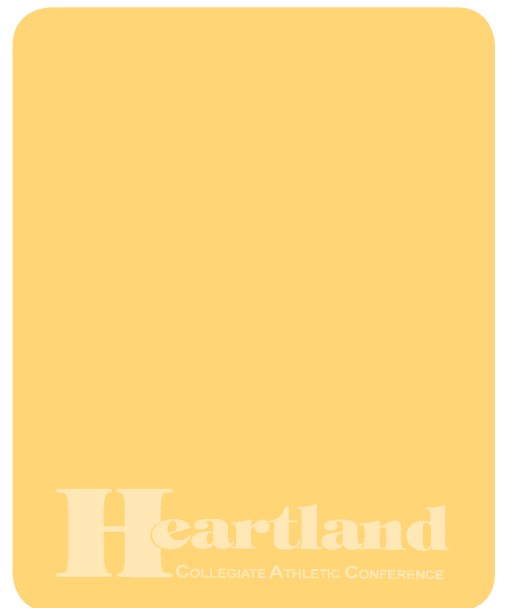




MSJ

WRESTLING GUIDE / 2010-2011



Heartland
COLLEGIATE ATHLETIC CONFERENCE

COLLEGE OF MOUNT ST. JOSEPH

UNDERGRADUATE MAJORS

Accounting
Art
Art – Fine Arts
Art – Graphic Design
Art Education
Art History
Athletic Training
Biochemistry
Biology
Business Administration
Business Administration/
Mathematics
Chemistry
Chemistry/Mathematics
Communication Studies
Computer Information Systems
Criminology/Sociology
Education – Inclusive Early
Childhood
Education – Middle Childhood
Education – Special (5-21)
English
General Studies
History
Interactive Media Design &
Computing
Interdisciplinary Liberal Studies
Interior Architecture & Design
Mathematics
Mathematics/Business
Administration
Mathematics/Chemistry
Music
Natural Science
Nursing
Paralegal Studies
Psychology
Religious Education
Religious Pastoral Ministry
Religious Studies
Social Work
Sociology
Sport Management

College Profile

What is the College of Mount St. Joseph educational experience? It's learning through action – serving others, graduate-level research, paid co-op positions, and leadership development. It's a Catholic liberal arts education that helps you develop the knowledge to make a difference and the integrity to lead others.

The foundation of a Mount education comes from career-minded academic programs combined with dedicated support services and a 10:1 student-to-faculty ratio. New programs include a major in interactive media design & computing as well as minors in coaching and Spanish. The Academic Exploration Program, the Learning Center and personal advising are a few examples of the support that is available to help you achieve your academic goals.

At the Mount, you're encouraged to take your lessons outside of the classroom, into the community. Through the Service Learning program, students earn academic credit while volunteering to feed the hungry, building homes for Habitat for Humanity, or comforting the elderly. The Cultural Immersion program offers the chance to live, learn and work amidst other cultures. The Cooperative Education program, available for all majors, is a way for students to gain valuable, paid career experience while validating their choice of a major.

Student-athletes are among the Mount's most active leaders on campus. Competing in the Heartland Collegiate Athletic Conference, the Mount fields more than 20 NCAA Division III sports teams. The newest lineup, men's volleyball, began in spring 2010. Students also participate in 30 student-run clubs and organizations including Student Government Association and Black Student Union.

The Mount is committed to working with students to explore all financial aid options, especially eligibility for financial assistance including scholarships. In 2009-2010, 97 percent of full-time freshmen received some sort of gift aid; more than 10 million dollars in grants and scholarships were received by Mount students.



COLLEGE INFORMATION

Location: Cincinnati, Ohio

Enrollment: 2,300

Founded: 1920

President: Tony Aretz, Ph.D.

Nickname: Lions

Colors: Blue and Gold

Affiliations: NCAA III

Conference: HCAC – Heartland Collegiate
Athletic Conference

Main Phone: (800) 654-9314 / (513) 244-4200

Web Site: www.msj.edu

Mailing Address: College of Mount St. Joseph
5701 Delhi Road
Cincinnati, OH 45233-1670

Fast Facts

- Top Five Majors: undeclared, pre-nursing, athletic training, inclusive early childhood education, sport management.
- The Academic Advising Resource Center provides effective, ongoing academic advising with a focus to intervene early and continuously so that students have the greatest chance of success.
- Students can complete courses of study that achieve requirements for pre-health professions, pre-medicine, pre-art therapy, and pre-law.
- Project EXCEL is a comprehensive, fee-based academic support program for students with learning disabilities who are enrolled at the Mount.
- The Mount was named a member of the 2009 President's Higher Education Community Service Honor for its commitment to volunteering, service learning and civic engagement.

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About This Guide

The College of Mount St. Joseph's 2010-2011 Wrestling Guide has been produced by the Sports Information Office and the Design Office. All photos are courtesy of Don Denney Photography. The guide was published in November 2010 with all of the information available at that time. For updated information on Mount athletics, visit www.msjsports.com.

Media Information

Interview Policy

Please contact the Sports Information Office, (513) 244-4927, for all interview requests. Prior notice is requested so that proper arrangements may be made with players and coaches. Coaches can be contacted weekday afternoons, Noon-3 p.m. Athletes are available at various times of the day according to their academic schedules.

All post-game interviews will be conducted at the game site. Coaches and players will be available approximately 10 minutes after games. Players may be called at the request of the media, after contacting the Sports Information Office.

Press Credentials

All practices are open to accredited news sources who request prior admittance from the Mount's Sports Information Office. Pressbox, court and field passes should be requested from the Sports Information Office before game day.

Additional Information

Accredited news sources should visit www.msjeu/media for additional information, statistics and photos as well as more on the media policy.

The College of Mount St. Joseph ("the College") is committed to providing an educational and employment environment free from discrimination or harassment on the basis of race, color, national origin, religion, sex, age, disability, or other minority or protected status. This commitment extends to the College's administration of its admission, financial aid, employment, and academic policies, as well as the College's athletic programs and other college-administered programs, services, and activities.

The College has designated the chief compliance and risk officer, (513) 244-4393, Office of the President, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Title IX of the Education Amendments of 1972 and other applicable federal and state civil rights laws. The College has designated the director of academic support, (513) 244-4524, the Learning Center, as the individual responsible for responding to inquiries, addressing complaints, and coordinating compliance with its responsibilities under Section 504 of the Rehabilitation Act of 1973.

A Message from the President



Dr. Tony Aretz

Welcome to the College of Mount St. Joseph, home of the Mount Lions. Our student-athletes work hard and love the sports they play, and are always backed by supportive faculty, coaches and staff who are committed to helping them achieve success.

This year the Mount pays homage to the roots of our athletics program with the establishment of the Athletic Hall of Fame. The first inductees are considered cornerstones of Mount athletics: Kay Corcoran, T. Jean Dowell and Pat Shibinski. These women helped blaze the trail for the excellent athletic programs we offer student-athletes today.

I hope you enjoy your experience at the Mount and the excitement of competitive athletics at the college level. Our goal is nothing short of developing a nationally competitive NCAA Division III athletic program for our students and the community.

God bless,

Tony Aretz, Ph.D.
President

Meet the Director of Athletics



Steve Radcliffe

Steve Radcliffe enters his 16th year as the Lions' athletics director for the 2009-2010 school year, and he looks forward to another outstanding season of athletics at the Mount.

Radcliffe, who oversees 22 athletic programs at the Mount, has long been a part of the sports programs at the College. Radcliffe began his career at the Mount in 1986 as an athletic trainer and was hired to implement the Mount's first academic program for athletic training in 1989. In addition to teaching athletic training, he was the Lions' head athletic trainer for all the intercollegiate sports at the College.

Radcliffe became the Mount's athletic director in 1995. Upon entering the position, he stressed the importance of upholding the College's stellar reputation of academics and athletics as a positive influence in student life and development at the Mount. Radcliffe received his bachelor's degree in 1978 the University of Montana and his master's degree in physical education in 1981 from Miami University (Ohio),

Steve and his wife, Darlene, have two children, Victoria and Michael. The Radcliffes live in Delhi.

Heartland Collegiate Athletic Conference

The Mount is a member of the Heartland Collegiate Athletic Conference (HCAC) and is also a member of the National Collegiate Athletic Association (NCAA) Division III. The Mount has been a member of the HCAC since the 1998-1999 school year. All Mount athletic teams, with the exception of lacrosse, compete in the HCAC.

