



# 2007 Cross Country Guide

COLLEGE OF MOUNT ST. JOSEPH

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## ABOUT THIS GUIDE

The College of Mount St. Joseph's 2007 Cross Country Guide has been produced by the Sports Information Office and the Design Office to assist you with your coverage this year. All photos are courtesy of Don Denney Photography. The guide was published in September 2007 with all of the information available at that time.

Additional and updated information, statistics and photos are available at all times to accredited news sources from the Sports Information Office, (513) 244-4927. For more on Mount athletics, visit [www.msj.edu/athletics](http://www.msj.edu/athletics).

## STAFF DIRECTORY (Area Code 513)

### Athletic Department Staff

Steve Radcliffe, Athletic Director .....	244-4381
Ron Bowling, Associate Athletic Director .....	244-8585
Stacie Carney, Administrative Assistant (Dowell Building) ....	244-4311
Joanie Schroth, Administrative Assistant (Sports Complex) ..	244-8580
Georgana Taggart, Faculty Athletic Representative .....	244-4952
Fax Number (Dowell Building).....	244-4928
Fax Number (Sports Complex) .....	244-8581

### Coaching Staff

Chuck Murray, Baseball Coach, Recreation Co-coordinator .....	244-4402
Larry Cox, Men's Basketball Coach, Assistant Athletic Director .....	244-4929
Melanee Atkinson, Women's Basketball Coach .....	244-4590
Danielle Harris, Cheerleading Coach .....	244-4311
Roosevelt Jackson, Men's/Women's Cross Country Coach, Men's/Women's Track & Field Coach .....	244-4842
Jennifer Link/Nikki Schorsch, Dance Coaches .....	244-4311
Rod Huber, Football Coach .....	244-4896
Vince Suriano, Assistant Football Coach .....	244-4422
Jeff Hill, Assistant Football Coach, Assistant Men's/Women's Track & Field Coach .....	244-8597
Joe Sparhawk, Men's Golf Coach, Recreation Co-coordinator .....	244-4876

Jeff Newman, Women's Golf Coach, Assistant Baseball Coach .....	244-8583
Pat Kennedy, Men's/Women's Lacrosse Coach .....	244-4427
Carrie Taylor, Men's/Women's Soccer Coach .....	244-8587
Leah Todd, Assistant Men's/Women's Soccer Coach .....	244-8586
Beth Goderwis, Softball Coach .....	244-4853
Del Walters, Men's Tennis Coach, Assistant Men's Basketball Coach .....	244-8596
Brian Beebe, Women's Tennis Coach, Assistant Women's Basketball Coach .....	244-8599
Michele Benoit, Volleyball Coach, Assistant Athletic Director .....	244-4316
Erin Pauley, Assistant Volleyball Coach, Assistant Men's/Women's Track & Field Coach .....	244-3276
Casey Stouffer, Wrestling Coach, Coordinator of Athletic Facilities .....	244-4474

### Sports Medicine

Lisa Osterbrock, A.T.C., Head Athletic Trainer.....	244-4599
Sean Degerstrom, A.T.C., Assistant Athletic Trainer .....	244-4875
Susan Miniello, A.T.C., Assistant Athletic Trainer .....	244-4875
Erin Beckwith, A.T.C., Assistant Athletic Trainer .....	244-4875
Howard Schertzing Jr., M.D., Team Medical Director ....	244-4875
Robert Burger, M.D., Team Orthopedic Director .....	481-5050

### Sports Information

Dane Neumeister, Director .....	244-4927
Abby Nedeau, Student Co-op .....	244-4927

## ATHLETIC FACILITIES AT THE MOUNT

The Mount provides its students with athletic fields and the Harrington Center, a modern two-level student union with a running track, gym, fitness center, and food court. During the 2003-2004 academic year, the Mount began its Campus Expansion Plan, which includes athletic fields to accommodate more Mount teams on campus for practice and home games.

The Mount's East Fields on Delhi Road, which have been the home field for women's soccer, have been expanded into a game field and running track with seating for up to 2,400 spectators. The new Sports Complex gives the Mount Lions' football team its first home field on campus since 1990. It also provides a home field for women's soccer, men's soccer and lacrosse teams for men (2007) and women (2008). The track serves the Mount's track & field teams and additional facilities house the Mount's academic program in athletic training, as well as locker rooms and concessions. The Campus Expansion Plan also included the renovation of nearby College property into practice fields. The Lions' softball team began playing home games at the new River Road softball field in 2007.

The Mount Lions' baseball team plays home games at Midland Field, one of Cincinnati's finest baseball facilities for teams and spectators.

The Harrington Center, which opened in 1998, contains two full courts for Lions volleyball and basketball as well as the full range of Mount intramural teams. The Harrington Center also features a specially surfaced indoor running track; courts for racquetball, squash and walleyball; fitness center; weight training; athletic training; and locker facilities.

The Mount's west campus field, the J. Page Hayden Athletic Field, is the location for the Mount's field events during track & field meets and is a practice field for the Lions' Roar Marching Band. The Mount also provides lighted tennis courts for intercollegiate and intramural teams.

The Mount men's golf team's home course is Miami Whitewater Forest Golf Course in Harrison, Ohio. The course is a par-72, 6,808-yards course with a rating of 72.3 and a slope of 125.



## A MESSAGE FROM THE PRESIDENT



### Sister Francis Marie Thraikill, Ed.D.

Welcome to the College of Mount St. Joseph and Lions country. We are proud to be the home of HCAC Division III competition in Greater Cincinnati so that the community can enjoy exciting competition among student athletes who are dedicated to their sport and their studies.

A Mount education is about preparing for life academically, professionally, personally, and spiritually. Students have the opportunity to play in 21 competitive sports at the Mount as well as to join marching band and over 40 clubs and organizations. They take courses in smaller classes where professors advocate learning and interaction. Cooperative education, service learning and cultural/global immersion involve students in life experiences and social responsibility. Students are the heart of the community we enjoy at the Mount, and our student athletes appreciate your attendance and support.

Please visit the Mount again for more exciting HCAC Division III excitement, and visit our Web site at [www.msj.edu](http://www.msj.edu) for listings of the events and programs offered throughout the year.

Enjoy the game!

Sincerely,

Sister Francis Marie Thraikill, Ed.D.

## MOUNT ATHLETICS DIRECTOR



### Steve Radcliffe

Steve Radcliffe enters his 13th year as the Lions' athletic director for the 2007-2008 school year, and he looks forward to another outstanding season of athletics at the Mount. The Lions captured three conference championships last fall. The football team won their third straight HCAC championship, and once again qualified to the NCAA Division III playoffs. The volleyball team was first in

the HCAC regular season and won their ninth straight HCAC Tournament title advancing them to the Great Lakes Regional. The baseball team won the HCAC Tournament title advancing to the Mideast Regional. The Mount also had men's lacrosse for the first time last spring.

In addition, there were plenty of other highlights, both individually and team-wise, for the Mount's athletic programs last season. The women's soccer team and men's basketball teams both had winning

season, as women's soccer advanced to the HCAC Tournament championship game. The Lions' wrestling team was second in the conference, fourth in the regional and sent two wrestlers to the NCAA Division III National Wrestling Tournament, recording two placers.

