getter was Kenna Sheehan. Sheehan recorded eight points in the discus event and shot put

throw. Sheehan placed third in the discus throw and seventh in the shot put. The final two points came from Melissa Baugh's seventh place finish in the javelin throw.

2011 HCAC Championship (OUTDOOR SEASON)

Team Standings	Points
1) Hanover	142
2) Defiance	125
3) Franklin	122
4) Manchester	115
5) Rose-Hulman	102
6) Anderson	73
7) Mount	34
8) Earlham	29
9) Bluffton	23
10) Transylvania	14

2011 All-Conference

(Event Winners)

Alex Friske, Fr., Anderson
 Candace DeLong, Jr., Anderson
 Emily Radke, Fr., Anderson
 Megan Neal, Jr., Bluffton
 Kim Bingley, Fr., Defiance
 Natasha Norman, So., Earlham
 Heather Waterman, Sr., Franklin
 Jane Burnell, Fr., Hanover
 Lexi Vincz, So., Hanover
 Julie Miller, So., Hanover
 Shawna McLetchie, Sr., Hanover
 Jessica Bremer, Sr., Manchester
 Emily Ballinger, Sr., Manchester
 Liz Evans, So., Rose-Hulman
 Gloria Boxell, So., Rose-Hulman
 Erin Cox, Fr., Rose-Hulman
 Abby Sowers, So., Rose-Hulman

Honorable Mention

(Athlete must accumulate 16 points at HCAC Championships)

Kaitlin Switzer, Sr., Defiance
 Kerri Kinker, So., Franklin
 Brianne Steppe, So., Franklin
 Amanda Owen, So., Franklin
 Megan Miller, Sr., Manchester
 Creasy Clauser, So., Rose-Hulman

Most Outstanding Female Track Athlete: Heather Waterman, Franklin College

Most Outstanding Female Field Athlete: Liz Evans, Rose-Hulman Institute of Technology

Most Outstanding Freshman Female Athlete: Jane Burnell, Hanover College

Coach of the Year: Josh Payne, Hanover College

2011 HCAC Championship Mount Point Scorers

100 meter dash: Katie Jerek, 13.46, 3rd place, 6 points; Maddie Hirsch, 13.55, 4th place, 5 points.

200 meter dash: Katie Jerek, 27.68, 5th place, 4 points.

4x100 meter relay: Samantha Buschle, Katie Jerek, Ayesha Kimbrough, Maddie Hirsch, 52.18, 3rd place, 6 points.

High jump: Sarah Moderbacher, 4-09.75, 8th place, 1 point.

Long jump: Samantha Buschle, 14-07.75, 7th place, 2 points.

Shot put: Kenna Sheehan, 33-04.75, 7th place, 2 points.

Discus throw: Kenna Sheehan, 119-08, 3rd place, 6 points.

Javelin throw: Melissa Baugh, 92-03, 7th place, 2 points

2011 HCAC Athletes of the Week

TRACK

Week 1	Creasy Clauser, Rose-Hulman Institute of Technology
Week 2	Jessi Bremer, Manchester College
Week 3	No Award Given
Week 4	Kerri Kinker, Franklin College
Week 5	Heather Waterman, Franklin College Jessi Bremer, Manchester College
Week 6	No Award Given
Week 7	Marlea Rolander, Defiance College
Week 8	Gloria Boxell, Rose-Hulman Institute of Technology
Week 9	Heather Waterman, Franklin College
Week 10	Heather Waterman, Franklin College
Week 11	Jane Burnell, Hanover College
Week 12	Creasy Clauser, Rose-Hulman Institute of Technology

FIELD

Week 1	Liz Evans, Rose-Hulman Institute of Technology
Week 2	Liz Evans, Rose-Hulman Institute of Technology
Week 3	No Award Given
Week 4	Ramona Hemmings, Earlham College
Week 5	Liz Evans, Rose-Hulman Institute of Technology
Week 6	No Award Given
Week 7	Liz Evans, Rose-Hulman Institute of Technology
Week 8	Lucy Wright, Transylvania University
Week 9	Liz Evans, Rose-Hulman Institute of Technology
Week 10	Liz Evans, Rose-Hulman Institute of Technology
Week 11	Kim Bingley, Defiance College
Week 12	Liz Evans, Rose-Hulman Institute of Technology

HCAC Championship Mount Point Scorers

2010

100-meter dash: *Katie Jerek, 1st place, 13.19, 10 points; Kristin George, 4th place, 13.69, 5 points; Maddie Hirsch, 5th place, 13.81, 4 points.

200-meter dash: *Katie Jerek, 1st place, 26.49, 10 points, Kristin George, 4th place, 28.08, 5 points.

400-meter dash: Abbey Modras, 3rd place, 1:02.34, 6 points.

800-meter run: Abbey Modras, 7th place, 2:35.64, 2 points.

100-meter hurdles: Maddie Hirsch, 4th place, 16.41, 5 points.