2010-2011 HCAC SCHOOL DIRECTORY

School

Anderson University
Bluffton University
Defiance College
Earlham College
Franklin College
Hanover College
Manchester College
College of Mount St. Joseph
Rose-Hulman Institute of Technology
Transylvania University

Location

Anderson, IN
Bluffton, OH
Defiance, OH
Richmond, IN
Franklin, IN
Hanover, IN
North Manchester, IN
Cincinnati, OH
Terre Haute, IN
Lexington, KY

HCAC QUICK FACTS

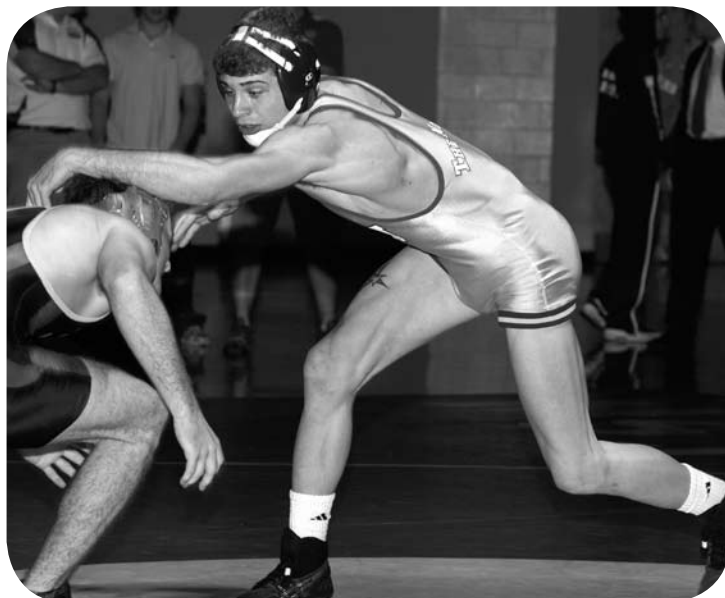
Commissioner: Christopher Ragsdale

Sports Information Director: Ryan Davis

Phone: (317) 882-8090

Fax: (317) 882-8086

Mailing Address: P. O. Box 425
205 S. Madison Ave.
Greenwood, IN 46142





Facilities

Sports Complex and Schueler Field

The Sports Complex provides a state-of-the-art space for student-athletes and the fans who support them. It houses concessions, locker rooms, showers, equipment storage, and athletic training facilities and can seat sell-out crowds of 2,400. Sporting a synthetic, all-weather playing surface and track, the Mount's Schueler Field plays host to the football, soccer and lacrosse teams, in addition to home track meets.

Harrington Center

Featuring a 2,000-seat gymnasium, the Jean Patrice Harrington, SC, Student Center is home to the Lions basketball and volleyball teams, and plays host to the wrestling team's home matches. In addition, the facility includes a running track, racquetball courts, a fitness center, and an athletic training center, providing service to student-athletes and the greater Mount community.

Kinder Morgan Softball Complex

The Kinder Morgan Softball Complex has played host to the Mount's softball team since 2007. In addition, the College has developed property on River Road into practice fields for soccer and baseball. The facilities feature parking, restrooms and a service building for equipment storage.

Midland Field and Marge Schott Stadium

The Lions' baseball team plays home games at Midland Field in Amelia, Ohio, and at the University of Cincinnati's Marge Schott Stadium. Midland Field is one of Cincinnati's finest baseball facilities for teams and spectators. The stadium features an indoor batting cage and a professionally maintained playing field.

Marge Schott Stadium, has a seating capacity of 3,085, a field turf playing surface and a fully-lit playing field. In addition, the complex houses indoor batting cages and pitcher's mound, a fully equipped press box with private viewing areas, a players' clubhouse and lounge, dressing rooms for coaches, full laundry and equipment facilities, and a state-of-the-art training room.

Aston Oaks Golf Course

Aston Oaks Golf Course, located 15 minutes from campus, is the Mount's home golf course for the men's and women's golf teams. Constructed by the Jack Nicklaus Design Group, Aston Oaks is a par-72 course. The men's team faces 6,908 yards with a 73.6 rating and 140 slope. The women's team faces 5,758 yards with a 73.2 rating and a 130 slope.

Mount Tennis Courts

The Lions' men's and women's tennis teams play all home matches on the six, fully-lit asphalt courts located behind the Harrington Center.

Hayden Field

Located on the west side of campus, next to the tennis courts, Hayden Field is a multi-purpose site that includes a practice field for softball and track & field athletes.



Support Staff



Dane Neumeister
Director of Sports Information



Melanee Atkinson
Associate Athletic Director



Charlie Wrublewski
Facilities Management Set-Up



Stacie Carney
Administrative Assistant



Eric McCarter
Sports Information Co-op



Larry Cox
Assistant Athletic Director



Georgana Taggart
Faculty Athletic Representative



Peggy Gruen
Administrative Assistant



Andy Backs
Public Address Announcer



Brent Rogers
Director of Strength and Conditioning



Dr. Howard Schertzing
Team Physician



Dr. Robert Burger
Team Orthopedic Director

Cheerleaders



*Front Row (left to right): Elizabeth Bertsch, Stacy Honnert, Ann Benedict
Middle Row (left to right): Sara Franklin, Shelby Schaeper, Michelle Trenkamp, Megan Smith, Chelsey Starnes
Back Row (left to right): Melissa Nie, Melissa Baugh, Julia Seger, Erin Barbro, Connie Serger, Abbigale Rennick*

Dance Team



*Front Row (left to right): Lauren Cocola, Kathleen Clifton
Second Row (left to right): Nina Laybourne, Jesika Knutson, Madeline Conroy, Gabriella Ballard
Third Row (left to right): Brittney Ranz, Mae Gast, Kelly Collins
Back Row (left to right): Stephanie Plageman, Becca Niederhausen, Hannah Rhode, Hannah Barteck
Not pictured: Celia Michel, Hillary Hudepohl, Marika Huelskamp, Tianna Tyler, Randallynn Smith*

Staff Directory

Athletic Department Staff

Steve Radcliffe, Athletic Director	244-4381
Melanee Atkinson, Associate Athletic Director	244-8585
Stacie Carney, Administrative Assistant (Dowell Building).....	244-4311
Peggy Gruen, Administrative Assistant (Sports Complex)	244-8580
Georgana Taggart, Faculty Athletic Representative	244-4952
Fax Number (Dowell Building).....	244-4928
Fax Number (Sports Complex)	244-8581

Sports Information

Dane Neumeister, Director	244-4927
Eric McCarter, Student Co-op.....	244-4927

Coaching Staff

Chuck Murray, Baseball Coach, Recreation Co-coordinator	244-4402
Larry Cox, Men's Basketball Coach, Assistant Athletic Director	244-4929
Ashley Bland, Women's Basketball Coach.....	244-4590
Danielle Simpson, Cheerleading Coach.....	244-4311
Paul Longano, Men's/Women's Cross Country Coach, Men's/Women's Track & Field Coach	244-4842
Tina Blakley, Assistant Men's/Women's Cross Country Coach, Assistant Men's/Women's Track & Field Coach.....	244-8597
Nikki Buller/Katie Skeeters, Dance Coaches	244-4311
Rod Huber, Football Coach.....	244-4896
Vince Suriano, Assistant Football Coach.....	244-4422
Kyle Prosser, Assistant Football Coach	244-8584
Joe Sparhawk, Men's Golf Coach, Recreation Co-coordinator.....	244-4876
Jeff Newman, Women's Golf Coach, Assistant Baseball Coach	244-8583

Pat Kennedy, Men's/Women's Lacrosse Coach	244-4427
Rudy Argueta, Men's Soccer Coach, Assistant Women's Soccer Coach	244-8586
Leah Todd, Women's Soccer Coach, Assistant Men's Soccer Coach	244-8587
Beth Goderwis, Softball Coach.....	244-4853
Kenny Terry, Assistant Softball Coach	244-1630
Del Walters, Men's Tennis Coach, Associate Men's Basketball Coach	244-8596
Tiffany Menhorn, Women's Tennis Coach, Assistant Women's Basketball Coach	244-8599
Jon Bennett, Men's/Women's Volleyball Coach	244-4316
Cristina Webb, Assistant Women's Volleyball Coach, Assistant Strength and Conditioning.....	244-3276
Art Faura, Assistant Men's Volleyball Coach	244-1630
Brent Rogers, Director Strength and Conditioning	244-4971
Casey Stouffer, Wrestling Coach, Coordinator of Athletic Facilities	244-4474
Brennan Ryan, Assistant Wrestling Coach.....	244-1630

Sports Medicine

Lisa Osterbrock, A.T.C., Head Athletic Trainer	244-8588
Susan Blackson, A.T.C., Assistant Athletic Trainer.....	244-4599
Erin Beckwith, A.T.C., Assistant Athletic Trainer.....	244-4875
Kristin Stauffer, A.T.C., Assistant Athletic Trainer	244-8595
Dustin Grooms, A.T.C., Assistant Athletic Trainer	244-4875
Katie Freece, A.T.C., Assistant Athletic Trainer	244-4875
Howard Schertzinger Jr., M.D., Team Medical Director	244-4875
Robert Burger, M.D., Team Orthopedic Director	481-5050

Athletic Trainers



Front row: Susan Blackson, Lisa Osterbrock, Erin Beckwith
Back row: Krisi Stauffer, Katie Freece, Dustin Grooms



Cincinnati Spotlights

Students of the College of Mount St. Joseph greatly benefit from the rich heritage and traditions of Cincinnati. While the College is situated 15 minutes west of downtown, employment, arts and entertainment are never too far away.