Radcliffe has long been a part of the sports programs at the Mount. A retired athletic trainer, Radcliffe began his athletic training career in 1976 and was hired to implement the Mount's first academic program for athletic training in 1989. In addition, Radcliffe has been the Lions' head athletic trainer, working with athletes from all the intercollegiate sports, as well as teaching athletic training at the College.

Radcliffe, who received his bachelor's degree in 1978 and his master's in physical education in 1981 from Miami University (Ohio), became the Mount's athletic director in 1995. Upon entering the position, Radcliffe stressed the importance of upholding the College's stellar reputation of academics and athletics as a positive influence in student life and development at the Mount.

Steve and his wife, Darlene, have two children, Victoria and Michael. The Radcliffes live in Delhi.

## SUPPORT STAFF



**Dane Neumeister**  
Director of Sports Information



**Ron Bowling**  
Associate Athletic Director



**Charlie Wrublewski**  
Facilities Management Set-Up



**Joanie Schroth**  
Administrative Assistant



**Abby Nedeau**  
Sports Information Co-op



**Andy Backs**  
Public Address Announcer



**Georgana Taggart**  
Faculty Athletic Representative



**Stacie Carney**  
Administrative Assistant



**Gary Schatz**  
Football Statistician



**Greg Grady**  
Football Statistician



**Dr. Howard Schertzinger**  
Team Physician



**Dr. Robert Burger**  
Team Orthopedic Director

## CHEERLEADERS



*Front row (L-R): Maria Campolongo, Katie Carney, Michelle Pence, Erin Stretch, Jessie Kell, Stacy Honnert, Caitlin Propps. Back row: Brittany Spriggs, Meagan Stretch, Stephanie Pike, Lesley Rowe, Heather Kailholz, Natalie Schuster, Brittany Garrick. Not pictured: Chelsea Sims, Ann Benedict, Megan Baughman (Coach), Danielle Harris (Coach).*

## DANCE TEAM



*Front row (L-R): Jodi Stockelman, Tricia Wietmarschen, Sam Stapleton. Middle row: Kelsey Keyes, Sarah Holter, Vanessa Black, Debbie Nieman. Back row: Katie Skeeters (Coach), Jennifer Link (Coach), Nikki Schorsch (Coach). Not pictured: Lydia Taulbee.*

# Men's Cross Country • 2007



## 2007 SCHEDULE

Date	Meet	Site	Time
9/1	Franklin College Invitational	Franklin, IN	10:00 a.m.
9/14	National Catholic Championships (Notre Dame University)	South Bend, IN	4:15 p.m.
9/29	Louisville Classic (Division III Blue Division)	Louisville, KY	9:30 a.m.
10/5	All-Ohio Championships (Ohio Wesleyan University)	Delaware, OH	2:00 p.m.
10/12	Wilmington College Fall Classic	Wilmington, OH	5:00 p.m.
10/27	HCAC Championships (Hanover College)	Hanover, IN	TBA
11/10	NCAA Division III Great Lakes Regional (Calvin College)	Grand Rapids, MI	TBA

## 2007 SEASON OUTLOOK

With seven returners from last season's team three newcomers, the Lions and look ready to make a move up the conference standings. The Mount was fifth in the HCAC Championship race in 2006. The core of the team and their first three placers at the HCAC Championship were freshmen last fall and all are back this season.

Jeffrey Schroer, who led the team in all eight meets last season, was 15th at the HCAC meet and just missed gaining All-Conference honors. He also had a solid track season for the Mount last spring, placing fourth in the conference meet in the 10,000 meters race. Two other track team members, Ben Weidner and James Pursley, who are good middle distance runners, are back and are expected to push Schroer for the top spot this fall. Another sophomore, Alex Shields also returns and has shown improvement.

Dan Hammergren, the lone senior on the team who is running for his fourth season, will add maturity and depth to a young and promising group. Sophomore Josh Huffman and junior Roy MacDonald also return. The Mount has two freshmen on the team this season, John Hutzel and Zach Shaw. Jackson expects Shaw to push for a top five finish at races this season. Sophomore Steven Wallpe rounds out the squad.

"Performing well in the HCAC has to be our focus," Jackson states. "Becoming one of the top tier teams requires that our current runners progress to higher levels so that our recruiting efforts are supported by a developing program."

The Mount has five regular season meets before competing in the HCAC Championships at Hanover College on Oct. 27. The team will also run in the Nov. 10 NCAA Division III Great Lakes Regional, which will be held at Calvin College.

## 2007 ROSTER

Name	Cl.	Hometown/High School
Dan Hammergren	Sr.	Lakeview, OH/Indian Lake
Josh Huffman	So.	Harrison, OH/Harrison
John Hutzel	Fr.	Blanchester, OH/Blanchester
Roy MacDonald	Jr.	Bluffton, OH/Cory-Rawson
James Pursley	So.	Bellefontaine, OH/Bellefontaine
Jeffrey Schroer	So.	Cincinnati, OH/Elder
Zach Shaw	Fr.	Cincinnati, OH/Wyoming
Alex Shields	So.	Cincinnati, OH/La Salle
Steven Wallpe	So.	Cincinnati, OH/La Salle
Ben Weidner	So.	Cincinnati, OH/Elder

## 2007 COACHING STAFF



### Head Coach Roosevelt Jackson, Jr.

Roosevelt Jackson, Jr. returns for his second season as the Mount's head men's and women's cross country coach. Jackson was hired in August 2006 and is also the head coach of the Lions' men's and women's track & field programs.

Jackson, a 1986 graduate of Miami University, received a Bachelor of Science in Consumer Science degree. He was most recently at Pike High School in Indianapolis, Indiana, where he coached the boy's track team for two years. While at Pike, Jackson had 19 state qualifiers, one individual state champion, one individual state runner-up, and he led his team to their first-ever IHSAA Sectional Championship in 2006. Prior to coaching at Pike, Jackson was the head girl's track coach at Brebeuf Jesuit Preparatory School in Indianapolis, Indiana for six years. He coached 27 state qualifiers and two individual state champions while at Brebeuf Jesuit.

Coach Jackson had been in the corporate work sector and was most recently employed at Ciara Group, Inc. in Indianapolis, Indiana, as a regional marketing director (Indiana and Ohio). He is certified as a personal trainer by the AFAA, a certified Fitness Nutrition Coach by the NESTA, and a certified Speed, Agility and Quickness Coach by the NESTA. In addition, he is a USA Track & Field Level I Certified Coach and a USA Track and Field Level II Certified Coach (Distance Running Specialty).

While in college, Jackson was a two-time NCAA Division I track & field national qualifier and an All-Ohio Cross Country Champion. Jackson was an Olympic Trials Qualifier in 1984 and 1988 and on the USA Track & Field team in 1988.

Jackson resides in Cincinnati, Ohio.

## 2007 RETURNING RUNNERS' PROFILES

### Dan Hammergren

Senior • Major: Interior Design

High School: Lakeview (Lakeview, OH)

Hammergren returns for his fourth season with the Mount. He ran in all eight meets the Mount participated in last year, and finished among the team's top five runners in each race. His best run was at the Wilmington College Fall Classic where he completed the 8K competition in a time of 31:27.63. Dan is the son of Sue and Mike Hammergren.