4x100-meter relay: *Katie Jerek, Kristin George, Emily Babel, Maddie Hirsch, 1st place, 50.39, 10 points.

4x400-meter relay: Maddie Hirsch, Abbey Modras, Emily Babel, Katie Jerek, 2nd place, 4:09.64, 8 points.

Pole Vault: Emily Rutschilling, 5th place, 8-06.00, 3.5 points.

Long Jump: Lauren Hastings, 1st place, 16-09.25, 10 points; Kristin George, 2nd place, 16-06.50, 8 points; Maria Ruebusch, 7th place, 14-09.75, 2 points.

Triple Jump: Lauren Hastings, 1st place, 36-08.50, 10 points; Kristin George, 5th place, 33-07.25, 4 points; Maria Ruebusch, 7th place, 32-03.75, 2 points.

Javelin Throw: Maria Ruebusch, 4th place, 101-10, 5 points; Kristin George, 8th place, 96-11, 1 point.

2009

100-meter dash: Emily Babel, 13.24, 3rd place, 6 points, Kristin George, 13.34, 4th place, 5 points

200-meter dash: Emily Babel, 26.84, 2nd place, 8 points, Abby Modras, 27.45, 7th place, 2 points, Kristin George, 28.10, 8th place, 1 point

400-meter dash: Abby Modras, 1:02.24, 2nd place, 8 points

4x100-meter relay: *Abbey Modras, Kristin George, Emily Babel, Lauren Hastings, 52.11, 1st place, 10 points

4x400-meter relay: Amanda Smith, Abbey Modras, Emily Babel, Maria Ruebusch, 4:24.06, 5th place, 4 points

Triple Jump: Lauren Hastings, 33-10.00, 3rd place, 6 points, Maria Ruebusch, 32-07.75, 6th place, 3 points, Kristin George, 31-11.50, 8th place, 1 point

Javelin Throw: Kristin George, 102-05, 5th place, 4 points

Long Jump: *Lauren Hastings, 17-06.25, 1st place, 10 points, Kristin George, 15-11.75, 6th place, 3 points, Maria Ruebusch, 15-11.00, 8th place, 1 point

2008

100-meter dash: Emily Babel, 13.34, 6th place, 3 points

200-meter dash: Emily Babel, 27.54, 4th place, 5 points

400-meter dash: Chelsea Tebbe, 1:01.74, 2nd place, 8 points

10000-meter run: Kassie Koch, 44:08.98, 3rd place, 6 points

100-meter hurdles: Meredith Tobias, 17.19, 4th place, 5 points

4x100-meter relay: Kristin George, Shannon Nortman, Emily Babel, Beth Schuermann, 52:94, 4th place, 5 points

4x400-meter relay: Chelsea Tebbe, Emily Babel, Shannon Nortman, Gina Damman, 4:18.92, 3rd place, 6 points

High Jump: Emily Babel, 4-09.00, 4th place, 5 points

Long Jump: Maria Ruebusch, 15-08.75, 3rd place, 6 points

Triple Jump: Maria Ruebusch, 33-03.00, 5 points; 5th place, Kristin George, 32-02.25, 2nd place, 8 points

Javelin Throw: Kristin George, 95-10, 3rd place, 6 points

2007

200-meter dash: Emily Babel, 26.61, 2nd place, 8 points

400-meter dash: *Emily Babel, 1:00.30, 1st place, 10 points

800-meter run: Gina Damman, 2:29.42, 5th place, 4 points

1000-meter run: Kassie Koch, 42:25.09, 6th place, 3 points

4x100-meter relay: Amanda Smith, Kristin George, Nikki Blaize, Erica Perry, 55.38, 4th place, 5 points

4x400-meter relay: Emily Babel, Gina Damman, Amanda Smith, Erica Perry, 4:26.88, 4th place, 5 points

High Jump: Nikki Blaize, 4-11.25, 4th place, 5 points

Triple Jump: Kristin George, 30-11.75, 7th place, 2 points

Javelin Throw: Karen Schumacher, 82-08, 6th place, 3 points

2006

4x100-meter relay: Gina Damman, Sara Judson, Amanda Bartuch, Lauren Rachford, 55:25, 6th place, 1 point

3000-meter steeplechase: Christine Kirchner, 12:30:86, 2nd place, 8 points

Hammer Throw: *Lauren Tauber, 111-05. 1st place, 10 points

2005

400-meter hurdles: Jill Kretchmer, 1:17.62, 6th place, 1 point

3000-meter steeplechase: Christine Kirchner, 12:40.89, 2nd place, 8 points; Alison Reid, 12:57.77, 3rd place, 6 points

4x100-meter relay: Jill Hyland, Katie Henlein, Loran Carroll, Heather Wissel, 53.19, 5th place, 2 points

4x400-meter relay: Loran Carroll, Katie Henlein, Catherine Hulefeld, Jessica Biedenbender, 4:23.55, 5th place, 2 points