Numerous Fortune 500 and Fortune 1000 companies are headquartered in Cincinnati. Procter & Gamble, The Kroger Company, and Fifth Third Bank, among others, contribute to Cincinnati's foundation while Cincinnati Children's Hospital Medical Center is among the nations' top children's hospitals. Mount Cooperative Education students are hired by more than 100 hospitals, businesses and nonprofit organizations of Greater Cincinnati.

Boasting a vibrant commitment to the arts, Cincinnatians enjoy the Contemporary Arts Center, Cincinnati Art Museum, Aronoff Center, Cincinnati Playhouse in the Park, Music Hall, and a varied supply of art galleries. Mount students often incorporate Cincinnati's art exhibits and performances into their studies.

Cincinnati knows sports. The Cincinnati Reds, the Major League Baseball team, and the Cincinnati Bengals, of the National Football League, provide competition, entertainment and emotion for the city's sports fans. Co-op and volunteer opportunities with these organizations are often available to Mount students. Cincinnati is also home to the Flying Pig Marathon every May and the Master's and Women's Open tennis tournament every August.

Historical neighborhoods such as Mount Adams, Clifton and Over-the-Rhine make good architectural and cultural adventures, while additional entertainment options are just across the Ohio River in Newport, Covington and Mainstrasse of Northern Kentucky.

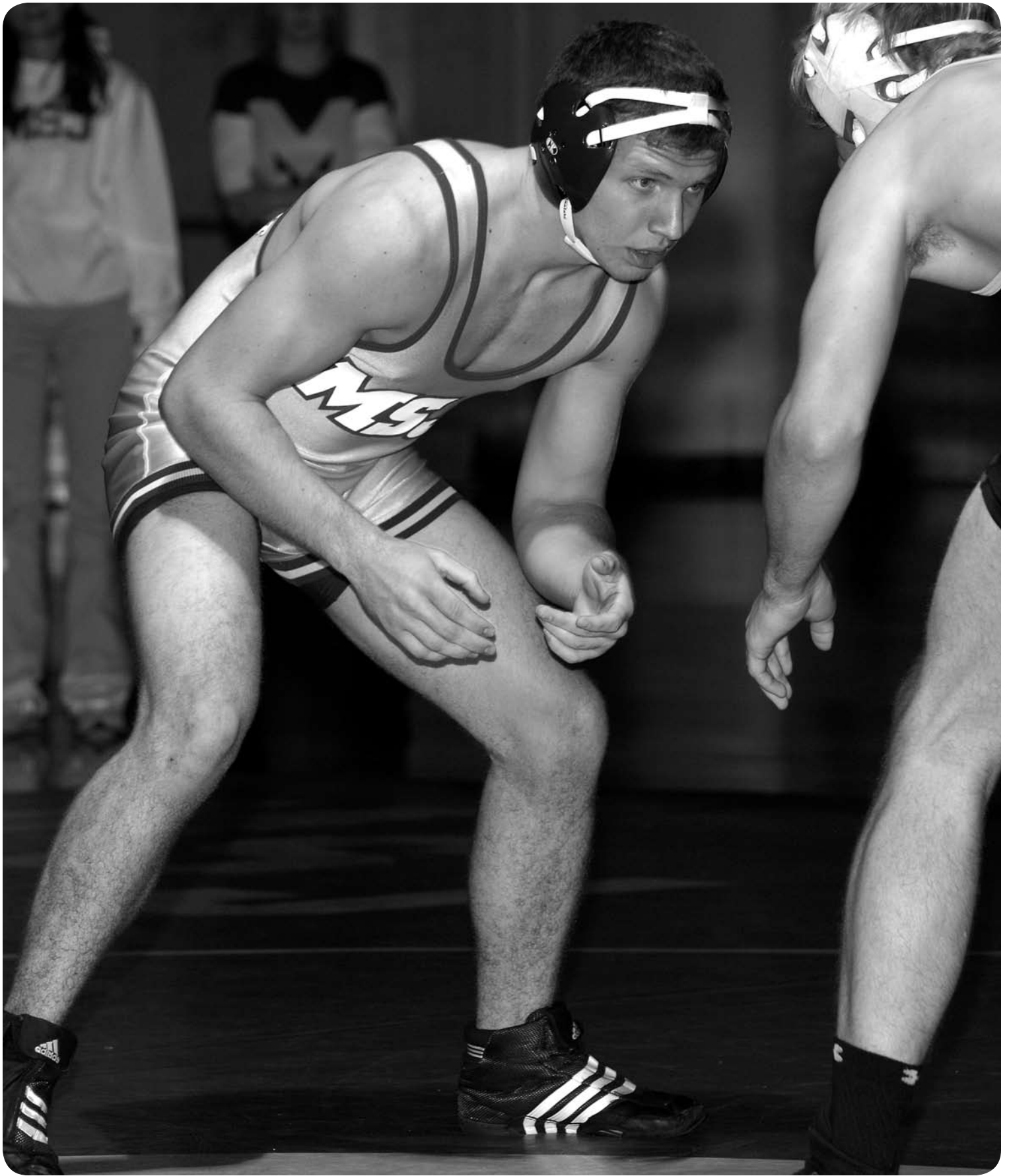


Mission in Action

The College of Mount St. Joseph is a Catholic academic community grounded in the spiritual values and vision of its founders, the Sisters of Charity. At the heart of the Mount's mission and heritage is an emphasis on ethical leadership through service. Ethical leadership celebrates the return of virtue, character and personal honor to their rightful place as the foundation of education. This commitment inspires the College's interdisciplinary liberal arts and professional curricula, which equips students to live with integrity, to promote justice, and to seek the truth in their professions and communities.

Service opportunities complement academics and student life while fostering a culture of learning informed by charity. In the Service Learning Program, students apply classroom knowledge while volunteering in social and environmental settings to feed the hungry, build homes for Habitat for Humanity and comfort the elderly. The Cultural Immersion program offers the chance to live, learn and work amidst other cultures. In serving others, students cultivate a greater understanding of social problems, an appreciation for the cultural diversity of other people, as well as a commitment to volunteerism and an understanding of its connection to citizenship.

Campus Ministry infuses all aspects of faith into the Mount's culture and celebrates spiritual exploration. Faith sharing programs, Mass, retreats, and other planned events help awaken and deepen an awareness of God's love and presence within the campus community. Inspired by Catholic social teaching, Campus Ministry encourages students to identify their gifts and to use them for the common good through activities such as Pizza and Ponder, Homelessness Awareness Week, and 30-Hour Famine.



WRESTLING / 2010-2011

2010-2011 Schedule

Date	Opponent	Location	Time
11/6	Eastern Michigan University Open	Ypsilanti, MI	9:00AM
11/13	Washington & Jefferson College (Extra)	Washington, PA	8:00AM
11/13	John Reese Duals	Wilkes-Barre, PA	12:00PM
11/17	Muskingum College	New Concord, OH	7:00PM
11/20	Buckeye-Keystone Challenge	Alliance, OH	12:00PM
12/1	Wilmington College	Wilmington, OH	7:00PM
12/3-4	Little States Tournament (Extra)	N. Manchester, IN	12:00PM
12/4	Ohio Northern University Tournament	Ada, OH	9:05AM
12/11	Dubuque College Duals	Dubuque, IA	9:00AM
12/15	Ohio Northern University	Harrington Center	7:00PM
12/18-19	Midwest Classic	Indianapolis, IN	10:00AM
1/4	Olivet College	Harrington Center	5:30PM
1/11	Lake Erie College	Harrington Center	7:00PM
1/15	Manchester College Spartan M Classic	N. Manchester, IN	9:00AM
1/22	Border Brawl (Extra)	Whitewater, WI	TBA
1/22	University of Wisconsin-Whitewater Duals	Whitewater, WI	1:00PM
1/28-29	Wheaton College Tournament	Wheaton, IL	TBA
1/29	"B" Team Brawl (Extra)	Napierville, IL	TBA
2/12	Mid-States Championship	Crawfordsville, IN	9:00AM
2/17	HCAC Championship Dual vs. Manchester College	Manchester, IN	7:30PM
2/26	NCAA Division III Midwest Regional Tournament	TBD	9:00AM
3/11-12	NCAA Division III National Tournament	TBD	TBA

Home matches in bold.