Photo  
Not  
Available

### Josh Huffman

Sophomore • Major: Business

High School: Harrison (Harrison, OH)

Huffman returns for his second season with the Mount. He ran in every meet during the 2006 season and showed much improvement throughout the season. Huffman's quickest finish was at the Wilmington College Fall Classic in October. Josh is the son of Tricia Tucker.



### Roy MacDonald

Junior • Major: Nursing

High School: Cory-Rawson (Bluffton, OH)

MacDonald returns for his third season with the Mount. MacDonald ran in three meets last year due to a knee injury, but hopes to contribute more for the Mount in 2007. His best run last fall was at the Greater Louisville Classic where he finished with a time of 35:57.10.

Photo  
Not  
Available

### James Pursley

Sophomore • Major: Pre-Special Education

High School: Bellefontaine (Bellefontaine, OH)

Pursley returns for his second season with the Mount. He finished second on the team at five of the eight meets he ran in last year, and his best time was 29:49.01 at the Greater Louisville Classic. James is the son of Regina and James Pursley.



### Jeffrey Schroer

Sophomore • Major: Nursing

High School: Elder (Cincinnati, OH)

Schroer returns for his second season with the Mount. He had an outstanding season in 2006 by finishing first among the Lions' individual runners at all eight meets last year. Schroer placed in the top 20 overall at five meets last season, and also received 15th place overall at the HCAC Cross Country Championship. Schroer's fastest run was turned in at the Greater Louisville Classic, where he recorded a time of 27:26.36. Jeffrey is the son of Mary and Thomas Schroer.



### Alex Shields

Sophomore • Major: Undeclared

High School: LaSalle (Cincinnati, OH)

Shields returns for his second season with the Mount. He ran in five of the eight meets in 2006 and registered his best time of 33:01.86 at the Wilmington College Fall Classic. Alex is the son of Karen and Robert Shields.



### Ben Weidner

Sophomore • Major: Athletic Training

High School: Elder (Cincinnati, OH)

Weidner returns for his second season with the Mount. He ran in every meet the Mount took part in last year and his best race was at the Wilmington College Fall Classic, where he recorded a time of 28:59.10. He also placed 12th at the Northern Kentucky University Cross Country Classic. Ben is the son of Kimberlee and Robert Weidner.



## 2006 TEAM/INDIVIDUAL RESULTS

### Franklin College Invitational (Franklin, IN) 8K September 2

#### Team Standings

1. Franklin College, 57
2. Rose-Hulman Institute of Technology, 61
3. Manchester College, 82
4. Vincennes University, 102
5. Wilmington College, 107
6. Earlham College, 117
7. **The Mount, 201**
8. Hanover College, 225

**Individual winner:** Brandon Welti, Franklin, 26:33.90

#### The Mount individual results

12. Jeffrey Schroer, 28:04.80.
54. James Pursley, 30:09.70
57. Ben Weidner, 30:19.00
90. Josh Huffman, 33:14.10
91. Dan Hammergren, 33:17.20
101. Roy MacDonald, 40:01.20

### Hanover College Madison Kiwanis Invitational (Hanover, IN) 8K September 9

#### Team Standings

1. Anderson University, 39
2. Mt. Union College, 62
3. Ohio Northern University, 76
4. Heidelberg College, 78
5. Marian College, 152
6. Baldwin-Wallace College, 160
7. Franklin College, 166
8. Campbellsville University, 255
9. **The Mount, 278**
10. Hanover College, 303

**Individual winner:** Sean Hudson, Anderson University, 26:17.64

#### The Mount individual results

30. Jeffrey Schroer, 28:11.66
56. James Pursley, 31:04.16
59. Ben Weidner, 31:19.09
66. Dan Hammergren, 34:56.91
67. Josh Huffman, 36:48.00
68. Alex Shields, 37:05.00
69. Rayshawn Eastman, 37:48.00

### Northern Kentucky University Cross Country Classic (Highland Heights, KY) 8K September 15

#### Team Standings

1. Northern Kentucky University, 15
2. **The Mount, 63**
3. Thomas More College, 79
4. Transylvania University, 83

**Individual winner:** Matthew Shoulta, Northern Kentucky University, 26:26.90

#### The Mount individual results

6. Jeffrey Schroer, 27:51.23
10. James Pursley, 30:35.34
12. Ben Weidner, 31:09.21
17. Josh Huffman, 34:14.79
18. Dan Hammergren, 34:59.54
21. Roy MacDonald, 36:43.41

### Greater Louisville Classic E.P. Tom Sawyer State Park (Louisville, KY) 8K - Blue Division September 30

#### Team standings (24 schools) (Top 5)

1. Lindenwood University, 47
2. Bellarmine University, 128
3. Lipscomb University, 142
4. Marian College, 144
5. Western Carolina University, 162
21. **The Mount, 491**

**Individual winner:** Ivaylo Ignatov, Lindenwood University, 25:08.45

#### The Mount individual results

20. Jeffrey Schroer, 27:26.36
90. Ben Weidner, 29:06.76
111. James Pursley, 29:49.01
132. Dan Hammergren, 32:15.33
138. Josh Huffman, 33:09.60
142. Alex Shields, 34:02.75
143. Roy MacDonald, 35:57.10

### All-Ohio Championships (Delaware, OH), 8K - Division III October 6

#### Team standings (21 schools) (Top 5)

1. Mount Union College, 54
2. Ohio Northern University, 72
3. Heidelberg College, 115
4. Denison University, 122
5. Case Western Reserve University, 126
17. **The Mount, 530**

**Individual winner:** Jeremy Velliquette, Mount Union College, 26:35.1

#### The Mount individual results

60. Jeffrey Schroer, 28:48.0
106. James Pursley, 31:16.8
113. Ben Weidner, 31:40.7
124. Dan Hammergren 34:00.3
127. Josh Huffman, 34:55.7

**2006 TEAM/INDIVIDUAL RESULTS (continued)****Wilmington College Fall Classic  
(Wilmington, OH) 8K  
October 13****Team standings (15 schools)  
(Top 5)**

1. University of the Cumberlands, 40
2. Denison University, 58
3. Anderson University, 64
4. Shawnee State University, 78
5. Franklin College, 163
- 11. The Mount, 335**

**Individual winner:** Dan Campbell, University of the Cumberlands, 25:37.26

**The Mount individual results**

18. Jeffrey Schroer, 27:16.90
59. Ben Weidner, 28:59.10
78. James Pursley, 30:35.89
87. Dan Hammergren, 31:27.63
93. Joe Grace, 32:41.49
96. Josh Huffman, 33:01.85
97. Alex Shields, 33:01.86

**HCAC Cross Country Championships**

**Hosted by: Franklin College at Johnson County Horse Park  
(Franklin, IN) 8K  
October 28**

**Team Standings**

1. Anderson University, 18
2. Franklin College, 72
3. Manchester College, 77
4. Rose-Hulman Institute of Technology, 80
- 5. The Mount, 173**
6. Hanover College, 189
7. Bluffton University, 195
8. Defiance College, 243
9. Transylvania University, 250

**Individual winner:** Stephen Cohen, Anderson University, 26:14.58

**The Mount individual results**

15. Jeffrey Schroer, 28:09.36
31. James Pursley, 29:55.09
32. Ben Weidner, 29:57.02
46. Dan Hammergren, 32:02.74
49. Josh Huffman, 32:23.65
50. Joe Grace, 32:25.54
55. Alex Shields, 37:42.06