Long Jump: *Jessica Biedenbender, 15-11.50, 1st place, 10 points

Triple Jump: *Jessica Biedenbender, 34-06.75, 1st place, 10 points

High Jump: Catherine Hulefeld, 4-06, 5th place, 2 points

Pole Vault: Jill Hyland, 8-06.25, 3rd place, 6 points

2004

1500-meter run: Katie Nickoli, 5:20.52, 6th place, 1 point

3000-meter steeplechase: Christine Kirchner, 12:33.65, 2nd place, 8 points

4x100-meter relay: Carolyn McGuire, Anne Starkey, Bonnie Valerius, Jill Kretchmer, 1:02.84, 6th place, 1 point

**Participant/s named All-Conference by virtue of placing first.*

Mount Past HCAC Championship Results

Season	School Champion	Mount Finish
2004	Bluffton	Seventh place
2005	Anderson	Fifth place
2006	Anderson	Seventh place
2007	Anderson	Sixth place
2008	Anderson	Sixth place
2009	Manchester	Sixth place
2010	Franklin	Fourth place

Mount Individual Records

INDOOR

55-meter Dash

Katie Jerek, 7.71, 2010

60-meter Dash

Ayesha Kimbrough, 8.73, 2010

200-meter Dash

Katie Jerek, 28.89, 2011

300-meter Dash

Emily Babel, 47:03, 2007

400-meter Dash

Abby Modras, 1:03.05, 2010

800-meter Run

Gina Damman, 2:27.45, 2008

1000-meter Run

Gina Damman, 3:16.30, 2008

1500-meter Run

Christine Kirchner, 5:18.14, 2004

1600-meter Run

Christine Kirchner, 5:57.37, 2004

3000-meter Run

Kassie Koch, 11:45.57, 2008

5000-meter Run

Kassie Koch, 20:06.74, 2008

1 mile Run

Kassie Koch, 5:57:90, 2008

Pole Vault

Jill Hyland, 8-00.50, 2006

55-meter Hurdles

Maddie Hirsch, 9.15, 2010

60-meter Hurdles

Maddie Hirsch, 9.99, 2010

High Jump

Sarah Moderbacher, 4-10.25, 2011

Long Jump

Lauren Hastings, 17-01.25, 2009

Triple Jump

Lauren Hastings, 34-04.75, 2010

Shot Put

Kenna Sheehan, 34-01.25, 2011

Weight Throw

Kenna Sheehan, 36-03.50, 2011

4x200-meter Relay

Katie Jerek, Ayesha Kimbrough, Emily Babel, Kristin George, 1:53.31, 2010

4x400-meter Relay

Chelsea Tebbe, Emily Babel, Gina Damman, Angela Koehler, 4:18.68, 2008

Distance Medley

Gina Damman, Emily Babel, Chelsea Tebbe, Kassie Koch, 13:36.28, 2008

OUTDOOR

100-meter Dash

Katie Jerek, 12.95, 2010

200-meter Dash

Katie Jerek, 26.49, 2010

400-meter Dash

Emily Babel, 1:00.02, 2007

800-meter Run

Gina Damman, 2:26.31, 2007

1500-meter Run

Katie Nickoli, 5:17.30, 2004

3000-meter Run

Jessica Burg, 12:51.00, 2011

5000-meter Run

Kassie Koch, 20:16.24, 2007

10000-meter Run

Kassie Koch, 42:25.09, 2007

3000-meter Steeplechase

Christine Kirchner, 12:23.01, 2005

Pole Vault

Jill Hyland, 8-06.25, 2005

Long Jump

Lauren Hastings, 17-06.25, 2009

High Jump

Nikki Blaize, 5-00.25, 2007

Triple Jump

Lauren Hastings, 36-08.50, 2010

100-meter Hurdles

Maddie Hirsch, 15.15, 2010

400-meter Hurdles

Maddie Hirsch, 1:10.34, 2010

Shot Put

Kenna Sheehan, 33-04.75, 2011

Discus Throw

Kenna Sheehan, 119-08, 2011

Hammer Throw

Lauren Tauber, 111-05.00, 2006

Javelin Throw

Kenna Sheehan, 102-06.00, 2011

4x100-meter Relay

Katie Jerek, Kristin George, Emily Babel, Maddie Hirsch, 50.39, 2010

4x200-meter Relay

Jill Hyland, Karen Schumacher, Elizabeth Mushaben, Heather Wissel, 2:02.30, 2005

4x400-meter Relay

Maddie Hirsch, Abby Modras, Emily Babel, Katie Jerek, 4:09.64, 2010

4x800-meter Relay

Alison Reid, Christine Kirchner, Lori Widener, Loran Carroll, 11:03.58, 2005

1600-meter Sprint Medley

Jill Hyland, Elizabeth Mushaben, Jennifer Kurtz, Loran Carroll, 4:56.78, 2005

4x100-meter Shuttle Hurdle Relay

Erin Edge, Alison Reid, Jill Kretchmer, Jennifer Kurtz, 1:26.02, 2005



Mount track & field athletes Kelsey Schneider, Jessica Burg and Kate Odenbeck in 2011 action.

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