2010-2011 Roster

Name	Wt.	Class	Hometown	High School
Wayne Black	133	Fr.	Indianapolis, IN	Pike
Sean Brooks	285	So.	Englewood, OH	Northmont
Cory Clolinger	125	Fr.	Amelia, OH	Amelia
Joe Conrad	141	Fr.	Hamilton, OH	Ross
Cory Disbennett	157	So.	Bethel, OH	Bethel-Tate
Justin Eshelman	125	Fr.	Pendleton, IN	Pendleton Heights
Matt Fay	125	Fr.	Harrison, OH	Harrison
Tommy Fehring	149	So.	Amelia, OH	Glen Este
Cody Fellers	141	Fr.	Lewisville, IN	New Castle
Joe Gronefeld	285	Fr.	Edgewood, KY	Dixie Heights
Richard Hayes	165	Fr.	Vassar, MI	Caro Community
Jesse Hooven	165	Sr.	Cincinnati, OH	Mount Healthy
Nathan Islamovsky	197	Fr.	Eaton, OH	Eaton
Sean Jameson	197	Sr.	Cincinnati, OH	Elder
Nolan Karwoski	184	So.	Carmel, IN	Carmel
Garrett Lotz	285	Fr.	Cincinnati, OH	Moeller
Justin Meineke	174	So.	Batavia, OH	McNicholas
CJ Pickelheimer	141	So.	Amelia, OH	Glen Este
Timothy Pope	165	Jr.	Cincinnati, OH	Elder
LaTwan Rembert	165	Fr.	Cincinnati, OH	Withrow
Cody Rice	184	Fr.	Spiceland, IN	Tri
CJ Rivera	174	Fr.	Harrison, OH	Harrison
Matt Sopczak	157	Fr.	Beavercreek, OH	Stebbins
Joe Tuttle	125	Fr.	Columbus, OH	Whetstone
Spencer Tuttle	133	Fr.	Columbus, OH	Whetstone
Dylan Wheeler	133	Fr.	Utica, OH	Utica
Mike Willig	141	Jr.	Cincinnati, OH	Home school

2010-2011 Season Outlook

Mount Head Coach Casey Stouffer returns for his fourth season this winter to lead this season's team and is looking forward to another great season. Last year he coached his team to a conference championship, fourth place at the Mid-States Conference Championship and fifth place at the NCAA DIII Midwest Regional Championship. The team is ready to build off the great success from last year, says Stouffer.

"I expect that we will surprise people this year," Stouffer states. "We will be off the map since we graduated the Mount's all-time career wins leader (Eric Meyer) along with National Qualifier, Bryan Massong but I think with the young talent we have, we can do big things."

The team once again will be very young with only two seniors on the roster - Jesse Hooven (165) and Sean Jameson (197), whose record last year was 29-8 with 29 take downs and six falls. Eight others return from last season's team. Of the 10 wrestlers with experience, eight will be in their second season and two are wrestling for the Mount in their third year - Tim Pope (165) and Mike Willig (141)

To help the team out to be successful Stouffer is going to be looking at Jameson, a senior, who finished last season with a second place finish at the NCAA Division III Midwest Regional; sophomore Sean Brooks (285), who finished the season with a fifth place finish at the NCAA Division III Midwest Regional and had 24 takedowns and 20 escapes; Pope, a junior, who finished the season with a third place finish at the NCAA Division III Midwest Regional and had 20 takedowns and 11 escapes on the season; and sophomore Tommy Fehring (149), who finished the season with a fourth place finish at the NCAA Division III Midwest Regional and put up a record of 34-16 with 65 takes downs and five falls on the season.

Head Coach Stouffer says the team has been preparing hard for the upcoming season.

"Our guys have been doing preseason workouts since the last week of August," Stouffer adds. "It helped having a new addition such as Brent Rogers (College of Mount St. Joseph strength & conditioning director) come in and work with our athletes. It enabled our guys to be ready for the start of the season."

Despite having a young team this winter, the Lions' head coach says he expects to compete with the more experience teams on their schedule this winter.

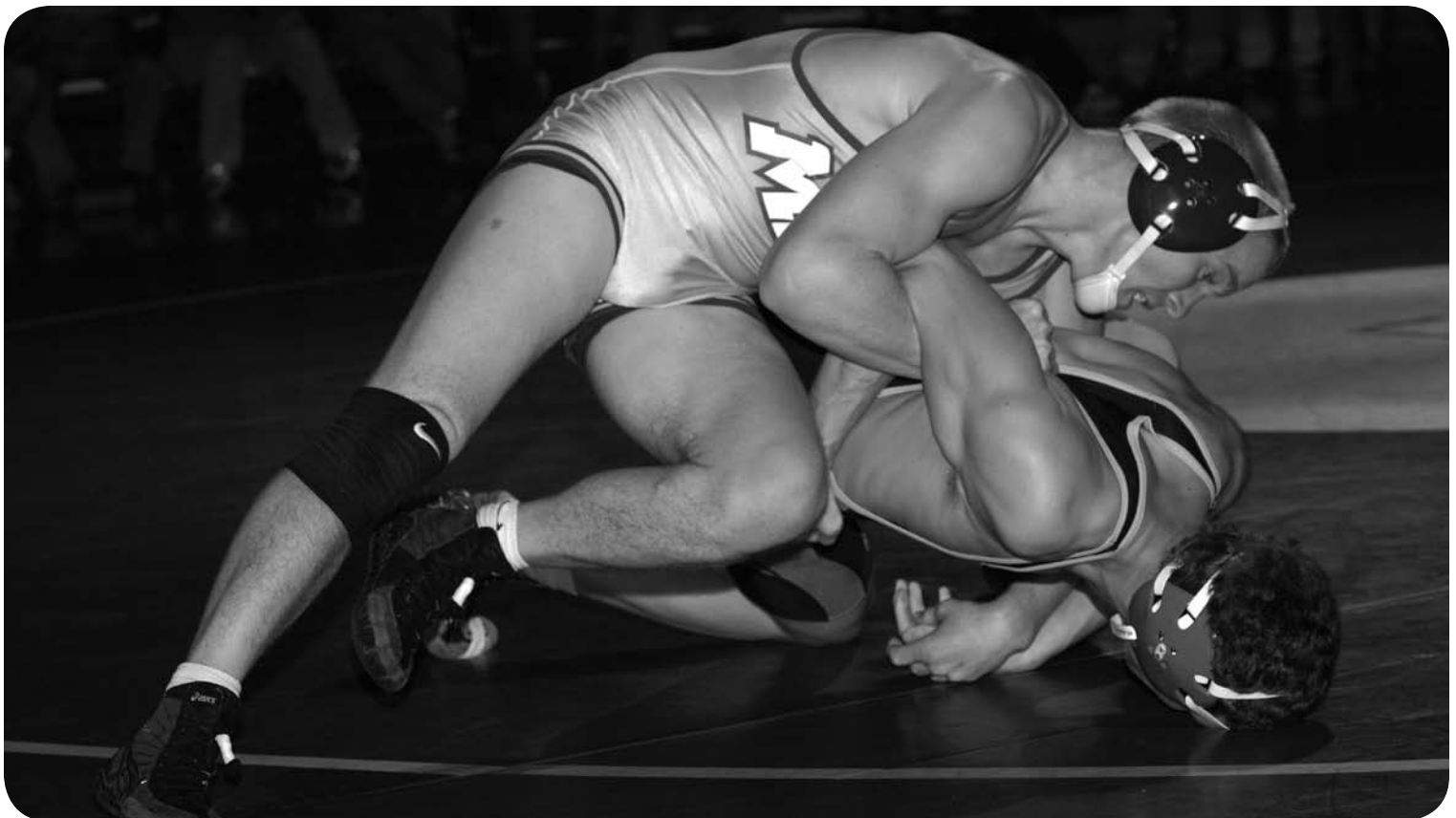
"Being young does set us apart but we have a very talented young team," Stouffer says. "There is no reason we can't compete with the more experienced teams by working harder than them. As long as our guys stay focused and keep up the intensity they can win a lot of matches."

Nevertheless, being a young team, Coach Stouffer says he will keep his focus on pushing his athletes to their fullest potential and to perform at the peak of their capabilities. He feels the coaching staff at the Mount helps provide the knowledge needed to maintain the excellent level of conditioning the wrestlers need to have, and the great mental edge which plays a large part in getting those critical wins against tough opponents. Stouffer adds he will push his team to work hard.

"By working hard it will pay off," he states. "We will be young so our guys will need to work extremely hard to be able to keep up and beat our opponents. By pushing yourself to the limits and working hard you will be able to succeed at the goals you have set at the beginning of the season."

For Stouffer, his goals for the team are to win the HCAC for the fourth straight year, to win the Mid-State Conference Tournament, and to place in the top two at Regional Tournament. He'd also like to have at least three National Qualifiers this year.

The Mount will be competing in 11 tournaments and six dual matches this season. Manchester College will be hosting the HCAC Championship dual on February 17, 2011.



Mount sophomore Cory Disbennett returns this season after recording 12 wins in 2009-2010.

2010-2011 Coaching Staff



HEAD COACH CASEY STOUFFER

Casey Stouffer returns for his fourth season this winter as Lions' head coach. Stouffer, a 2001 Mount graduate and former Lions' wrestler, took over the Lions' program for the 2007-2008 season. He has won the HCAC Coach of the Year honor the past three seasons and following his first season at the Mount he was named Mid-States Coach of the Year.

Stouffer is the fourth head coach in the program's history, following Ron Corradini Sr., Rod Huber and Thomas Wynn. Stouffer has a Bachelor of Arts in Health/Physical Education degree. He also has a Colorado teacher certification in health/physical education (K-12).