**NCAA Division III Great Lakes Regional  
Hosted by: Hanover College  
(Hanover, IN) 8 K  
November 11**

**Team Standings (31 schools):****Top five**

1. Calvin College, 17
2. Heidelberg College, 119
3. Ohio Northern University, 123
4. Mount Union College, 133
5. Hope College, 152
- 30. The Mount, 905**

**Individual winner:** Tim Finnegan, Calvin College, 25:25.9

**The Mount individual results**

106. Jeffrey Schroer, 28:05.2
183. Ben Weidner, 29:45.6
194. James Pursley, 30:20.1
210. Dan Hammergren, 32:13.7
212. Joe Grace, 32:30.7
214. Alex Shields, 33:31.6
216. Josh Huffman, 34:22.9

**MOUNT IN THE HCAC**

This year will be the Mount's men's cross country team's fifth season of competition and fifth campaign in the Heartland Collegiate Athletic Conference. Other institutions in the conference are Anderson University, Bluffton College, Defiance College, Franklin College, Hanover College, Manchester College, and Transylvania University. In 2002, the Lions finished seventh out of eight schools in the HCAC Championships as Mount runner Kurtis Smith recorded a seventh-place finish and was named to the All-HCAC Team. A total of six runners raced for the Mount.

The Lions took another seventh place finish in 2003. Anderson University led the conference with a first place finish and 34 points. Manchester College followed Anderson with 59 points. Kurtis Smith led the Lions with a 14th place finish, two spots away from claiming All-Conference honors.

The Mount placed seventh for the third straight season in 2004, as Anderson once again captured first place in the team standings. Bob Hammergren led the way for the Lions in the HCAC meet, leading three teammates to the finish line.

The Mount did not record a team score in 2005's HCAC Championship. Anderson once again finished in first place. Joe Grace led the way for the Lions in the HCAC meet, placing 55th.

Although 2006 was another rebuilding year for the men's cross country squad, they did manage to place fifth out of nine schools at the HCAC Championship meet. Jeffrey Schroer led the Mount in the 8K run with a time of 28:09.36 and a 15th place finish.

## 2006 HCAC CHAMPIONSHIP STANDINGS

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Team	Points
1. Anderson University	18
2. Franklin College	72
3. Manchester College	77
4. Rose-Hulman Institute of Technology	80
<b>5. The Mount</b>	<b>173</b>
6. Hanover College	189
7. Bluffton University	195
8. Defiance College	243
9. Transylvania University	250

## 2006 ALL-CONFERENCE (listed in order of finish at the HCAC Championship)

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Name	School	Cl.	Time	Name	School	Cl.	Time
Stephen Cohen	Anderson	Sr.	26:14.58	Kyle Schmidt	Anderson	Fr.	27:34.20
Sean Hudson	Anderson	Jr.	26:30.71	Christian Postel	Franklin	Jr.	27:39.81
Brandon Welti	Franklin	So.	26:45.79	Kyle Beaty	Rose-Hulman	Fr.	27:48.18
Troy Pryor	Anderson	So.	27:10.20	Andy Williams	Manchester	Fr.	27:56.25
Matt Ingalls	Anderson	Jr.	27:14.99	Josh Nifong	Manchester	Sr.	27:57.45
Bryan Phillips	Anderson	Jr.	27:15.27				
Matt Helm	Anderson	So.	27:23.72				

## 2006 RUNNERS OF THE WEEK

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Week Ending	Name, School	Week Ending	Name, School
Sept. 3	Brandon Welti, Franklin	Oct. 1	Matt Repping, Rose-Hulman
Sept. 10	Sean Hudson, Anderson	Oct. 8	No Player of the Week
Sept. 17	Sean Hudson, Anderson	Oct. 15	Stephen Cohen, Anderson
Sept. 24	Andy Williams, Manchester	Oct. 22	No Player of the Week chosen

## 2006 MOUNT ACADEMIC ALL-CONFERENCE

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Daniel Hammergren

## MOUNT PAST HCAC CHAMPIONSHIP RESULTS

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- 2002 The Mount placed seventh out of eight schools, Anderson placed first.
- 2003 The Mount placed seventh out of eight schools, Anderson placed first.
- 2004 The Mount placed seventh out of eight schools, Anderson placed first.
- 2005 The Mount placed last out of eight schools, Anderson placed first.

## PAST MOUNT ALL-CONFERENCE HONORS

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- 2002 Kurtis Smith, seventh place, 27:23.0

# MOUNT APPEARANCES IN THE NCAA DIVISION III REGIONAL MEET

## 2002 (at Ohio Northern University)

### 31. The Mount, 856

50. Kurtis Smith, 26:40.0  
 198. Bob Hammergren, 31:03.0  
 199. Adam Pace, 31:03.0  
 204. Ben Just, 32:23.0  
 205. Jay Ehrnschwender, 32:50.0  
 208. Chris Meiners, 33:31.0

## 2003 (at Hanover College)

### 32. The Mount, 953

112. Kurtis Smith, 28:31.0  
 207. Adam Pace, 30:57.0  
 211. Alex Echeverry, 32:50.0  
 215. Steve Thompson, 36:46.0  
 216. Robert Rambo, 37:07.0  
 217. David Anderson, 42:09.0

## 2004 (at Alma College)

### No team score, The Mount

195. Bob Hammergren, 30:15.8  
 208. Dan Hammergren, 31:50.4  
 210. Paul Brousseau, 33:45.5

## 2005 (at Voice of America Park)

### 34. The Mount, 1,112

213. Joe Grace, 30:50.0  
 224. Dan Hammergren, 33:03.8  
 225. Paul Brousseau, 33:29.3  
 228. Blake Spiller, 35:02.0  
 232. Roy McDonald, 39:27.2

## 2006 (at Hanover College)

### 30. The Mount, 905

106. Jeffrey Schroer, 28:05.2  
 183. Ben Weidner, 29:45.6  
 194. James Pursley, 30:20.1  
 210. Dan Hammergren, 32:13.7  
 212. Joe Grace, 32:30.7  
 214. Alex Shields, 33:31.6  
 216. Josh Huffman, 34:22.9

# MOUNT ALL-TIME INDIVIDUAL BEST TIMES

## 4k - Individual

Name	Class	Time	Meet	Site	Date
Dan Hammergren	Freshman	15:40.0	Tiffin-Heidelberg	Tiffin, OH	9/03/04
Bob Hammergren	Junior	16:06.0	Tiffin-Heidelberg	Tiffin, OH	9/03/04
Paul Brousseau	Freshman	16:15.0	Tiffin-Heidelberg	Tiffin, OH	9/03/04
Blake Spiller	Freshman	16:59.0	Tiffin-Heidelberg	Tiffin, OH	9/02/05
Joe Campolongo	Sophomore	17:21.0	Tiffin-Heidelberg	Tiffin, OH	9/03/04
Quentin Harris	Freshman	17:22.0	Tiffin-Heidelberg	Tiffin, OH	9/03/04
Roy McDonald	Freshman	17:58.0	Tiffin-Heidelberg	Tiffin, OH	9/02/05

## 5K - Individual

Name	Class	Time	Meet	Site	Date
Kurtis Smith	Sophomore	17:25.0	Muskingum College	New Concord, OH	8/31/02
Bob Hammergren	Freshman	19:34.0	Muskingum College	New Concord, OH	8/31/02
Chris Kannady	Freshman	20:12.0	Muskingum College	New Concord, OH	8/31/02
Adam Pace	Sophomore	20:52.0	Muskingum College	New Concord, OH	8/31/02
Ben Just	Senior	22:28.0	Muskingum College	New Concord, OH	8/31/02

## 8K - Individual

Name	Class	Time	Meet	Site	Date
Kurtis Smith	Senior	26:33.0	Tiffin Heidelberg	Tiffin, OH	9/05/03
Jeffrey Schroer	Freshman	27:16.0	Wilmington Classic	Wilmington, OH	10/13/06
Jeffrey Schroer	Freshman	27:26.0	Louisville Classic	Louisville, KY	9/30/06
Jeffrey Schroer	Freshman	27:51.0	NKU Classic	Highland Hts., KY	9/16/06
Jeffrey Schroer	Freshman	28:04.0	Franklin College Invit.	Franklin, IN	9/2/06
Jeffrey Schroer	Freshman	28:11.0	Hanover College Invit.	Hanover, IN	9/9/06
Jeffrey Schroer	Freshman	28:48.0	All-Ohio Championships	Delaware, OH	10/6/06
Ben Weidner	Freshman	28:59.0	Wilmington Classic	Wilmington, OH	10/13/06
Ben Weidner	Freshman	29:06.0	Louisville Classic	Louisville, KY	9/30/06
Eric Pace	Senior	29:34.0	Wilmington Classic	Wilmington, OH	9/20/03

## 8K - Conference

Name	Class	Time	Location	Site	Date
*Kurtis Smith	Junior	27:23.0	Mt. Airy Forest	Cincinnati, OH	10/26/02
Jeffrey Schroer	Freshman	28:09.0	Franklin College	Franklin, OH	10/28/06
Kurtis Smith	Senior	28:11.0	Woodford Co. Park	Versailles, KY	11/01/03
James Pursley	Freshman	29:55.0	Franklin College	Franklin, IN	10/28/06
Ben Weidner	Freshman	29:57.0	Franklin College	Franklin, IN	10/28/06
Joe Grace	Sophomore	30:41.0	Bluffton University	Bluffton, OH	10/29/05

Adam Pace	Senior	30:45.0	Woodford Co. Park	Versailles, KY	11/01/03
Adam Pace	Junior	31:04.0	Mt. Airy Forest	Cincinnati, OH	10/26/02
Bob Hammergren	Freshman	31:32.0	Mt. Airy Forest	Cincinnati, OH	10/26/02
Paul Brousseau	Sophomore	31:50.0	Bluffton University	Bluffton, OH	10/29/05

**8K - Regional**

<b>Name</b>	<b>Class</b>	<b>Time</b>	<b>Location</b>	<b>Site</b>	<b>Date</b>
Kurtis Smith	Junior	26:40.0	Ohio Northern Univ.	Ada, OH	11/16/02
Jeffrey Schroer	Freshman	28:05.0	Hanover College	Hanover, IN	11/11/06
Kurtis Smith	Senior	28:31.0	Hanover College	Hanover, IN	11/15/03
Ben Weidner	Freshman	29:45.0	Hanover College	Hanover, IN	11/11/06
Bob Hammergren	Junior	30:16.0	Alma College	Alma, MI	11/13/04
James Pursley	Freshman	30:20.0	Hanover College	Hanover, IN	11/11/06
Adam Pace	Senior	30:57.0	Hanover College	Hanover, IN	11/15/03
Joe Grace	Sophomore	30:50.0	Voice of America Park	West Chester, OH	11/12/05
Bob Hammergren	Freshman	31:03.0	Ohio Northern Univ.	Ada, OH	11/16/02
Adam Pace	Junior	31:03.0	Ohio Northern Univ.	Ada, OH	11/16/02

\*All-Conference

# Women's Cross Country • 2007



## 2007 SCHEDULE

Date	Meet	Site	Time
9/1	Franklin College Invitational	Franklin, IN	10:00 a.m.
9/14	National Catholic Championships (Notre Dame University)	South Bend, IN	4:15 p.m.
9/29	Louisville Classic (Division III Blue Division)	Louisville, KY	9:30 a.m.
10/5	All-Ohio Championships (Ohio Wesleyan University)	Delaware, OH	2:00 p.m.
10/12	Wilmington College Fall Classic	Wilmington, OH	5:00 p.m.
10/27	HCAC Championships (Hanover College)	Hanover, IN	TBA
11/10	NCAA Division III Great Lakes Regional (Calvin College)	Grand Rapids, MI	TBA

## 2007 SEASON OUTLOOK

With five returning runners back from last season and four promising freshmen added to the roster, the Lions figure to move up from last season's ninth place finish at the HCAC Championships and show continued improvement.

After suffering through a season of injuries to various runners, the Mount has a good core of returners back for the upcoming season. Leading the way for the Lions this fall are juniors Kassie Koch and Gina Damman. They were the top runners for the Mount in each race last season and are expected to hold down top spots again this season. Koch is back for her third season while Damman returns for a second campaign. Senior Hilary Neu and junior Jennifer Boeddeker are back for their third seasons and were among the team's top runners last season. Sophomore Amanda Smith also returns after competing in seven meets last season for the Mount, and recording top-three finishes each time out.

Four talented freshmen runners will be trying to make an impact in their first collegiate season. They are Jessica Burg, Angela Koehler, Mariana Lamping, and Chelsea Tebbe. While Jackson admits that his team is young, he did add that they understand what he is trying to accomplish with training techniques and race preparation.

"These women are poised to lead in the development of us having a competitive cross country program," Jackson adds. "Our focus will always be to become better overall athletes, both physically and mentally."

Jackson is looking for his team to better understand and prepare for the time before and during the race which will help them improve their times and the team's overall finish at races.

The Lions open the 2007 season at the Franklin College Invitational on September 1. The HCAC Championships race will be held on October 27 at Hanover College.

## 2007 ROSTER

Name	Cl.	Hometown/High School
Jennifer Boeddeker	Jr.	St. Bernard, OH/St Bernard
Jessica Burg	Fr.	Cincinnati, OH/Roger Bacon
Gina Damman	Jr.	Archbold, OH/Archbold
Kassie Koch	Jr.	Cincinnati, OH/Oak Hills
Angela Koehler	Fr.	Cincinnati, OH/Mason
Mariana Lamping	Fr.	Cincinnati, OH/Colerain
Hilary Neu	Sr.	Dayton, OH/Chaminade-Julienne
Amanda Smith	So.	Cincinnati, OH/Oak Hills
Chelsea Tebbe	Fr.	Covington, OH/Covington

## 2007 COACHING STAFF



### Head Coach Roosevelt Jackson, Jr.

Roosevelt Jackson, Jr. returns for his second season as the Mount's head men's and women's cross country coach. Jackson was hired in August 2006 and is also the head coach of the Lions' men's and women's track & field programs.