The Lions' coach is a native of Wabash, Ind., and is a graduate of Southwood (Indiana) High School. He has a Master's of Science Degree in Education Administration from the University of Scranton.

Stouffer, who wrestled for Huber for four seasons, was a letter-winner in the sport each of the four years, and was a three-time team captain. He also played on the Mount's tennis team for one season. While at the Mount, Stouffer was a member of FCA (Fellowship of Christian Athletes), the founder of Huddle at MSJ, and was affiliated with the Mount Education Association and NEA (National Education Association). Stouffer also made Dean's List at the Mount three times and was a NCAA Division III Scholar Athlete All-American (1999, 2000 and 2001).

After graduation from the Mount, Stouffer trained at the Olympic Wrestling Training Center in Colorado Springs, Colo., was a world champion in folkstyle wrestling (2002), an Ironman world wrestling champion (2002) and placed sixth at the Greco-Roman World Team Trials (2002).

Stouffer was a coach/counselor at the FCA Wrestling Camp and Ohio State University Wrestling Camp (1999), as well as being a retreat counselor for four years for Fellowship Christian Athletes. He was a teacher and head coach at Amelia High School (2002) before moving to Colorado Spring, Colo. During his time in Colorado, Stouffer was a physical education teacher at Colorado Springs Christian School and a health/physical education teacher at Lewis Palmer High School for four years. He was also the varsity head wrestling coach at Lewis Palmer High School for four seasons.

Coach Stouffer, his wife, Jessica, and daughter, Jada, reside in Cincinnati, Ohio.



ASSISTANT COACH STEVE IORI

Steve Iori returns for his fourth season as a Lions' assistant coach. Iori graduated from the College of Mount St. Joseph in 2001 with a Bachelor of Science in Business Administration degree with concentrations in marketing and management. He was a four-year wrestler for the Lions, and was the team's Rookie of the Year in 1998,

after placing in the top six of every meet, and qualifying to NAIA National tournament that season. Iori was also on the Mount's first conference and regional championship team in 2000 and was a team captain as a senior.

Iori has been a substitute teacher and part owner of a landscaping business. He also coached wrestling at Elder High School for four years following college, directing numerous state placers, many of whom have gone on to wrestle collegiately. He also was a volunteer coach with the Elder Kids Club and Junior High programs and also assisted with the Westside Freestyle/Greco-Roman Wrestling Club.

He is currently employed in Fifth Third Bank's Consumer Lending Direct Equity Lending Division, analyzing risk and approving equity loans for new and/or existing Fifth Third customers. He also owner of Meshed Landscaping.

Iori resides in Cincinnati, Ohio.



ASSISTANT COACH BRENNAN RYAN

Brennan Ryan returns for his fourth season as an assistant coach on the Mount's wrestling staff. Ryan, who has his master's degree in education from Xavier University, was most recently the head coach at Roger Bacon High School, a position he had held since 2000. During that time his teams recorded an 86-24 dual

record, were two-time Division II-III city champs, two-time sectional champs, three-time GCL Central/North champs, and ranked in the Top 5 in Cincinnati Division II-III all seven seasons.

As a coach, Ryan was voted SWOWCA Division II Coach of the Year for 2005-06 and 2006-07, and also GCL North/Central Coach of the Year in 2004-05, 2005-06, and 2006-07.

In addition, Ryan has coached the Storm Club Baseball team in Cincinnati, since 2004 as a head coach and 1999-2003 as an assistant; and also was an assistant coach and head baseball coach at Roger Bacon High School (1998-2007). He is in his second season as assistant varsity baseball coach at Ross High School.

He is currently self-employed, owning his own promotional products/ad specialty company (513 Promotional Products).

Ryan, his wife, Rachel, and son, Jake, reside in Cincinnati, Ohio.



ASSISTANT COACH BRYAN MASSONG

Bryan Massong joins the Lions coaching staff this winter as an assistant, after wrestling the past two seasons at the Mount. He is expected to graduate from the College in December, 2010, with a bachelor's degree in Sport Management.

Massong, a graduate of Oak Hills High School, where he was a sectional and district champion, came to the Mount from Heidelberg University where he was a two-time Scholar Athlete and earned varsity letters for the 2007 and 2008 seasons. While at the Mount, Massong placed third at the Midwest Regional in 2009. and during his senior season last winter, Massong was second at the NCAA Division III Midwest Regional, and made the national tournament as an alternate selection at 157. He finished his two seasons at the Mount with a 62-24 mark, recording back-to-back 31-win seasons for the Lions.

Coach Massong resides in Cincinnati, OH.

ASSISTANT COACH STEVE WOLERY

Steve Wolery returns for his second season as a Lions' assistant coach.

2010-2011 Returning Wrestlers' Profiles



SEAN BROOKS
Wt: 285 • Sophomore
Major: Sport Management
Hometown (High School): Englewood, OH (Northmont)

Brooks returns for his second season with the Lions. He wrestled at 197 last season, and will be moving up to 285 this season, after recording 10 wins. Brooks finished fifth at the NCAA Division III Midwest Regional last season and hopes to improve on that this winter. He also is on the Mount's football team. Sean, who wrestled in high school for Scott Newburg, is the son of Sheryl and Kevin Brooks.

Season	Wins	Losses	Takedowns	Falls
2009-2010	10	11	24	2



CORY DISBENNETT
Wt: 157 • Sophomore
Major: Athletic Training
Hometown (High School): Bethel, OH (Bethel-Tate)

Disbennett returns for his second season with the Lions. He had 12 wins for the Mount last season and looks to break into the starting line-up in 2010-11 in the 157-pound division. Cory, who wrestled in high school for Tom Donahue, is the son of Dottie and Paul Disbennett.

Season	Wins	Losses	Takedowns	Falls
2009-2010	12	17	19	1



TOMMY FEHRING
Wt: 149 • Sophomore
Major: English
Hometown (High School): Amelia, OH (Glen Este)

Fehring returns for his second season with the Lions. He had a team-high 34 wins last season, and was second-best in takedowns with 65. Fehring finished fourth at the NCAA Division III Midwest Regional in 2009-10 and looks poised to make a run at a regional championship this winter. Tommy, who wrestled in high school for Mount alum Jason Roush, is the son of Tom Fehring.

Season	Wins	Losses	Takedowns	Falls
2009-2010	34	16	65	5



JESSE HOOVEN
Wt: 165 • Senior
Major: General Studies
Hometown (High School): Cincinnati, OH (Mt. Healthy)

Hooven returns for his second season with the Lions, after being away for a year doing a tour for the U.S. Marines. He brings a lot of heart and strong work ethic to the team. Hooven also runs cross country for the Mount. Jesse wrestled in high school for Thom Maxwell.

Season	Wins	Losses	Takedowns	Falls
2008-2009	5	11	9	0



SEAN JAMESON
Wt: 197 • Senior
Major: Mathematics
Hometown (High School): Cincinnati, OH (Elder)

Jameson returns for his second season with the Lions. He had a solid all-around season in 2009-10, winning 29 matches and recording 29 takedowns and six pins. Jameson will be a team captain this season and has dropped down to 197 this winter. If healthy could have a great opportunity to be a National Qualifier in 2010-11. Sean, who wrestled in high school for Dick McCoy, is the son of Sarah and Bob Jameson.

Season	Wins	Losses	Takedowns	Falls
2009-2010	29	8	29	6



NOLAN KARWOSKI
Wt: 184 • Sophomore
Major: Art – Graphic Design
Hometown (High School): Carmel, IN (Carmel)

Karwoski returns for his second season with the Lions. He has moved up to wrestle in the 184-pound division this season, after competing at 174 in 2009-10, winning 18 matches and recording 32 takedowns. Nolan, who wrestled in high school for John Kopnisky, is the son of Laury and Bill Karwoski.

Season	Wins	Losses	Takedowns	Falls
2009-2010	10	18	32	0



JUSTIN MEINEKE
Wt: 174 • Sophomore
Major: Undeclared
Hometown (High School): Batavia, OH (McNicholas)

Meineke returns for his second season with the Lions. He is expected to compete for a starting spot at 174 this season after seeing action in the 165-pound division last winter. Justin, who wrestled in high school for Bill Barnett, is the son of Linda Ciolino and Gregg Meineke.

Season	Wins	Losses	Takedowns	Falls
2009-2010	3	24	6	2



CJ PICKELHEIMER
Wt: 141 • Sophomore
Major: Sport Management
Hometown (High School): Amelia, OH (Glen Este)

Pickelheimer returns for his second season with the Lions. He had six wins and nine takedowns in limited action last season and is expected to battle for a starting spot at either 133 or 141 in 2010-11. CJ, who wrestled in high school for Mount alum Jason Roush, is the son of Heather Beeler and Charlie Pickelheimer Jr.

Season	Wins	Losses	Takedowns	Falls
2009-2010	6	11	9	2

2009-2010 Returning Wrestlers' Profiles (CONTINUED)



TIM POPE

Wt: 165 • Junior

Major: Special Education

Hometown (High School): Cincinnati, OH (Elder)

Pope returns for his third season with the Lions. He has recorded 40 wins along with 55 takedowns in two seasons, and was third at the NCAA Division III Midwest

Regional last season. Pope, a hard-nosed wrestler who will bring toughness to a young team this season, looks to make a strong run at a regional championship in 2010-11. Tim, who wrestled in high school for Dick McCoy, is the son of Debbie and Chad Pope.

Season	Wins	Losses	Takedowns	Falls
2008-2009	22	24	35	7
2009-2010	18	17	20	5
Totals	40	41	55	12



MIKE WILLIG

Wt: 141 • Junior

Major: Business Administration

Hometown (High School): Cincinnati, OH (Home school)

Willig returns for his third season with the Lions. He has a great work ethic and brings a lot of heart to the team. Willig looks to compete for time in the 141-pound

division but will have to balance his work internship and academics this winter. Mike is the son of Janet and David Willig.

Season	Wins	Losses	Takedowns	Falls
2008-2009	1	17	2	0
2009-2010	3	15	3	0
Totals	4	32	5	0

2010-2011 First-Year Wrestlers' Profiles



WAYNE BLACK

Wt: 133 • Freshman

Major: Undeclared

Hometown (High School): Indianapolis, IN (Pike)

Black joins the Lions for his first season. He had 50 wins in the last two years of his high school career, was a 2010 Folkstyle State Champion and 2009 Folkstyle fourth place finisher. Black was also a third place Greco

style finisher in 2009. He qualified to the high school state meet his senior season and was a sectional and regional champion in 2010. Wayne, who wrestled in high school for Gill Journey and Spence Spencer, is the son of Symea and Wayne Black.



CORY CLOLINGER

Wt: 125 • Freshman

Major: Pre-Nursing

Hometown (High School): Amelia, OH (Amelia)

Clolinger joins the Lions for his first season. He recorded 84 wins during his sophomore through senior seasons in high school, finishing as his school's career leader in

pins. Clolinger was Team MVP in 2009, a three-time district qualifier (2008-2010) and state qualifier in 2010. He was also on his school's Honor Roll all four years. Cory, who wrestled in high school for Derek Tesso, is the son of Dana and Ray Clolinger.



JOE CONRAD

Wt: 141 • Freshman

Major: Pre-Special Education

Hometown (High School): Hamilton, OH (Ross)

Conrad joins the Lions for his first season. He had 140 wins during his high school career, including posting a 42-8 record his senior season. Conrad, who was fourth

at the state tournament his senior year, was in his school's National Honor Society. Joe, who wrestled in high school for Rich Dunn, is the son of Karen and Tom Conrad.



JUSTIN ESHELMAN

Wt: 125 • Freshman

Major: Biology

Hometown (High School): Pendleton, IN (Pendleton)

Eshelman joins the Lions for his first season. He had a career record of 151-30 in high school, including back-to-back 40-plus win seasons to finish out his prep

career. In 2010 he was a semi-state qualifier, regional champion, sectional champion and county champion. In addition, Eshelman was a four-time regional qualifier, four-time Tipton Invitational champion, four-time Connersville Spartan place winner, team captain Spirit Award and Science Award winner. Justin, who wrestled in high school for Dave Cloud, is the son of Kelly and Brad Eshelman.



MATT FAY

Wt: 125 • Freshman

Major: Pre – Middle Childhood Education

Hometown (High School): Harrison, OH (Harrison)

Fay joins the Lions for his first season. He wrestled in the 118 and 125 pound weight classes last season, was a two-time district qualifier, was ranked in the Brakeman

Report, and had back-to-back top-six placings at the Coaches Classic. Matt, who wrestled in high school for Chad Dennis, is the son of Michelle Dooley and Jack Fay.



CODY FELLERS

Wt: 141 • Freshman

Major: Undeclared

Hometown (High School): Lewisville, IN (New Castle)

Fellers joins the Lions for his first season. He posted a career win-loss record of 189-25 in high school, finishing each season with 45-or more wins. Fellers had

numerous conference, sectional and regional championships titles during his prep career as well as being a semi-state qualifier. Cody, who wrestled in high school for Rex Peckinpaugh, is the son of Teresa and Chris Fellers.

**JOE GRONEFELD****Wt: 285 • Freshman****Major: Pre – Special Education****Hometown (High School): Edgewood, KY (Dixie Heights)**

Gronefeld joins the Lions for his first season. He turned in a 45-5 mark last season as a senior, and had 130 wins during his high school career. Gronefeld, who was a regional wrestling champion, was on the Dean's List all four years on high school and was awarded a Commonwealth Diploma. Joe, who wrestled in high school for Ken Simmons, is the son of Martha and Jeff Gronefeld.

**RICHARD HAYES****Wt: 165 • Freshman****Major: Undeclared****Hometown (High School): Vassar, MI (Caro Community)**

Hayes joins the Lions for his first season. He improved his win total each season in high school, finishing with a 41-13 record his senior season and posting a career total of 126 wins. Hayes was a First Team All-Conference team member his senior season when he went over 100 wins and 100 pins for his career. He was also a member of the National Honor Society. Richard, who wrestled in high school for Steve Ley, is the son of Ruth and Gary Hayes.

**NATHAN ISLAMOVSKY****Wt: 197 • Freshman****Major: Undeclared****Hometown (High School): Eaton, OH (Eaton)**

Islamovsky joins the Lions for his first season. He finished his prep career with 28 wins his senior season, was a two-time district qualifier, Second Team All-League (2009), Second Team All-Area (2009-2010), two-time team captain and had the most pins on his school team. In addition, Islamovsky was on Student Council, in the on his school's Honor Roll, and in the National Honor Society. Nathan, who wrestled in high school for Mark Silvers, is the son of Jan and Tony Islamovsky.

**GARRETT LOTZ****Wt: 285 • Freshman****Major: Interactive Media Design and Computing****Hometown (High School): Cincinnati, OH (Moeller)**

Lotz joins the Lions for his first season. He was a Second Team All-GCL honoree his senior season, and won his team's Spirit Award and Sports leader Awards his final prep season. Garrett, who wrestled in high school for Jeff Gaier, is the son of Barb and Steve Lotz.

**LATWAN REMBERT****Wt: 165 • Freshman****Major: Sport Management****Hometown (High School): Cincinnati, OH (Withrow)**

Rembert joins the Lions for his first season. He graduated eighth in his class, and played football (freshman-senior) as well. LaTwan is the son of Deborah Rembert.

**CODY RICE****Wt: 184 • Freshman****Major: Undeclared****Hometown (High School): Spiceland, IN (Tri)**

Rice joins the Lions for his first season. He had a 28-5 his senior season, and was a county champion, regional qualifier, conference runner-up and sectional runner-up. Rice was a regional qualifier, and was named his team Most Improved wrestler and had the fastest pin his sophomore year. Cody, who wrestled in high school for Jerry Ingalls, is the son of Kim West and James Rice.

**CJ RIVERA****Wt: 174 • Freshman****Major: Pre – Middle Childhood Education****Hometown (High School): Harrison, OH (Harrison)**

Rivera joins the Lions for his first season. He had a 35-5 during his final prep season, and was 10th at the state meet, third in the district and first in the sectional, as well as a league champion. Rivera was also second at the Coaches Clinic and was a state alternate his junior season. CJ, who wrestled in high school for Chad Dennis, is the son of Juanita and Carlos Rivera.

**MATT SOPCZAK****Wt: 157 • Freshman****Major: Undeclared****Hometown (High School): Beavercreek, OH (Stebbins)**

Sopczak joins the Lions for his first season. He went 79-20 his last two high school seasons and finished his prep career with 122 victories. Sopczak was a three-time team captain, a sectional champion his junior year and selected his high school's Overall Best Athlete. In addition, he was in the Varsity "S" club, was a four-year wrestler, made Honors in the classroom all four years, and ran cross country his senior season. Matt, who wrestled in high school for Chris Miller, is the son of Cindy and John Sopczak.

**JOE TUTTLE****Wt: 124 • Freshman****Major: Undeclared****Hometown (High School): Columbus, OH (Whetstone)**

Tuttle joins the Lions for his first season. He missed his senior season with an injury but was 18-4 his junior season, when he was sixth at the sectional and a Columbus City runner-up. Tuttle was a member of his team's Honor Roll. Joe, who wrestled in high school for Tom Jones, is the son of Sheila and Thomas Tuttle.

**SPENCER TUTTLE****Wt: 133 • Freshman****Major: Sport Management****Hometown (High School): Columbus, OH (Whetstone)**

Tuttle joins the Lions for his first season. He won 30-plus matches his final three seasons in high school, and posted 115 wins overall during his prep career. Tuttle was a two-time Team MVP, a district qualifier (sophomore and senior years), a city runner-up (junior) and city champion (senior). In addition he was on the school Honor Roll. Spencer, who wrestled in high school for Tom Jones, is the son of Kelly and Patrick Tuttle.