Jackson, a 1986 graduate of Miami University, received a Bachelor of Science in Consumer Science degree. He was most recently at Pike High School in Indianapolis, Indiana, where he coached the boy's track team for two years. While at Pike, Jackson had 19 state qualifiers, one individual state champion, one individual state runner-up, and he led his team to their first-ever IHSAA Sectional Championship in 2006. Prior to coaching at Pike, Jackson was the head girl's track coach at Brebeuf Jesuit Preparatory School in Indianapolis, Indiana for six years. He coached 27 state qualifiers and two individual state champions while at Brebeuf Jesuit.

Coach Jackson had been in the corporate work sector and was most recently employed at Ciara Group, Inc. in Indianapolis, Indiana, as a regional marketing director (Indiana and Ohio). He is certified as a personal trainer by the AFAA, a certified Fitness Nutrition Coach by the NESTA, and a certified Speed, Agility and Quickness Coach by the NESTA. In addition, he is a USA Track & Field Level I Certified Coach and a USA Track and Field Level II Certified Coach (Distance Running Specialty).

While in college, Jackson was a two-time NCAA Division I track & field national qualifier and an All-Ohio Cross Country Champion. Jackson was an Olympic Trials Qualifier in 1984 and 1988 and on the USA Track & Field team in 1988.

Jackson resides in Cincinnati, Ohio.

## 2007 RETURNING RUNNERS' PROFILES

### Jennifer Boeddeker

Junior • Major: English

High School: St. Bernard (St. Bernard, OH)

Boeddeker returns for her third season with the Mount. She raced in six of the seven meets the Mount took part in during 2006 and is one of five experienced runners rejoining the Lions in 2007. Jennifer is the daughter of Mary Boeddeker.



### Gina Damman

Junior • Major: Accounting

High School: Archbold (Archbold, OH)

Damman returns for her second season with the Mount. She competed in three meets in 2006 and received first among the Mount runners in two races and was second in another race. She looks to improve on those marks this season for the Lions. Gina is the daughter of Colleen Holland and Joe Damman.



### Kassie Koch

Junior • Major: Business

High School: Oak Hills (Cincinnati, OH)

Koch returns for her third season with the Mount. She participated in all seven races in 2006 and finished first among Mount runners in five of the seven meets. Koch's best results last season were turned in at the Greater Louisville Classic where she finished with a time of 22:36.19. Kassie is the daughter of Nancy and Kris Koch.

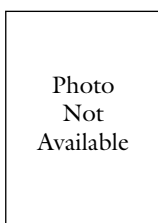


### Hilary Neu

Senior • Major: Art Education

High School: Chaminade-Julienne (Dayton, OH)

Neu returns for her third season with the Mount. She competed in six of seven meets last season for the Lions, turning in her best time of 25:12.30 at the Franklin College Invitational. Neu finished third on the team in three races last fall. Hilary is the daughter of Helen and Nicholas Neu.



### Amanda Smith

Sophomore • Major: Accounting

High School: Oak Hills (Cincinnati, OH)

Smith returns for her second season with the Mount. She raced in all seven meets last season and finished in the team's top three during each of the seven meets. She is the daughter of Kathy and Stu Smith.



## 2006 TEAM RESULTS

### Franklin College Invitational (Franklin, IN) 5K September 2

#### Team Standings

1. Rose-Hulman Institute of Technology, 49
2. Manchester College, 64
3. Hanover College, 72
4. Franklin College, 80
5. Wilmington College, 126
6. Vincennes University, 151
7. Earlham College, 162
8. **The Mount, 241**

**Individual winner:** Rachel Krasich, Rose-Hulman Institute of Technology, 19:30.80

#### The Mount individual results

41. Kassie Koch, 22:50.40
57. Amanda Smith, 24:50.38
60. Hilary Neu, 25:12.30
68. Alisha Rust, 27:21.30
72. Jennifer Boeddeker, 31:31.50

### Hanover College Madison Kiwanis Invitational (Hanover, IN) 5K September 9

#### Team Standings

1. Ohio Northern University, 45
2. Anderson University, 46
3. Baldwin-Wallace College, 55
4. Mt. Union College, 102
5. Hanover College, 158
6. Franklin College, 159
7. Campbellsville University, 189
8. Marian College, 198
9. Heidelberg College, 254
10. **The Mount, 316**

**Individual winner:** Gwen Kemple, Anderson University, 19:06.40

#### The Mount individual results

59. Kassie Koch, 23:12.00
62. Amanda Smith, 25:09.60
64. Hilary Neu, 26:21.10
65. Alisha Rust, 27:51.60
66. Jennifer Boeddeker, 29:09.80

### Northern Kentucky University Cross Country Classic (Highland Heights, KY) 5K September 15

#### Team Standings

1. Northern Kentucky University, 15
2. Transylvania University, 55
3. **The Mount, 75**

**Individual winner:** Rose Jepkirui, Northern Kentucky University, 19:00.75

#### The Mount individual results

9. Kassie Koch, 23:10.62
13. Amanda Smith, 24:51.57
16. Hilary Neu, 25:44.03
18. Alisha Rust, 27:09.70
19. Jennifer Boeddeker, 30:39.94

### Greater Louisville Classic E.P. Tom Sawyer State Park (Louisville, KY) 5K - Blue Division September 30

#### Team standings (31 schools) (Top 5)

1. Murray State University, 116
2. Middle Tennessee State University, 118
3. Lindsey Wilson College, 125
4. Cedarville University, 171
5. Centre College, 187
29. **The Mount, 787**

**Individual winner:** Stelah Sang, Lindsey Wilson College, 18:54.29

#### The Mount individual results

126. Kassie Koch, 22:36.19
149. Gina Damman, 23:45.21
150. Amanda Smith, 23:52.19
175. Hilary Neu, 26:02.64
187. Jennifer Boeddeker, 30:16.10

### Wilmington College Fall Classic (Wilmington, OH) 5K October 13

#### Team standings (15 schools) (Top 5)

1. Anderson University, 33
2. Lindsey Wilson College, 86
3. University of the Cumberlands, 93
4. Hanover College, 132
5. Franklin College, 137
11. **The Mount, no team score (four runners)**

**Individual winner:** Stelah Sang, Lindsey Wilson College, 19:23.83

#### The Mount individual results (overall place)

57. Gina Damman, 22:53.56
63. Kassie Koch, 23:05.49
104. Amanda Smith, 25:09.51
120. Alisha Rust, 26:17.23

## 2006 TEAM RESULTS (continued)

**HCAC Cross Country Championships**  
**Hosted by Franklin College at Johnson County Horse Park**  
**(Franklin, IN), 5k**  
**October 28**

### Team Standings

1. Anderson University, 23
2. Rose-Hulman Institute of Technology, 75
3. Franklin College, 87
4. Hanover College, 92
5. Manchester College, 96
6. Bluffton University, 194
7. Transylvania University, 225
8. Defiance College, 228
9. **The Mount, 238**

**Individual winner:** Maggie Noonan, Anderson University,  
 23:51.85

### The Mount individual results

38. Gina Damman, 27:50.41
39. Kassie Koch, 28:02.70
47. Amanda Smith, 29:42.85
54. Alisha Rust, 30:55.16
60. Hilary Neu, 33:56.46
61. Jennifer Boeddeker, 36:51.66

**2006 NCAA Division III Great Lakes Regional**  
**Hanover College**  
**(Hanover, IN) 6K**  
**November 11**

### Team Standings (31 schools):

#### Top five

1. Case Western Reserve University, 53
2. Calvin College, 57
3. DePauw University, 121
4. Ohio Northern University, 154
5. Ohio Wesleyan University, 188
31. **The Mount, 987**

**Individual winner:** Katie Wieferich, College of Wooster, 22:07.5

### The Mount individual results

165. Kassie Koch, 27:06.1
198. Amanda Smith, 29:21.2
205. Alisha Rust, 30:15.0
209. Hilary Neu, 33:38.1
210. Jen Boeddeker, 37:06.7

## MOUNT IN THE HCAC

This year will be the Mount's cross country team's ninth year in the Heartland Collegiate Athletic Conference. Other institutions that are in the conference are Anderson University, Bluffton University, Defiance College, Franklin College, Hanover College, Manchester College, Rose-Hulman Institute of Technology, and Transylvania University.