2010-2011 First-Year Wrestlers' Profiles (CONTINUED)



DYLAN WHEELER

Wt: 133 • Freshman

Major: Athletic Training

Hometown (High School): Utica, OH (Utica)

Wheeler joins the Lions for his first season. He won 144 matches during his high school career, won the sectional, placed second at the district and seventh at the state as a senior; and was a state qualifier as a junior. Wheeler also was on the Honor Roll and Merit Roll. Dylan, who wrestled in high school for Mike Garven, is the son of Ingrid and Duane Tyo.

2009-2010 Results

Date	Opponent	Score
11/1	at Buffalo Open	No team score
11/7	at Baldwin-Wallace College	W 24-19
11/7	vs Thiel (PA) College	L 36-7
11/7	vs Lycoming College	L 42-6
11/14	at Washington & Jefferson College Open	No team score
11/14	vs York College	L 26-15
11/14	vs Ithaca College	L 36-9
11/14	vs Oneonta College	L 27-21
11/14	vs New York University	L 30-15
11/18	Muskingum University Dual	W 31-18
11/22	vs Seton Hill College	L 25-19
11/22	vs Kings College	W 22-20
11/22	vs Wilkes University	L 30-13
11/22	vs Mount Union College	L 34-12
12/5	at Little State Tournament	No team score
12/5	at Ohio Northern University Tournament	13th place
12/9	Wilmington College Dual	W 43-6
12/15	at Ohio Northern University Dual	W 22-19
12/20	at Purdue University	L 30-12
12/20	vs Southern Illinois University Edwardsville	W 29-17
12/20	vs Lakeland College	W 18-16
1/3	at Midwest Classic Tournament	Tie-10th place
1/9	vs Ashland University	W 24-21
1/9	vs Limestone College	L 25-11
1/9	vs University of Indianapolis	L 30-19
1/15	at Manchester College Spartan Mat Classic	Fourth place
1/24	at University of Wisconsin-Whitewater Duals	L 54-1
1/28	at Manchester College	W 28-24
1/30	at Wheaton College Tournament	23rd place
1/30	at North Central College ("B" Team Brawl)	No team score
2/6	at Mid-States Conference Championship	Fourth place
2/12	HCAC Championship Dual vs. Manchester College	W 44-4
2/26	at NCAA Division III Midwest Regional Championships	Fifth place

Home matches in bold.

2009-2010 Individual Statistics

Name	TD	N2	N3	R	E	MD	TF	F	WL
Bemmes, Brian	1	0	0	4	2	0	0	0	2-5
Brooks, Sean	24	3	4	1	20	2	0	2	10-11
Collins, Matt	9	6	5	9	47	2	0	1	8-29
Dadosky, Wes	1	0	0	0	0	0	0	0	0-2
Disbennett, Cory	19	3	5	12	35	2	0	0	12-17
Ervin, Isaac	0	0	0	0	0	0	0	0	0-0
Fehring, Tommy	65	16	30	8	42	5	5	5	34-16
Fridley, Marc	6	0	0	3	30	0	0	0	5-25
Harmon, Nate	3	1	0	1	1	0	0	2	3-2
Ingram, Tye	6	0	0	0	9	0	0	0	2-8
Jameson, Sean	29	7	5	6	28	2	0	6	29-8
Karwoski, Nolan	32	1	0	3	33	1	0	0	10-18
Kelchner, Ashton	2	0	0	1	3	0	0	1	1-3
Massong, Bryan	86	10	19	4	28	6	4	9	31-7
Meineke, Justin	6	0	0	2	19	0	0	2	3-24
Meyer, Eric	57	9	13	13	50	5	2	5	30-13
Pickelheimer, CJ	9	2	1	3	15	0	0	2	6-11
Pope, Tim	20	7	3	4	11	2	0	5	18-17
Starnes, Luke	0	0	0	0	0	0	0	0	0-0
Stewart, Cody	57	7	7	10	36	3	1	5	22-23
Stivers, Josh	2	1	1	1	7	0	0	1	2-5
Terry, Nick	0	0	0	0	0	0	0	0	0-3
Vargas, Eric	0	0	0	0	0	0	0	0	0-0
Willig, Mike	3	0	0	4	7	0	0	0	3-15

2009-2010 Individual Placers

Little State Tournament

149: Tommy Fehring, 4-1, Third place

Midwest Classic Tournament

125: Cody Stewart, 3-2, 7th place
 149: Bryan Massong, 5-1, 3rd place
 285: Sean Jameson, 5-1, 3rd place

Wheaton College Tournament

141: Eric Meyer, 3-2, Seventh place
 165: Tim Pope, 3-2, Seventh place

Ohio Northern University Tournament

149: Bryan Massong, 4-1, Third place
 285: Sean Jameson, 5-1, Third place

Manchester College Spartan Mat Classic

125: Cody Stewart, 1-1, Second place
 133: Charlie Pickelheimer, 1-2, Seventh place
 141: Eric Meyer, 4-0, First place
 149: Bryan Massong, 4-0, First place
 157: Tommy Fehring, 3-1, Second place
 165: Matt Collins, 2-3, Eighth place
 174: Nolan Karwoski, 3-1, Third place

Mid-States Conference Tournament

125: Cody Stewart, 2-0, First place
 133: Mike Willig, 0-2, Fifth place
 141: Eric Meyer, 2-0, First place
 157: Tommy Fehring, 3-0, First place
 165: Justin Meineke, 0-2, Seventh place
 165: Matt Collins, 0-3, Sixth place
 197: Sean Brooks, 2-1, Second place

NCAA Division III Midwest Regional

125: Cody Stewart, 2-2, 4th place
 141: Eric Meyer, 2-2, 4th place
 149: Thomas Fehring, 2-2, 4th place
 157: Bryan Massong, 2-1, 2nd place
 165: Timothy Pope, 3-1, 3rd place
 285: Sean Jameson, 2-1, 2nd place
 197: Sean Brooks, 4-2, 5th place

2009-2010 Conference Tournament Results

MID-STATES CONFERENCE TOURNAMENT AT WABASH COLLEGE, FEB. 6

Team Standings

1. Trine University 150
2. Wabash College 132.5
3. Olivet College 129
4. **Mount 95.5**
5. Manchester College 68.5

MOUNT INDIVIDUAL RESULTS

125: Cody Stewart, 2-0, First place

Stewart pinned Flesson (OLV), 3:45
Stewart def. Boyer (WAB), 13-7

133: Mike Willig, 0-2, Fifth place

Sheets (TRN) pinned Willig, 0:49
Holmquest (MAN) pinned Willig, 4:03

141: Eric Meyer, 2-0, First place

Meyer def. Richmond (OLV), 11-3
Meyer def. Pompei (TRN), 6-2

157: Cory Disbennett, 0-3, Eighth place

Poque (MAN) def. Disbennett, 12-5
Moore (WAB) def. Disbennett, 8-4
Corner (TRN) def. Disbennett, 8-2

157: Tommy Fehring, 3-0, First place

Fehring pinned Corner (TRN), 1:11
Fehring def. Leffel (UC-TRN), 9-1
Fehring def. Judy (UC-OLV), 7-4

165: Justin Meineke, 0-2, Seventh place

Young (WAB) pinned Meineke, 2:21
Waring (UC-TRN) def. Meineke, 12-1

165: Matt Collins, 0-3, Sixth place

Markou (TRN) pinned Collins, 2:10
Youngs (WAB) def. Collins, 5-3
Waring (UC-TRN) def. Collins, 12-3

165: Tim Pope, 2-1, Third place

Markou (TRN) def. Pope, 3-1
Pope pinned Waring (UC-TRN), 0:34
Pope pinned Youngs (WAB), 2:14

197: Sean Brooks, 2-1, Second place

Brooks def. Deetz (MAN), 11-0
Brooks def. McAllister (OLV), 5-4
Fleet (TRN) def. Brooks, 12-7

HEARTLAND COLLEGIATE ATHLETIC CONFERENCE DUAL VS. MANCHESTER COLLEGE AT COLLEGE OF MOUNT ST. JOSEPH, FEB. 12

125: Cody Stewart (MSJ) dec. Alex Filer, 7-6
133: Charles Holmquest (MC) maj. dec. .Mike Willig, 9-1
141: C.J. Pickelheimer (MSJ) pinned Neeko Paris, 2:50
149: Eric Meyer (MSJ) tech. fall Adam Ulmer, 16-1
157: Tommy Fehring (MSJ) dec. Chandler Pogue, 10-5
165: Tim Pope (MSJ) pinned Kurt Monix, 2:19
174: Nolan Karwoski (MSJ) dec. Chad Ulmer, 11-4
184: Marc Fridley (MSJ) won by forfeit
197: Sean Brooks (MSJ) won by forfeit
285: Sean Jameson (MSJ) pinned Spencer Fulk, 3:28
Mount St. Joseph 44, Manchester College 4

Conference Champion: College of Mount St. Joseph

HCAC Wrestler of the Year: Bryan Massong

HCAC Coach of the Year: Casey Stouffer

Past Mount All-Conference Champions

1998-1999

Mount – Third place
Casey Stouffer (125)
Rico Hill (133)
Jimmy Wandsnider (157)