In past HCAC action, the team was fifth out of seven teams in the 1999 HCAC Championships. During that season, Erin Hill ran the race in 19:52.0, placed eighth, and was named All-Conference. She was only 48 seconds behind the leader. In 2000, the Lions found themselves in sixth place as freshman Katie Nickoli placed 10th with a time of 19:57.0, and earned All-Conference. In 2001, the Mount did not qualify to receive a team score in the championship because only four runners competed (five runners are needed to qualify). In 2002, the Mount was the host school and posted a seventh place finish in the eight-school conference meet. Katie Nickoli led the way for the Lions with a 26th place finish recording a time of 25:52.0 over the 6,000-meter course in Mt. Airy Forest (Cincinnati, Ohio). Anderson placed first in the team standings.

In 2003 the Lions took another seventh place finish out of eight schools. Katie Nickoli also led the women with a 12th place finish of 24:51.66 and gained All-Conference honors. Anderson University finished first again at the meet. The 2004 HCAC Championship meet saw Anderson repeat as conference champs, while the Lions did not record a team score, due to only four runners competing. Jessica Biedenbender led the way for the Mount with a time of 24:29.0 and a 22nd place finish.

In 2005, the Mount finished in seventh place at the HCAC Championship. Anderson once again took home the title in the overall team standings. Christine Kirchner led the way for the Lions with a 22nd place finish and an overall time of 25:34.04.

The Lions recorded a ninth place finish at the 2006 HCAC Championship. Once again Anderson took home the first place trophy. Gina Damman finished first among Mount runners with a time of 27:50.41.

## 2006 HCAC CHAMPIONSHIP STANDINGS

Team	Points	Team	Points
1. Anderson University	23	5. Manchester College	96
2. Rose-Hulman Institute of Technology	75	6. Bluffton University	194
3. Franklin College	87	7. Transylvania University	225
4. Hanover College	92	8. Defiance College	228
		9. The Mount	238

## 2006 ALL-CONFERENCE (listed in order of finish at the HCAC Championship)

Name	School	Cl.	Time	Name	School	Cl.	Time
Maggie Noonan	Anderson	Sr.	23:51.85	Mandy Hecker	Rose-Hulman	Sr.	24:50.78
Gwen Kemple	Anderson	Jr.	23:54.04	Laura Lash	Anderson	Jr.	24:57.87
Rachel Krasich	Rose-Hulman	Jr.	24:17.91	Erica Moffitt	Anderson	Fr.	25:05.40
Rebekah Liechty	Anderson	Sr.	24:31.02	Angie Sells	Hanover	Fr.	25:07.67
Becca Flanders	Manchester	Jr.	24:35.49				
Angela Boggs	Anderson	Jr.	24:41.88	<b>Most Valuable Player:</b> Maggie Noonan, Anderson			
Marci White	Franklin	Jr.	24:43.04	<b>Freshman of the Year:</b> Erica Moffitt, Anderson			
Amanda Nocton	Hanover	Jr.	24:44.87	<b>Coach of the Year:</b> Scott Wilson, Anderson			

## 2006 RUNNERS OF THE WEEK (week ending date listed)

Week Ending	Name, School
Sept. 3	Rachel Krasich, Rose-Hulman
Sept. 10	Gwen Kemple, Anderson
Sept. 17	Maggie Noonan, Anderson
Sept. 24	Becca Flanders, Manchester
Oct. 1	Rachel Krasich, Rose-Hulman
Oct. 8	No Player of the Week chosen
Oct. 15	Maggie Noonan, Anderson
Oct. 22	No Player of the Week

## 2006 MOUNT ACADEMIC ALL-CONFERENCE

Kassie Koch  
Hilary Neu  
Alisha Rust

## MOUNT PAST HCAC CHAMPIONSHIP RESULTS

1999	The Mount placed fifth out of seven schools; Anderson placed first.
2000	The Mount placed sixth out of seven schools; Hanover placed first.
2001	The Mount did not record a team score; Hanover placed first.
2002	The Mount placed seventh out of eight schools; Anderson placed first.
2003	The Mount placed seventh out of eight schools; Anderson placed first.
2004	The Mount did not record a team score; Anderson placed first.
2005	The Mount placed seventh out of eight schools; Anderson placed first.

## MOUNT PAST ALL-CONFERENCE HONORS

1999	Erin Hill, eighth place, 19:52.0
2000	Katie Nickoli, 10th place, 19:57.0
2003	Katie Nickoli, 12th place, 24:51.0

**MOUNT PAST APPEARANCES IN THE NCAA DIVISION III REGIONAL MEET****2000 (at Hanover College)**

No team score, The Mount  
102. Katie Nickoli, 21:05.0  
173. Jenny Kroner, 22:39.0

**2001 (at Kalamazoo College)**

No team score, The Mount  
151. Katie Nickoli, 21:02.0  
169. Jenny Kroner, 21:39.0  
176. Jessica Biedenbender, 21:47.0

**2002 (at Ohio Northern University)**

**32. The Mount, 895**  
107. Katie Nickoli, 24:57.0  
148. Christine Kirchner, 25:35.0  
205. Alison Reid, 28:00.0  
216. Jill Kretchmer, 29:24.0  
219. Jennifer Kurtz, 30:32.0  
223. Christine Hadley, 32:42.0

**2003 (at Hanover College)**

**25. The Mount, 710**  
92. Katie Nickoli, 25:17.0  
113. Jessica Biedenbender, 25:43.0  
116. Alison Reid, 25:44.0  
178. Christine Kirchner, 27:00.0  
211. Jill Kretchmer, 28:53.0  
221. Ann Graf, 29:58.0

**2004 (at Alma College)**

No team score, The Mount  
103. Jessica Biedenbender, 24:17.5  
154. Alison Reid, 25:19  
189. Jill Kretchmer, 28:08.1

**2005 (at Voice of America Park)**

**31. The Mount, 932**  
118. Christine Kirchner, 24:07.0  
209. Kassie Koch, 27:51.0  
216. Allison Reid, 29:14.0  
217. Therese Fussinger, 29:31.0  
219. Bethany Winch, 30:12.0  
220. Hilary Neu, 30:33.0  
222. Jennifer Boeddeker, 33:51.0

**2006 (at Hanover College)**

**31. The Mount, 987**  
165. Kassie Koch, 27:06.1  
198. Amanda Smith, 29:21.2  
205. Alisha Rust, 30:15.0  
209. Hilary Neu, 33:38.1  
210. Jennifer Boeddeker, 37:06.7