1999-2000

Mount – First place
Rod Huber, Coach of the Year
Rico Hill (133)
Jared Combs (184)
James Wagers (197)

2000-2001

Mount – Third place
Kyle Bowser (157)
Jarrod Martin (197)

2001-2002

Mount – Sixth place
Jared Combs (184)

2002-2003

Mount – Fourth place
Tim Harrison (141)

2003-2004

Mount – Fifth place
Jason Roush (149)

2004-2005

Mount – Third place
Julian Hall (149)

2005-2006

Mount – Second place
(HCAC Dual Tournament)
Joe Kaake (125)
Elliott Spence (157)
Tim Kelly (174)

2006-2007

Mount – Second place
(HCAC Dual Tournament)
Steve Austin (125)
Jason Roush (149)
Elliott Spence (157)
Chad Craft (184)
Tim Kelly (197)

2007-2008

Mount – First place
(HCAC Dual Tournament)
Casey Stouffer, Coach of the Year
Eric Meyer (133)
Elliott Spence (149)
Heath Lukacs (174)
Chad Craft (184)
Pat Truster (197)

2008-2009

Mount – First place
(HCAC Dual Tournament)
Casey Stouffer, Coach of the Year
Eric Meyer, Co-Wrestler of the Year
Eric Meyer (141)
Dave Harris (149)
Bryan Massong (157)
Jesse Hooven (174)
Chad Craft (184)

Mount in the HCAC and the Mid-States Conference

The Mount and Manchester College are the only two schools in the HCAC that have wrestling. The Lions, however, compete against Olivet College, Trine College, Wabash College and Manchester in the Mid-States Conference tournament.

The Mount began its first year in the HCAC, 1998-1999, placing third in the championship tournament with 53 points. Rico Hill (133), Casey Stouffer (125) and Jimmy Wandsnider (157) were named to the All-Conference Team. Each one of these wrestlers also won their weight class in the tournament.

The 1999-2000 season showcased many accomplishments by the Lions. The Mount placed first in the HCAC Tournament with 98.5 points. Coach Rod Huber was named Coach of the Year, while Rico Hill (133), Jared Combs (184) and James Wagers (197) were all named to the All-Conference Team.

The Lions had another good season in 2000-2001. The Mount placed third in the HCAC Tournament. Kyle Bowser (157) and Jarrod Martin (197) were named All-Conference.

With new Head Coach Thomas Wynn leading the way, the Lions improved their skills and results, placing sixth overall in the 2001-2002 conference tournament. Sidney Bostic (141) placed sixth, Robert Roberson (149) placed fourth, Chris Bonati (165) placed third, Jared Combs (184) placed first, and Josh Scharfenberger (197) placed fifth in the conference tournament. Combs was also named First-Team All-Conference.

In the 2002-2003 season the Mount placed fourth in the conference tournament, led by Tim Harrison (141) in first place and Nate Jolly (157) in third place. The Mount had five wrestlers place in the meet, which was won by Manchester College.

The 2003-04 season saw the Lions claim fifth place in the conference tournament. The team was led by Jason Roush (149), who took first place in his weight class and went on to the NCAA National Tournament, and by Ron Helm (141), third place. The Mount also collected one fourth place finish and four fifth place finishes in the tournament.

In the 2004-2005 the Lions recorded a third place finish at the conference tournament, their best finish since 2000-2001. Seven Mount wrestlers recorded placings at the tournament, as Jason Roush (149) and Julian Hall (141) came in first. Three others wrestlers, Tim Harrison (141), Steve Austin (125) and Bob Poweski (197) were all runner-ups in their respective weight classes.

The Mount placed second at the Mid-states Conference Tournament for the 2005-2006 season, as Joe Kaake (125), Elliott Spence (157) and Tim Kelly (174) claimed individual titles. The Mount was awarded the HCAC title by out-distancing Manchester College, who was sixth at the Mid-states Conference Tournament.

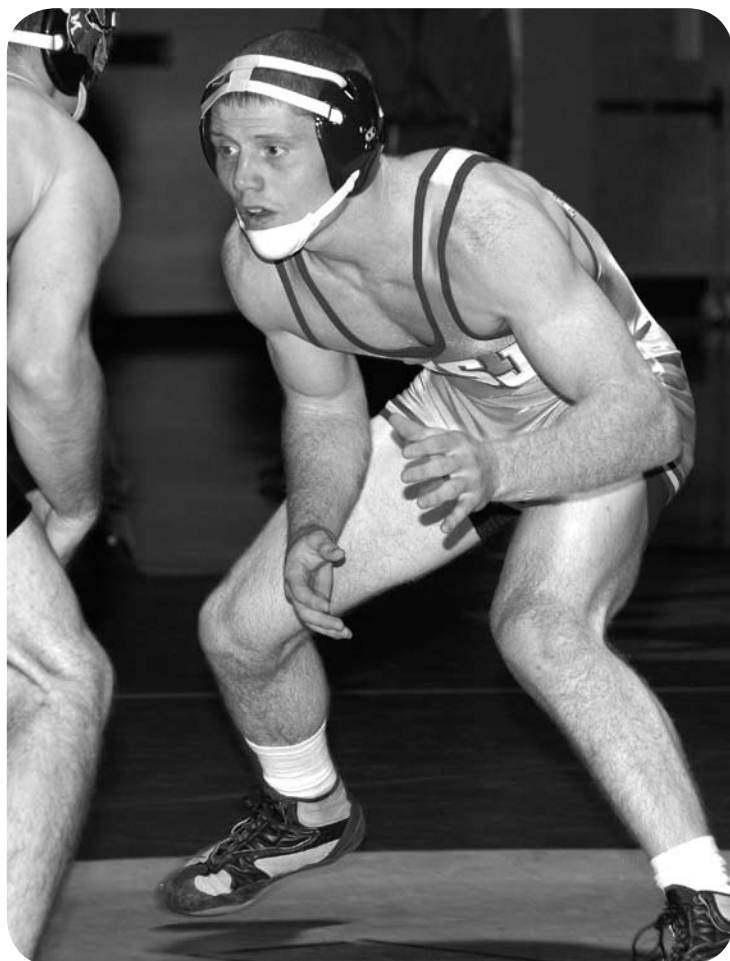
The Mount, Rose-Hulman and Manchester held the HCAC Duals Tournament in 2006-2007, with the Mount defeating Rose-Hulman, 55-0, and narrowly losing to Manchester, 24-23. Five Mount wrestlers went 2-0 during the two duals, led by Elliott Spence (157) who had two pins. The Mount finished fourth at the Mid States Conference Tournament and claimed first in the HCAC edging fifth place Rose-Hulman and sixth place Manchester. Jason Roush was voted the Mid-States Conference Wrestler of the Year while Roush, Spence and Josh Sasfy were named to the All-Academic Team. Steve Austin (125), Eric Meyer (133) and Tim Kelly (197) each placed first in their weight division at the Mid-states Tournament.

The Lions recorded a 2-0 mark at the HCAC Tournament duals in the 2007-08 season, with Manchester 1-1 and Rose-Hulman 0-2. Mount Head Coach Casey Stouffer was named HCAC Coach of the Year while senior Elliott Spence was honored as HCAC Wrestler of the Year. In the two conference duals, the Mount defeated Manchester, 28-22; and Rose-Hulman, 37-12. Eric Meyer, Spence, Heath Lukacs, Chad Craft, and Pat Truster all went 2-0, and were named First Team All-HCAC. The Mount was

second in the Mid-states Conference Tournament, placing just behind #1 Olivet College, 162.5-141. Stouffer was named Mid-states Coach of the Year while Spence picked up a Mid-states Co-Wrestler of the Year honor. Meyer was named to the Mid-states All-Academic Team. Meyer (133) and Spence (149) each went 3-0 at Mid-States and won their respective weight class.

The Mount was 2-0 in the 2008-2009 season's HCAC Duals Tournament, and fourth out of six teams in the Mid-States Conference Tournament. The Lions pulled in a large number of individual awards from the HCAC during the season, including six Player of the Week honors, co-MVP honors (Eric Meyer) and Coach of the Year (Casey Stouffer). Five Mount wrestlers were named to the All-HCAC team, helping the Lions to first in the HCAC Duals Tournament. Ethan Miller (125) claimed first place at the Mid-States Conference Tournament, recording a 4-0 mark, while teammates Dave Harris (149), Bryan Massong (157) and Chad Craft (184) all came in second at Mid-States in their respective weight classes.

With the HCAC down to two schools competing in wrestling, the Lions took the HCAC Dual Tournament title again, this time with a 44-4 win over Manchester College. Seven of the wrestlers won their respective weight class during the match. Bryan Massong was awarded HCAC MVP and Coach Casey Stouffer was named Coach of the Year – his third straight such award. At Mid-states Cody Stewart (125), Eric Meyer (141), and Tommy Fehring (157) won first place in their weight while fellow teammate Sean Brooks (197) came in second place. The Lions finished fourth in the team standings.



Bryan Massong posted 62 wins in his two seasons at the Mount.

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