**MOUNT ALL-TIME INDIVIDUAL BEST TIMES****Two Miles - Individual**

Name	Class	Time	Meet	Site	Date
Alison Reid	Freshman	15:44.0	Muskingum College	New Concord, OH	8/31/02
Christine Kirchner	Freshman	15:48.0	Muskingum College	New Concord, OH	8/31/02
Jill Kretchmer	Sophomore	16:51.0	Muskingum College	New Concord, OH	8/31/02
Katie Nickoli	Junior	17:01.0	Muskingum College	New Concord, OH	8/31/02
Jennifer Kurtz	Freshman	17:11.0	Muskingum College	New Concord, OH	8/31/02
Erin Mallory	Senior	20:50.0	Muskingum College	New Concord, OH	8/31/02

**4K - Individual**

Name	Class	Time	Meet	Site	Date
Christine Kirchner	Senior	17:07.0	Tiffin/Heidelberg	Tiffin, OH	9/2/05
Kassie Koch	Freshman	17:35.0	Tiffin/Heidelberg	Tiffin, OH	9/2/05
Bethany Winch	Freshman	18:11.0	Tiffin/Heidelberg	Tiffin, OH	9/2/05
Therese Fussinger	Freshman	21:54.0	Tiffin/Heidelberg	Tiffin, OH	9/2/05

**5K - Individual**

Name	Class	Time	Meet	Site	Date
Erin Hill	Junior	19:39.0	Cedarville Friendship	Cedarville, OH	9/25/99
Katie Nickoli	Freshman	19:52.0	Wilmington College	Wilmington, OH	9/16/00
Jessica Biedenbender	Freshman	20:07.0	Wilmington College	Wilmington, OH	9/16/00
Jenny Kroner	Freshman	20:12.0	Midway College	Midway, KY	10/06/00
Christine Kirchner	Freshman	20:23.0	Tiffin/Heidelberg	Tiffin, OH	9/05/03
Amanda Welch	Freshman	20:50.0	Olivet Nazarene	Kankakee, IL	10/23/99
Christine Kirchner	Senior	20:51.0	All-Catholic Champ.	South Bend, OH	9/16/05
Kelly Widener	Freshman	20:56.0	Wilmington College	Wilmington, OH	9/18/99
Kristen Nichols	Freshman	20:57.0	Wilmington College	Wilmington, OH	9/18/99
Christine Kirchner	Senior	20:57.0	Wilmington College	Wilmington, OH	10/15/05

**6K - Individual**

Name	Class	Time	Meet	Site	Date
Jessica Biedenbender	Senior	24:44.0	Wilmington College	Wilmington, OH	9/20/03
Katie Nickoli	Senior	25:38.0	Polar Bear	Ada, OH	10/18/03
Christine Kirchner	Sophomore	26:18.0	Polar Bear	Ada, OH	10/18/03
Alison Reid	Sophomore	26:28.0	Polar Bear	Ada, OH	10/18/03
Jill Kretchmer	Junior	28:12.0	Polar Bear	Ada, OH	10/18/03
Ann Graf	Freshman	28:22.0	Polar Bear	Ada, OH	10/18/03
Jennifer Kurtz	Freshman	30:34.0	Wilmington College	Wilmington, OH	10/18/02

Sylvia Delgado	Junior	30:36.0	Polar Bear	Ada, OH	10/18/03
Adrian Vance	Junior	32:02.0	Wilmington College	Wilmington, OH	9/20/03

**5K - Conference**

Name	Class	Time	Location	Site	Date
*Erin Hill	Junior	19:52.0	Hanover College	Hanover, IN	10/30/99
*Katie Nickoli	Freshman	19:57.0	Manchester College	Manchester, IN	10/28/00
Jenny Kroner	Freshman	20:57.0	Manchester College	Manchester, IN	10/28/00
Jenny Kroner	Sophomore	21:24.0	Anderson University	Anderson, IN	10/27/01
Jessica Biedenbender	Freshman	21:26.0	Manchester College	Manchester, IN	10/28/00
Kelley Widener	Freshman	21:28.0	Hanover College	Hanover, IN	10/30/99
Jessica Biedenbender	Sophomore	21:38.0	Anderson University	Anderson, IN	10/27/01
Kristen Nichols	Freshman	21:47.0	Hanover College	Hanover, IN	10/30/99
Amanda Welch	Freshman	22:01.0	Hanover College	Hanover, IN	10/30/99
Lindsey Martin	Sophomore	22:28.0	Hanover College	Hanover, IN	10/30/99

**6k - Conference**

Name	Class	Time	Location	Site	Date
Jessica Biedenbender	Senior	24:29.0	Defiance College	Defiance, OH	10/30/04
*Katie Nickoli	Senior	24:51.0	Transylvania University	Versailles, KY	11/01/03
Jessica Biedenbender	Senior	24:56.0	Transylvania University	Versailles, KY	11/01/03
Chrissy Kirchner	Junior	25:32.0	Defiance College	Defiance, OH	10/30/04
Chrissy Kirchner	Sophomore	25:42.0	Transylvania University	Versailles, KY	11/01/03
Katie Nickoli	Junior	25:52.0	The Mount	Cincinnati, OH	10/26/02
Christine Kirchner	Freshman	26:27.0	The Mount	Cincinnati, OH	10/26/02
Alison Reid	Junior	26:30.0	Defiance College	Defiance, OH	10/30/04
Alison Reid	Sophomore	27:22.0	Transylvania University	Versailles, KY	11/01/03
Jill Kretschmer	Junior	28:21.0	Transylvania University	Versailles, KY	11/01/03

**5K - Regional**

Date	Class	Time	Location	Site	Date
Katie Nickoli	Sophomore	21:02.0	Kalamazoo College	Kalamazoo, MI	11/10/01
Katie Nickoli	Freshman	21:05.0	Hanover College	Hanover, IN	11/11/00
Jenny Kroner	Sophomore	21:39.0	Kalamazoo College	Kalamazoo, MI	11/10/01
Jessica Biedenbender	Sophomore	21:47.0	Kalamazoo College	Kalamazoo, MI	11/10/01
Jenny Kroner	Freshman	22:39.0	Hanover College	Hanover, IN	11/11/00

**6K - Regional**

Name	Class	Time	Location	Site	Date
Christine Kirchner	Senior	24:07.0	Voice of America Park	West Chester, OH	11/12/05
Jessica Biedenbender	Senior	24:17.0	Alma College	Alma, OH	11/13/04
Katie Nickoli	Junior	24:57.0	Ohio Northern University	Ada, OH	11/16/02
Katie Nickoli	Senior	25:17.0	Hanover College	Hanover, IN	11/15/03
Alison Reid	Junior	25:19.0	Alma College	Alma, OH	11/13/04
Christine Kirchner	Freshman	25:35.0	Ohio Northern University	Ada, OH	11/16/02
Jessica Biedenbender	Senior	25:43.0	Hanover College	Hanover, IN	11/15/03
Alison Reid	Sophomore	25:44.0	Hanover College	Hanover, IN	11/15/03
Christine Kirchner	Sophomore	27:00.0	Hanover College	Hanover, IN	11/15/03
Kassie Koch	Sophomore	27:06.0	Hanover College	Hanover, IN	11/11/06

\*All-Conference

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